

1 - 1ª jornada, 1ª sesión

02/12/2023

Prueba 1
02/12/2023

Masc., 200m Libre

Absoluto Masculino
Resultados

Clasificación	AN				Tiempo			
1. HERRERA TORRES, Carlos	04	C.N. Metropole	1:54.11	19,00	-			
50m: 27.08 27.08 100m: 56.55		29.47 150m: 1:25.54 28.99		200m: 1:54.11 28.57				
2. CAPLLONCH DE UÑA, Ismael	07	C.N. Teneteide	1:54.41	16,00	-			
50m: 27.87 27.87 100m: 57.10		29.23 150m: 1:26.05 28.95		200m: 1:54.41 28.36				
3. ROJAS SAVIGNANO, Luis	03	C.N. Las Palmas	1:55.44	14,00	-			
50m: 27.54 27.54 100m: 57.40		29.86 150m: 1:26.72 29.32		200m: 1:55.44 28.72				
4. MANZATTO VACCARO, Nicolas	06	Esna Lanzarote	1:55.45	13,00	-			
50m: 27.08 27.08 100m: 56.63		29.55 150m: 1:26.30 29.67		200m: 1:55.45 29.15				
5. VANHOUCKE, Louka	02	C.N. Las Palmas	1:56.23	12,00	-			
50m: 27.52 27.52 100m: 57.52		30.00 150m: 1:26.84 29.32		200m: 1:56.23 29.39				
6. GARCIA MORENO, Jorge	00	C.D.N. Nadamas Las Marinas	1:56.55	11,00	-			
50m: 26.04 26.04 100m: 55.12		29.08 150m: 1:25.33 30.21		200m: 1:56.55 31.22				
7. GERSCOVICH PERI, Luka	06	C.N. Metropole	1:56.96	10,00	-			
50m: 27.22 27.22 100m: 56.92		29.70 150m: 1:26.97 30.05		200m: 1:56.96 29.99				
8. DE ARMAS DELGADO, Juan Jose	07	C.D.N. Nadamas Las Marinas	1:56.99	9,00	-			
50m: 27.53 27.53 100m: 57.05		29.52 150m: 1:26.91 29.86		200m: 1:56.99 30.08				
9. HOLZENDORF DIONIS, Thomas	97	C.N. Reales	1:59.30	8,00	-			
50m: 26.87 26.87 100m: 56.10		29.23 150m: 1:26.58 30.48		200m: 1:59.30 32.72				
10. GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz	2:00.55	7,00	-			
50m: 26.93 26.93 100m: 56.10		29.17 150m: 1:26.76 30.66		200m: 2:00.55 33.79				
11. FDEZ BERMUDEZ, Iker	06	Esna Lanzarote	2:01.00	6,00	-			
50m: 28.07 28.07 100m: 57.88		29.81 150m: 1:28.94 31.06		200m: 2:01.00 32.06				
12. LUIS ALVAREZ, Oscar	02	A.D. Santa Cruz	2:01.59	5,00	-			
50m: 28.10 28.10 100m: 58.32		30.22 150m: 1:30.09 31.77		200m: 2:01.59 31.50				
13. RAMIREZ MORALES, Sergio C.	03	Cn.Faynagua C. Telde	2:03.37	4,00	-			
50m: 29.32 29.32 100m: 1:00.14		30.82 150m: 1:31.52 31.38		200m: 2:03.37 31.85				
14. GONZALEZ DOMINGUEZ, Pedro	09	C.N. Teneteide	2:03.47	3,00	-			
50m: 29.13 29.13 100m: 59.53		30.40 150m: 1:31.61 32.08		200m: 2:03.47 31.86				
15. SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	2:03.87	2,00	-			
50m: 27.76 27.76 100m: 58.68		30.92 150m: 1:31.33 32.65		200m: 2:03.87 32.54				
16. DEVORA CHINEA, Diego	05	C.N. Martianez Coral Hotels	2:05.79	1,00	-			
50m: 28.57 28.57 100m: 59.88		31.31 150m: 1:32.88 33.00		200m: 2:05.79 32.91				
17. RAMOS DELGADO, Gabriel	05	C.N. Reales	2:07.49	-	-			
50m: 27.81 27.81 100m: 58.57		30.76 150m: 1:32.52 33.95		200m: 2:07.49 34.97				
18. VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	2:09.14	-	-			
50m: 29.40 29.40 100m: 1:01.33		31.93 150m: 1:35.30 33.97		200m: 2:09.14 33.84				
19. QUIJADA PÉREZ, Saúl Alejandro	10	C.D. N. Bentacu-Laguna	2:09.44	-	-			
50m: 28.66 28.66 100m: 1:01.67		33.01 150m: 1:35.95 34.28		200m: 2:09.44 33.49				
20. ESTEVEZ GALVEZ, Carlos	08	C.B. Dominicas Vistabella	2:09.92	-	-			
50m: 29.41 29.41 100m: 1:01.75		32.34 150m: 1:35.54 33.79		200m: 2:09.92 34.38				
21. SANTANA REYES, Carmelo	03	Cn.Faynagua C. Telde	2:10.06	-	-			
50m: 29.87 29.87 100m: 1:02.36		32.49 150m: 1:36.21 33.85		200m: 2:10.06 33.85				
22. AMATI, Nicolo	10	C.N. Los Cristianos	2:12.88	-	-			
50m: 29.78 29.78 100m: 1:03.44		33.66 150m: 1:39.09 35.65		200m: 2:12.88 33.79				

Prueba 1, Masc., 200m Libre, Absoluto Masculino

Clasificación	AN	Tiempo
23. MENDOZA VEGA, Jorge	06	C.P.Santa Mª De Guía 2:14.89 - -
50m: 29.32 29.32 100m: 1:02.24 32.92 150m: 1:37.68 35.44 200m: 2:14.89 37.21		
24. NASSEREDDINE MESA, Nash	09	C.B. Dominicas Vistabella 2:19.46 - -
50m: 29.74 29.74 100m: 1:03.51 33.77 150m: 1:41.01 37.50 200m: 2:19.46 38.45		
25. PADRON MORALES, Manuel	06	R.C. Náutico De Tenerife 2:26.86 - -
50m: 32.52 32.52 100m: 1:09.12 36.60 200m: 2:26.86 1:17.74		
26. NUEZ CRUZ, Gadiel	09	C.N. Aguacan 2:28.63 - -
50m: 34.86 34.86 100m: 1:13.20 38.34 150m: 1:50.86 37.66 200m: 2:28.63 37.77		
27. AVERO RODRIGUEZ, Angel	11	C.D. Herbania 2:29.55 - -
50m: 34.12 34.12 100m: 1:11.73 37.61 150m: 1:50.74 39.01 200m: 2:29.55 38.81		
28. PEREZ MONROY, Javier	09	Cn.Salinas Sta.Lucia 2:29.61 - -
50m: 34.72 34.72 100m: 1:13.01 38.29 150m: 1:53.72 40.71 200m: 2:29.61 35.89		
29. FRANCO MELIAN, Jorge Javier	09	C.N. Aguacan 2:29.67 - -
50m: 34.05 34.05 100m: 1:11.77 37.72 150m: 1:51.32 39.55 200m: 2:29.67 38.35		
30. SANTANA ACUÑA, Gorka	09	C.D. Nonadamos 2:30.69 - -
50m: 34.44 34.44 100m: 1:12.39 37.95 200m: 2:30.69 1:18.30		
31. DÍAZ GARCÍA, Guillermo	06	C.D. N. Bentacu-Laguna 2:30.99 - -
50m: 33.42 33.42 100m: 1:12.53 39.11 200m: 2:30.99 1:18.46		
32. PEREZ MARIN, Mateo	09	R.C. Náutico De Tenerife 2:39.39 - -
50m: 36.16 36.16 100m: 1:16.67 40.51 200m: 2:39.39 1:22.72		
33. ACOSTA SANTANA, Samuel	08	Club Deportivo Agaeterun 2:45.61 - -
50m: 35.51 35.51 100m: 1:15.98 40.47 150m: 2:01.17 45.19 200m: 2:45.61 44.44		
34. GUTIÉRREZ MORENO, Lucas del Carm	11	Club Deportivo Agaeterun 2:46.50 - -
50m: 37.95 37.95 100m: 1:21.44 43.49 150m: 2:06.44 45.00 200m: 2:46.50 40.06		
35. MICO FERNÁNDEZ, Pedro	11	C.D. Herbania 2:56.40 - -
50m: 41.50 41.50 100m: 1:26.12 44.62 150m: 2:11.59 45.47 200m: 2:56.40 44.81		
NP TOBAL FEBLES, Gabriel	10	C.D. Herbania - -
NP CHAVARREN CORUJO, Asier	98	C.N. Aguacan - -
NP SANCHEZ JIMENEZ, Bruno	92	C.N. Las Palmas - -
Baja PADRON MARTIN, Echedey	07	C.D. Nonadamos - -
Baja MORALES LEMES, Marcos	05	C.N. Teneteide - -
Baja TALLO PEREZ, Bruno	10	R.C. Náutico De Tenerife - -

Prueba 2
02/12/2023

Fem., 400m Estilos

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. VAZQUEZ HDEZ, Lucia	06	C.D.N. Nadamas Las Marinas 5:10.40 19,00 -
50m: 32.79 32.79 150m: 1:49.71 40.40 250m: 3:13.17 43.26 350m: 4:34.53 35.78		
100m: 1:09.31 36.52 200m: 2:29.91 40.20 300m: 3:58.75 45.58 400m: 5:10.40 35.87		
2. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas 5:16.25 16,00 -
50m: 32.60 32.60 150m: 1:49.64 39.36 250m: 3:14.20 46.58 350m: 4:39.48 37.85		
100m: 1:10.28 37.68 200m: 2:27.62 37.98 300m: 4:01.63 47.43 400m: 5:16.25 36.77		
3. ANGULO FALCON, Cristina	06	C.N. Las Palmas 5:28.77 14,00 -
50m: 34.93 34.93 150m: 1:55.41 40.71 250m: 3:25.37 49.01 350m: 4:52.48 37.60		
100m: 1:14.70 39.77 200m: 2:36.36 40.95 300m: 4:14.88 49.51 400m: 5:28.77 36.29		
4. SCARPA, Barbara	08	C.N. Reales 5:35.01 13,00 -
50m: 35.09 35.09 150m: 2:00.91 44.87 250m: 3:33.55 48.14 350m: 4:59.83 37.04		
100m: 1:16.04 40.95 200m: 2:45.41 44.50 300m: 4:22.79 49.24 400m: 5:35.01 35.18		

Prueba 2, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN	Tiempo
5. DUQUE BROUARD, Elena	10	C.B. Dominicas Vistabella 5:35.61 12,00 -
50m: 35.62 35.62 150m: 2:00.30 43.99 250m: 3:31.63 47.54 350m: 4:59.65 38.17		
100m: 1:16.31 40.69 200m: 2:44.09 43.79 300m: 4:21.48 49.85 400m: 5:35.61 35.96		
6. FERNANDEZ VIEIRA, Carolina	08	C.N. Teneteide 5:35.77 11,00 -
50m: 39.65 39.65 150m: 2:06.00 43.10 250m: 3:32.33 44.22 350m: 4:58.56 40.24		
100m: 1:22.90 43.25 200m: 2:48.11 42.11 300m: 4:18.32 45.99 400m: 5:35.77 37.21		
7. RODRIGUEZ DIAZ, Maria	11	C.N. Teneteide 5:45.17 10,00 -
50m: 37.33 37.33 150m: 2:02.26 42.49 250m: 3:36.74 50.46 350m: 5:07.19 38.95		
100m: 1:19.77 42.44 200m: 2:46.28 44.02 300m: 4:28.24 51.50 400m: 5:45.17 37.98		
8. PULIDO MAYOR, Sheila	98	Cn.Faynagua C. Telde 5:45.86 9,00 -
50m: 34.35 34.35 150m: 2:01.47 45.08 250m: 3:38.23 51.17 350m: 5:08.25 39.20		
100m: 1:16.39 42.04 200m: 2:47.06 45.59 300m: 4:29.05 50.82 400m: 5:45.86 37.61		
9. BONILLA BORDON, Ines	06	C.N. Aguacan 5:48.82 8,00 -
50m: 33.67 33.67 150m: 1:59.26 43.82 250m: 3:36.70 54.26 350m: 5:09.29 40.15		
100m: 1:15.44 41.77 200m: 2:42.44 43.18 300m: 4:29.14 52.44 400m: 5:48.82 39.53		
10. LOPEZ SOSA, Carla	09	Cn.Salinas Sta.Lucia 5:50.25 7,00 -
50m: 37.04 37.04 150m: 2:07.15 47.31 250m: 3:44.24 49.84 350m: 5:13.42 39.09		
100m: 1:19.84 42.80 200m: 2:54.40 47.25 300m: 4:34.33 50.09 400m: 5:50.25 36.83		
11. SUÁREZ MACÍAS, Gabriela	09	C.N. Aguacan 5:52.61 6,00 -
50m: 37.12 37.12 150m: 2:07.92 46.90 250m: 3:44.37 51.21 350m: 5:15.85 40.01		
100m: 1:21.02 43.90 200m: 2:53.16 45.24 300m: 4:35.84 51.47 400m: 5:52.61 36.76		
12. GARCIA GONZALEZ, Sara	06	C.D. Herbania 5:55.02 5,00 -
50m: 37.71 37.71 150m: 2:03.55 42.41 250m: 3:38.36 53.04 350m: 5:14.09 41.28		
100m: 1:21.14 43.43 200m: 2:45.32 41.77 300m: 4:32.81 54.45 400m: 5:55.02 40.93		
13. MOURE GAO, Natalia	11	C.N. Los Cristianos 5:55.65 4,00 -
50m: 36.39 36.39 150m: 2:07.43 46.58 250m: 3:43.00 49.75 350m: 5:16.29 41.35		
100m: 1:20.85 44.46 200m: 2:53.25 45.82 300m: 4:34.94 51.94 400m: 5:55.65 39.36		
14. SAIZ PEREZ, Mar	08	C.N. Los Cristianos 6:00.61 3,00 -
50m: 36.33 36.33 150m: 2:04.88 43.82 250m: 3:41.33 52.72 350m: 5:19.33 43.71		
100m: 1:21.06 44.73 200m: 2:48.61 43.73 300m: 4:35.62 54.29 400m: 6:00.61 41.28		
15. ANDREWS, holly Annie	10	C.D.N. Nadamas Las Marinas 6:01.32 2,00 -
50m: 35.31 35.31 150m: 2:06.42 44.93 250m: 3:44.43 53.52 350m: 5:22.18 40.42		
100m: 1:21.49 46.18 200m: 2:50.91 44.49 300m: 4:41.76 57.33 400m: 6:01.32 39.14		
16. MENDEZ RAMMIREZ, Zoe	12	Cn.Salinas Sta.Lucia 6:09.26 1,00 -
50m: 41.34 41.34 150m: 2:24.06 46.04 250m: 4:00.23 50.01 350m: 5:29.51 39.98		
100m: 1:38.02 56.68 200m: 3:10.22 46.16 300m: 4:49.53 49.30 400m: 6:09.26 39.75		
17. MARTÍN CÁMARA, Cloe	10	C.B. Dominicas Vistabella 6:10.40 - -
50m: 41.36 41.36 150m: 2:18.78 47.82 250m: 3:55.08 50.80 350m: 5:30.63 43.54		
100m: 1:30.96 49.60 200m: 3:04.28 45.50 300m: 4:47.09 52.01 400m: 6:10.40 39.77		
18. PEREZ LUIS, Lucia	08	C.D. Herbania 6:17.80 - -
50m: 39.80 39.80 150m: 2:13.32 45.47 250m: 3:53.64 53.60 350m: 5:34.16 45.02		
100m: 1:27.85 48.05 200m: 3:00.04 46.72 300m: 4:49.14 55.50 400m: 6:17.80 43.64		
19. CABRERA SUAREZ, Julia	09	A.D. Santa Cruz 6:19.26 - -
50m: 40.69 40.69 150m: 2:22.63 55.28 250m: 4:02.57 48.28 350m: 5:37.90 44.93		
100m: 1:27.35 46.66 200m: 3:14.29 51.66 300m: 4:52.97 50.40 400m: 6:19.26 41.36		
20. CALZADILLA SOCAS, Silvia	12	C.D. N. Bentacu-Laguna 6:25.76 - -
50m: 44.34 44.34 150m: 2:28.64 46.79 250m: 4:06.26 50.76 350m: 5:43.17 44.69		
100m: 1:41.85 57.51 200m: 3:15.50 46.86 300m: 4:58.48 52.22 400m: 6:25.76 42.59		
21. CEDRES ESPINOSA, Martina	09	Esna Lanzarote 6:27.96 - -
50m: 41.69 41.69 150m: 2:19.70 47.59 250m: 4:04.04 55.88 350m: 5:44.99 43.49		
100m: 1:32.11 50.42 200m: 3:08.16 48.46 300m: 5:01.50 57.46 400m: 6:27.96 42.97		
22. PEREZ CERVILLA, Carla	09	C.D. Nonadamos 6:28.44 - -
50m: 40.45 40.45 200m: 3:10.74 1:38.65 300m: 5:02.28 56.45 400m: 6:28.44 42.27		
100m: 1:32.09 51.64 250m: 4:05.83 55.09 350m: 5:46.17 43.89		

Prueba 2, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN	Tiempo
23. MENDOZA GARCÍA, Alba	11	C.D. N. Bentacu-Laguna 6:59.43 - -
50m: 45.73 45.73 150m: 2:37.53 55.96 250m: 4:28.08 53.99 350m: 6:14.09 49.37		
100m: 1:41.57 55.84 200m: 3:34.09 56.56 300m: 5:24.72 56.64 400m: 6:59.43 45.34		
24. ÁLAMO SANTOS, Rocío	11	Club Deportivo Agaeterun 7:13.94 - -
50m: 49.58 49.58 150m: 2:42.11 52.33 250m: 4:38.84 1:03.67 350m: 6:29.81 47.06		
100m: 1:49.78 1:00.20 200m: 3:35.17 53.06 300m: 5:42.75 1:03.91 400m: 7:13.94 44.13		
DSQ SANTANA RÍO, Leire	12	Club Deportivo Agaeterun - -
<i>DVI - Desc Viraje Irregular</i>		
DSQ ROJAS PÉREZ, Reina Chiquinquirá	08	A.D. Santa Cruz - -
NP SANTANA FLORES, Ainhoa	01	Cn.Faynagua C. Telde - -
NP GONZALEZ HIDALGO, Ana	02	A.D. Santa Cruz - -
Baja PEREZ SUAREZ, Laura	01	Cn.Faynagua C. Telde - -
Baja GARCIA MONTESDEOCA, Martina	08	C.D. Nonadamos - -
Baja AFONSO GRAU, Martina	10	R.C. Náutico De Tenerife - -

Prueba 3 Masc., 50m Espalda Absoluto Masculino
02/12/2023 Resultados

Clasificación	AN	Tiempo
1. VEGA SOSA, Juan Iriney	05	C.N. Las Palmas 26.57 19,00 -
2. MARTIN BETANCOR, Danilo	07	C.N. Las Palmas 27.62 16,00 -
3. FLORES RODRIGUEZ, Daniel	03	C.N. Metropole 28.01 14,00 -
4. PORRERO MARTIN, Jorge	07	C.N. Teneteide 28.09 13,00 -
5. VALLEJO BUCK, Manuel Philipp	05	C.N. Metropole 28.30 12,00 -
6. PRIETO RODRIGUEZ, Daniel	00	C.D. Herbania 28.35 11,00 -
7. DIAZ GARCIA, Samuel Manuel	03	R.C. Náutico De Tenerife 28.40 10,00 -
8. BELAMENDIA COTORRUELO, Gerald	07	C.N. Teneteide 28.53 9,00 -
9. TOGORES RODRIGUEZ, Domingo	97	A.D. Santa Cruz 29.23 8,00 -
10. SALUTREGUI GOMEZ, Nicolas	01	C.N. Aguacan 29.29 7,00 -
11. LOPEZ GARCIA, Andreas	98	Cn.Salinas Sta.Lucia 29.42 6,00 -
12. MARTÍN GARCÍA, Mario	04	C.N. Martianez Coral Hotels 29.64 5,00 -
13. TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz 29.79 4,00 -
14. CURTIS LORENZO, Nathan	07	C.B. Dominicas Vistabella 30.30 3,00 -
15. MENDOZA HERNANDEZ, Oscar	03	C.N. Los Cristianos 30.63 2,00 -
16. PEREZ GONZALEZ, Fco Javier	90	C.N. Reales 30.77 1,00 -
17. MORENO ALVAREZ, Alexis	08	C.B. Dominicas Vistabella 30.79 - -
TAMBINI, Daniele	90	C.D.N. Nadamas Las Marinas 30.79 - -
19. GARCÍA MESA, Rayco	10	C.N. Reales 30.86 - -
20. MERINO MONTES DE OCA, Alvaro	01	R.C. Náutico De Tenerife 31.00 - -
21. DOS REIS SANTANA, Alejandro	04	C.N. Aguacan 31.05 - -
22. CALLERO MURILLO, Javier	07	Esna Lanzarote 31.76 - -
23. ARTEAGA PEREYRA, Marco	08	Esna Lanzarote 33.40 - -
24. CAMPANALUNGA MORALES, Enzo	08	Cn.Faynagua C. Telde 34.32 - -
25. OLIVER GARCÍA, Jesús	05	C.D. N. Bentacu-Laguna 34.37 - -
26. PLAKHOTNYI, Artur	08	C.N. Los Cristianos 34.50 - -
27. SUAREZ TORRES, Pablo	07	Cn.Salinas Sta.Lucia 35.16 - -
28. RODRIGUEZ LOZANO, David	09	C.D.N. Nadamas Las Marinas 35.32 - -
29. GONZÁLEZ GONZÁLEZ, Diego	08	C.D. N. Bentacu-Laguna 35.83 - -
30. SANTANA ACUÑA, Gorka	09	C.D. Nonadamos 37.00 - -
31. DAMIANI, Giorgio	12	Club Deportivo Agaeterun 37.72 - -
32. MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun 40.28 - -
33. CAMPANALUNGA MORALES, Fabio	10	Cn.Faynagua C. Telde 43.52 - -
34. MICO FERNÁNDEZ, Pedro	11	C.D. Herbania 43.80 - -

Prueba 3, Masc., 50m Espalda, Absoluto Masculino

Clasificación		AN		Tiempo
DSQ	NOBREGA AGUIAR, Carlos	08	C.P.Santa Mª De Guia	- -
	<i>DNI - Desc Nado Irregular</i>			
NP	VEGA SANTANA, Alejandro	93	C.D. Herbania	- -
NP	GOMEZ RODRIGUEZ, Daniel	09	C.N. Aguacan	- -
NP	FALCON LORENZO, Javier	94	Cn.Faynagua C. Telde	- -

Prueba 4
02/12/2023

Fem., 50m Espalda

Absoluto Femenino
Resultados

Clasificación		AN		Tiempo
1.	MORENO ARMAS, Ainara	07	C.N. Teneteide	31.56 19,00 -
2.	HERNÁNDEZ CASTRILLO, Yessica	00	C.N. Aguacan	32.30 16,00 -
3.	MATOS QUEVEDO, Lucía	04	C.N. Las Palmas	32.74 14,00 -
4.	FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia	32.78 13,00 -
5.	WOLGESCHAFFEN FERNANDEZ, Sofi	06	C.N. Reales	33.12 12,00 -
6.	BELLO CODINA, Julia	08	C.N. Las Palmas	33.22 11,00 -
7.	SARABIA OUBIÑA, Ariadna	08	C.D. Nonadamos	33.65 10,00 -
8.	POMPIDOU, Eva Océane	00	C.N. Martiane Coral Hotels	33.75 9,00 -
9.	GARRIDO ALONSO, Lucia	09	C.B. Dominicas Vistabella	33.90 8,00 -
10.	CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz	34.10 7,00 -
11.	ORTEGA GUTIÉRREZ, Eugenia	11	C.B. Dominicas Vistabella	34.13 6,00 -
12.	TOVAR MORENO, Estephania	03	A.D. Santa Cruz	34.32 5,00 -
13.	WOLGESCHAFFEN FERNANDEZ, Pat	09a	C.N. Reales	34.34 4,00 -
14.	GIMENEZ CASTILLA, Maria	07	Cn.Faynagua C. Telde	35.54 3,00 -
15.	PEREZ DIAZ, Natalia	07	C.N. Los Cristianos	35.78 2,00 -
16.	ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	36.68 1,00 -
17.	MACHIN FERNANDEZ, Martina	06	C.D. N. Bentacu-Laguna	36.69 - -
18.	BINEATA SARGHI, Beatrice Valeria	07	C.D. Nonadamos	36.70 - -
19.	ESPINOSA KELLNER, Emma	10	C.N. Teneteide	36.85 - -
20.	BORNAGHI, Roberta Elisa	83	C.D.N. Nadamas Las Marinas	37.01 - -
21.	DÍAZ PEREZ, Ainara	09	C.N. Martiane Coral Hotels	37.24 - -
22.	RODRÍGUEZ FERRERA, Diana	12	C.D. N. Bentacu-Laguna	37.31 - -
23.	RODRIGUEZ BRITO, Sara	04	R.C. Náutico De Tenerife	37.56 - -
24.	FAJARDO SANCHEZ, Yaneli	05	C.D. Herbania	38.13 - -
25.	DELGADO HERNÁNDEZ, Nora	11	C.D.N. Nadamas Las Marinas	38.29 - -
26.	MORALES GONZÁLEZ, Aroa	08	C.N. Aguacan	38.34 - -
27.	TACORONTE HERRERA, Aura	07	C.P.Santa Mª De Guia	38.81 - -
28.	CEDRES ESPINOSA, Valeria	09	Esna Lanzarote	41.08 - -
29.	CAMPOBASSO, Alessia	11	C.N. Los Cristianos	41.33 - -
30.	RUSSO, Micol	09	Cn.Salinas Sta.Lucia	42.30 - -
31.	UMPIERREZ REGUERA, Valentina	09	Esna Lanzarote	42.74 - -
32.	JORGE GARCÍA, Mayka	08	Club Deportivo Agaeterun	42.77 - -
33.	VARELA MESA, Ines	08	R.C. Náutico De Tenerife	42.88 - -
34.	MATOS MEJIAS, Sara	03	Cn.Faynagua C. Telde	44.57 - -
NP	SOSA RODRÍGUEZ, Martina	09	C.D. Herbania	- -
NP	RUIZ REYES, Raquel	07	C.N. Las Palmas	- -
NP	CABALLERO LOZANO, Sheila	07	Cn.Faynagua C. Telde	- -
Baja	TACORONTE PEREZ, Daniela	05	C.P.Santa Mª De Guia	- -
Baja	ACUÑA VANKOVA, Bianca	08	C.D. Nonadamos	- -
Baja	LAVANDERA ALTESOR, Josefina	10	C.N. Los Cristianos	- -

Prueba 5
02/12/2023

Masc., 200m Mariposa

Absoluto Masculino
Resultados

Clasificación	AN				Tiempo			
1. COCERA CORDON, Yare	05	C.N. Metropole	2:09.85	19,00	-			
50m: 29.98 29.98 100m: 1:03.07		33.09 150m: 1:36.43 33.36	200m: 2:09.85	33.42				
2. CARRASCOSA HESTER, Tomas	04	C.D.N. Nadamas Las Marinas	2:11.42	16,00	-			
50m: 29.88 29.88 100m: 1:03.19		33.31 150m: 1:36.85 33.66	200m: 2:11.42	34.57				
3. GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	2:11.96	14,00	-			
50m: 30.82 30.82 100m: 1:03.93		33.11 150m: 1:38.14 34.21	200m: 2:11.96	33.82				
4. HENRIQUEZ GARCIA, Lucas	07	C.N. Las Palmas	2:12.26	13,00	-			
50m: 30.44 30.44 100m: 1:04.44		34.00 150m: 1:38.27 33.83	200m: 2:12.26	33.99				
5. CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan	2:15.14	12,00	-			
50m: 29.95 29.95 100m: 1:04.96		35.01 150m: 1:40.50 35.54	200m: 2:15.14	34.64				
6. DE ARMAS DELGADO, Juan Jose	07	C.D.N. Nadamas Las Marinas	2:15.64	11,00	-			
50m: 31.60 31.60 100m: 1:06.46		34.86 150m: 1:41.19 34.73	200m: 2:15.64	34.45				
7. PERALES SILVA, Francisco	09	C.N. Los Cristianos	2:17.25	10,00	-			
50m: 31.77 31.77 100m: 1:06.79		35.02 150m: 1:41.83 35.04	200m: 2:17.25	35.42				
8. MOLINA CABO, Diego	04	C.N. Las Palmas	2:17.97	9,00	-			
50m: 29.85 29.85 100m: 1:04.41		34.56 150m: 1:40.64 36.23	200m: 2:17.97	37.33				
9. DUQUE BROUARD, Daniel	08	C.B. Dominicas Vistabella	2:18.15	8,00	-			
50m: 30.50 30.50 100m: 1:06.28		35.78 150m: 1:42.17 35.89	200m: 2:18.15	35.98				
10. LUIS ALVAREZ, Oscar	02	A.D. Santa Cruz	2:19.48	7,00	-			
50m: 33.00 33.00 100m: 1:08.63		35.63 150m: 1:43.43 34.80	200m: 2:19.48	36.05				
11. BOTELLO DE LA VEGA, Manuel	06	C.N. Los Cristianos	2:19.69	6,00	-			
50m: 30.96 30.96 100m: 1:04.99		34.03 150m: 1:41.73 36.74	200m: 2:19.69	37.96				
12. GONZALEZ BAIK, Ángel Nuri	04	C.D. N. Bentacu-Laguna	2:19.72	5,00	-			
50m: 31.45 31.45 100m: 1:07.46		36.01 150m: 1:43.63 36.17	200m: 2:19.72	36.09				
13. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania	2:23.31	4,00	-			
50m: 31.57 31.57 100m: 1:08.00		36.43 150m: 1:45.97 37.97	200m: 2:23.31	37.34				
14. AVERO RODRIGUEZ, Aday	07	C.D. Herbania	2:23.61	3,00	-			
50m: 30.46 30.46 100m: 1:05.90		35.44 150m: 1:43.80 37.90	200m: 2:23.61	39.81				
15. FERNANDEZ ACUÑA, Airam	07	C.N. Teneteide	2:23.74	2,00	-			
50m: 31.46 31.46 100m: 1:08.14		36.68 150m: 1:46.20 38.06	200m: 2:23.74	37.54				
16. CERES, Inti	05	A.D. Santa Cruz	2:23.90	1,00	-			
50m: 31.07 31.07 100m: 1:06.53		35.46 150m: 1:44.00 37.47	200m: 2:23.90	39.90				
17. CARRO BONILLA, Cristobal	04	R.C. Náutico De Tenerife	2:30.98	-	-			
50m: 30.30 30.30 100m: 1:05.95		35.65 150m: 1:46.10 40.15	200m: 2:30.98	44.88				
18. KEY RAMÍREZ, Octavio José	10	C.D. N. Bentacu-Laguna	2:33.77	-	-			
50m: 31.86 31.86 100m: 1:10.30		38.44 150m: 1:53.67 43.37	200m: 2:33.77	40.10				
19. VIERA VIERA, Acoran	03	C.D. Nonadamos	2:34.89	-	-			
50m: 32.31 32.31 100m: 1:10.01		37.70 150m: 1:51.75 41.74	200m: 2:34.89	43.14				
20. COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote	2:34.94	-	-			
50m: 33.36 33.36 100m: 1:13.49		40.13 150m: 1:55.50 42.01	200m: 2:34.94	39.44				
21. LUGO SÁNCHEZ, Lucas	09	C.B. Dominicas Vistabella	2:37.42	-	-			
50m: 34.37 34.37 100m: 1:13.83		39.46 150m: 1:55.03 41.20	200m: 2:37.42	42.39				
22. OUBIÑA CORVALAN, Marcos A	05	Cn.Faynagua C. Telde	2:37.43	-	-			
50m: 34.05 34.05 100m: 1:12.21		38.16 150m: 1:53.43 41.22	200m: 2:37.43	44.00				
23. SANTANA RAMIREZ, Adrian	08	Cn.Salinas Sta.Lucia	2:46.21	-	-			
50m: 35.27 35.27 100m: 1:19.31		44.04 150m: 2:03.30 43.99	200m: 2:46.21	42.91				

Prueba 5, Masc., 200m Mariposa, Absoluto Masculino

Clasificación	AN	Tiempo
24. ELVIRA GLAUBITZ, Alejandro	00 C.D. Nonadamos	2:48.08 - -
50m: 34.62 34.62 100m: 1:14.66 40.04 150m: 1:57.88 43.22 200m: 2:48.08 50.20		
25. ZAMORANO MARCANO, Alejandro	11 Cn.Salinas Sta.Lucia	2:53.52 - -
50m: 36.12 36.12 100m: 1:19.67 43.55 150m: 2:06.63 46.96 200m: 2:53.52 46.89		
26. GOMEZ RODRIGUEZ, Daniel	09 C.N. Aguacan	2:59.43 - -
50m: 37.77 37.77 100m: 1:22.81 45.04 150m: 2:11.79 48.98 200m: 2:59.43 47.64		
27. CEDRES YANES, Eduardo	09 R.C. Náutico De Tenerife	3:11.33 - -
50m: 41.48 41.48 100m: 1:30.69 49.21 150m: 2:21.72 51.03 200m: 3:11.33 49.61		
DSQ PINTADO DE MORA, Francisco De Borja	94 C.N. Metropole	- -
DSA - Desc Salida Anticipada		
DSQ CARAMÉS HUERTAS, Oriol	08 Cn.Faynagua C. Telde	- -
DVI - Desc Viraje Irregular		
NP VANHOUCHE, Louka	02 C.N. Las Palmas	- -
NP FERNANDEZ ALPERI, Herminio	08 C.D.N. Nadamas Las Marinas	- -

Prueba 6
02/12/2023

Fem., 200m Mariposa

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. DENBY, Kennedy Hope	05 C.D.N. Nadamas Las Marinas	2:18.11 19,00 -
50m: 31.71 31.71 100m: 1:06.98 35.27 150m: 1:42.31 35.33 200m: 2:18.11 35.80		
2. LABRADOR CASTILLA, Paula Daopin	05 C.N. Reales	2:26.45 16,00 -
50m: 32.52 32.52 100m: 1:09.33 36.81 150m: 1:47.51 38.18 200m: 2:26.45 38.94		
3. ARTILES CARBALLO, Irene	96 C.N. Las Palmas	2:41.36 14,00 -
50m: 36.73 36.73 100m: 1:16.86 40.13 150m: 1:58.46 41.60 200m: 2:41.36 42.90		
4. IZAGUIRRE NESSI, Kassandra Isabel	08 C.N. Teneteide	2:42.61 13,00 -
50m: 38.04 38.04 100m: 1:19.41 41.37 150m: 2:01.79 42.38 200m: 2:42.61 40.82		
5. SASU BODARNEA, Natalia Emilia	08 C.D.N. Nadamas Las Marinas	2:44.64 12,00 -
50m: 36.28 36.28 100m: 1:16.42 40.14 150m: 2:01.75 45.33 200m: 2:44.64 42.89		
6. DIAZ RODRIGUEZ, Grisela	02 Cn.Faynagua C. Telde	2:47.61 11,00 -
50m: 35.87 35.87 100m: 1:17.49 41.62 150m: 2:02.49 45.00 200m: 2:47.61 45.12		
7. HERNANDEZ ALMENARA, Nerea	07 A.D. Santa Cruz	2:48.56 10,00 -
50m: 38.69 38.69 100m: 1:23.97 45.28 150m: 2:09.11 45.14 200m: 2:48.56 39.45		
8. ARBELO ESTEVEZ, Patricia	11 C.N. Teneteide	2:48.88 9,00 -
50m: 36.12 36.12 100m: 1:19.49 43.37 150m: 2:06.60 47.11 200m: 2:48.88 42.28		
9. RODRIGUEZ COLMENARES, Bella Sofía	09 C.N. Los Cristianos	2:49.00 8,00 -
50m: 36.08 36.08 100m: 1:17.23 41.15 150m: 2:02.11 44.88 200m: 2:49.00 46.89		
10. LOPEZ SOSA, Carla	09 Cn.Salinas Sta.Lucia	2:54.00 7,00 -
50m: 39.28 39.28 100m: 1:23.02 43.74 150m: 2:09.13 46.11 200m: 2:54.00 44.87		
11. MARTIN GONZALEZ DE CHAVES, Mar	08 R.C. Náutico De Tenerife	2:54.77 6,00 -
50m: 36.87 36.87 100m: 1:18.86 41.99 150m: 2:09.09 50.23 200m: 2:54.77 45.68		
12. DIAZ CORTES, Nerea	06 C.D. Herbania	2:58.61 5,00 -
50m: 38.47 38.47 100m: 1:22.96 44.49 150m: 2:13.33 50.37 200m: 2:58.61 45.28		
13. SARMIENTO OJEDA, Andrea	12 C.N. Aguacan	2:58.83 4,00 -
50m: 37.47 37.47 100m: 1:23.11 45.64 150m: 2:11.10 47.99 200m: 2:58.83 47.73		
14. GONZÁLEZ GONZÁLEZ, Janeth	10 C.N. Aguacan	3:01.55 3,00 -
50m: 35.51 35.51 100m: 1:19.48 43.97 150m: 2:10.56 51.08 200m: 3:01.55 50.99		

Prueba 6, Fem., 200m Mariposa, Absoluto Femenino

Clasificación	AN	Tiempo
15. CASANOVA MELO, Julene	06 C.D. N. Bentacu-Laguna	3:08.02 2,00 -
50m: 40.70 40.70 100m: 1:27.81 47.11 150m: 2:18.03 50.22 200m: 3:08.02 49.99		
16. PEREZ RIVERO, Emma	07 Cn.Salinas Sta.Lucia	3:12.29 1,00 -
50m: 42.24 42.24 100m: 1:32.32 50.08 150m: 2:21.99 49.67 200m: 3:12.29 50.30		
17. GONZÁLEZ RODRÍGUEZ, Leyre Maria	10 C.B. Dominicas Vistabella	3:13.68 - -
50m: 40.59 40.59 100m: 1:28.79 48.20 150m: 2:19.95 51.16 200m: 3:13.68 53.73		
18. RODRÍGUEZ GARCÍA, Iris	07 C.D. N. Bentacu-Laguna	3:15.55 - -
50m: 39.69 39.69 100m: 1:27.61 47.92 150m: 2:20.32 52.71 200m: 3:15.55 55.23		
19. HUGO, Jeanne	11 Club Deportivo Agaeterun	3:16.54 - -
50m: 42.44 42.44 100m: 1:32.14 49.70 150m: 2:23.37 51.23 200m: 3:16.54 53.17		
20. CASTRO MOLINA, Arianna VALENTINA	05 A.D. Santa Cruz	3:24.57 - -
50m: 39.73 39.73 100m: 1:32.21 52.48 150m: 2:30.20 57.99 200m: 3:24.57 54.37		
21. SOCAS REYES, Enma	07 C.B. Dominicas Vistabella	3:28.26 - -
50m: 37.81 37.81 100m: 1:27.99 50.18 150m: 2:28.09 1:00.10 200m: 3:28.26 1:00.17		
22. FERNANDEZ ALPERI, Noa	11 C.D. Nonadamos	3:35.18 - -
50m: 43.26 43.26 100m: 1:37.98 54.72 150m: 2:36.18 58.20 200m: 3:35.18 59.00		
23. FAJARDO SANCHEZ, Valeria	11 C.D. Herbania	3:54.10 - -
50m: 46.44 46.44 100m: 1:43.05 56.61 150m: 2:50.72 1:07.67 200m: 3:54.10 1:03.38		
DSQ PEREZ CERVILLA, Carla	09 C.D. Nonadamos	- -
DSQ ADRIAN MARTIN, Sara	10 C.N. Los Cristianos	- -
NP BONILLA BORDON, Natalia	10 C.N. Aguacan	- -
NP ULIBARRI SANCHEZ, Ines	09 C.N. Las Palmas	- -
Baja QUEVEDO HERRERO, Raquel	83 C.N. Las Palmas	- -
Baja PEREZ SUAREZ, Laura	01 Cn.Faynagua C. Telde	- -

Prueba 7
02/12/2023

Masc., 100m Braza

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. SANTANA PEREZ, Saul Carmelo	02 C.N. Las Palmas	1:04.87 19,00 -
50m: 30.60 30.60 100m: 1:04.87 34.27		
2. AFONSO SUAREZ, Ivan	96 A.D. Santa Cruz	1:06.52 16,00 -
50m: 31.68 31.68 100m: 1:06.52 34.84		
3. MARTEL OJEDA, Raul Jose	01 C.N. Metropole	1:06.88 14,00 -
50m: 31.22 31.22 100m: 1:06.88 35.66		
4. LEON JULIÁ, Marco	09 R.C. Náutico De Tenerife	1:08.27 13,00 -
50m: 32.32 32.32 100m: 1:08.27 35.95		
5. COELLO TEJERA, Adrian	98 A.D. Santa Cruz	1:08.88 12,00 -
50m: 32.03 32.03 100m: 1:08.88 36.85		
6. AMARO HERNANDEZ, Eduardo Asdrub	06 C.N. Teneteide	1:09.24 11,00 -
50m: 33.13 33.13 100m: 1:09.24 36.11		
7. RAVELO SUAREZ, Antonio Jesus	09 C.B. Dominicas Vistabella	1:09.40 10,00 -
50m: 32.59 32.59 100m: 1:09.40 36.81		
8. GIL MOLINA, Yoveri Miguel	04 C.N. Metropole	1:09.44 9,00 -
50m: 32.29 32.29 100m: 1:09.44 37.15		
9. JAEN SERRA, Andreu	06 C.D.N. Nadamas Las Marinas	1:10.08 8,00 -
50m: 33.04 33.04 100m: 1:10.08 37.04		
10. MORLAN OLIVA, Asier	05 R.C. Náutico De Tenerife	1:12.01 7,00 -
50m: 33.75 33.75 100m: 1:12.01 38.26		

Prueba 7, Masc., 100m Braza, Absoluto Masculino

Clasificación				AN				Tiempo		
11.	MEYER, Alber Sebastian	06	C.N. Los Cristianos					1:12.17	6,00	-
	50m: 33.21 33.21	100m: 1:12.17	38.96							
12.	WLODARCZAK, Wiktor	08	C.N. Los Cristianos					1:12.79	5,00	-
	50m: 34.36 34.36	100m: 1:12.79	38.43							
13.	SUAREZ MONTERO, Nicolas	07	C.D. Herbania					1:13.50	4,00	-
	50m: 33.54 33.54	100m: 1:13.50	39.96							
14.	AYALA MAESTRE, Alejandro	97	C.N. Teneteide					1:13.61	3,00	-
	50m: 34.76 34.76	100m: 1:13.61	38.85							
15.	NAVARRO OLIVEROS, Gabriel	08	Esna Lanzarote					1:15.53	2,00	-
	50m: 36.04 36.04	100m: 1:15.53	39.49							
16.	CABRERA GUADALUPE, Javier	05	C.D.N. Nadamas Las Marinas					1:15.55	1,00	-
	50m: 35.55 35.55	100m: 1:15.55	40.00							
17.	VEGA RODRÍGUEZ, Javier	08	C.B. Dominicas Vistabella					1:15.92	-	-
	50m: 35.28 35.28	100m: 1:15.92	40.64							
18.	HERNÁNDEZ MÉNDEZ, Julio	07	C.N. Martianez Coral Hotels					1:16.70	-	-
	50m: 35.33 35.33	100m: 1:16.70	41.37							
19.	MESA LÓPEZ, Marcos	08	C.N. Martianez Coral Hotels					1:18.00	-	-
	50m: 36.81 36.81	100m: 1:18.00	41.19							
20.	GARCIA STAGE-SOE, Sebastian	09	Esna Lanzarote					1:18.19	-	-
	50m: 37.72 37.72	100m: 1:18.19	40.47							
21.	ALAMO SANTOS, Alberto Bruno	07	Club Deportivo Agaeterun					1:18.57	-	-
	50m: 37.60 37.60	100m: 1:18.57	40.97							
22.	GAURISHANKER NAVARRO, Elgin	08	Cn.Salinas Sta.Lucia					1:18.75	-	-
	50m: 38.05 38.05	100m: 1:18.75	40.70							
23.	LEON TRUJILLO, Ernesto	01	Cn.Salinas Sta.Lucia					1:19.06	-	-
	50m: 35.65 35.65	100m: 1:19.06	43.41							
24.	RIOS ROMERO, Joaquin	04	C.D. Nonadamos					1:20.01	-	-
	50m: 37.68 37.68	100m: 1:20.01	42.33							
25.	PEREZ CERVILLA, Daniel	07	C.D. Nonadamos					1:21.34	-	-
	50m: 38.89 38.89	100m: 1:21.34	42.45							
26.	GALVAN FRANCO, Jose Marcial	05	Cn.Faynagua C. Telde					1:21.46	-	-
	50m: 37.49 37.49	100m: 1:21.46	43.97							
27.	BELLO HERNANDEZ, Sergio	04	C.N. Reales					1:22.46	-	-
	50m: 38.65 38.65	100m: 1:22.46	43.81							
28.	DE LEON GONZALEZ, Diego	10	C.D. N. Bentacu-Laguna					1:23.75	-	-
	50m: 40.02 40.02	100m: 1:23.75	43.73							
29.	FRANCO MELIAN, Jorge Javier	09	C.N. Aguacan					1:25.43	-	-
	50m: 39.99 39.99	100m: 1:25.43	45.44							
30.	RODRIGUEZ MORINIGO, Aritz	09	C.D. Herbania					1:28.45	-	-
	50m: 41.90 41.90	100m: 1:28.45	46.55							
31.	GONZÁLEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guia					1:28.54	-	-
	50m: 40.26 40.26	100m: 1:28.54	48.28							
32.	ORTIZ DÁVILA, Joaquín	08	C.D. N. Bentacu-Laguna					1:31.52	-	-
	50m: 42.24 42.24	100m: 1:31.52	49.28							
33.	ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun					1:33.51	-	-
	50m: 45.72 45.72	100m: 1:33.51	47.79							
34.	VAN KERKHOF REGUERO, Jesper	09	Cn.Faynagua C. Telde					1:34.98	-	-
	50m: 44.63 44.63	100m: 1:34.98	50.35							

Prueba 7, Masc., 100m Braza, Absoluto Masculino

Clasificación	AN	Tiempo
DSQ SANTANA VALIDO, Alan <i>DVI - Desc Viraje Irregular</i>	05 C.N. Aguacan	- -
DSQ SANCHEZ MEDINA, Ian <i>DVI - Desc Viraje Irregular</i>	06 C.N. Las Palmas	- -

Prueba 8
02/12/2023

Fem., 100m Braza

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. CAMPBELL ZEMIER, Veronica 50m: 34.95 34.95 100m: 1:16.22	86 C.N. Las Palmas 41.27	1:16.22 19,00 -
2. NODA SÁEZ, Isabel 50m: 37.90 37.90 100m: 1:16.38	06 C.D. N. Bentacu-Laguna 38.48	1:16.38 16,00 -
3. VAZQUEZ HDEZ, Lucia 50m: 37.19 37.19 100m: 1:16.73	06 C.D.N. Nadamas Las Marinas 39.54	1:16.73 14,00 -
4. BASILI, Eleonora 50m: 36.71 36.71 100m: 1:17.14	06 C.N. Teneteide 40.43	1:17.14 13,00 -
5. CALVICHE FERNANDEZ, Nazaret 50m: 37.17 37.17 100m: 1:17.40	87 A.D. Santa Cruz 40.23	1:17.40 12,00 -
6. FRANCOS PINEDA, Carlota 50m: 37.15 37.15 100m: 1:19.48	05 C.N. Reales 42.33	1:19.48 11,00 -
7. LOPEZ GARCIA, Lorena 50m: 38.54 38.54 100m: 1:19.99	04 C.N. Reales 41.45	1:19.99 10,00 -
8. CHAVES RODRIGUEZ, Natacha 50m: 36.30 36.30 100m: 1:20.70	01 C.N. Teneteide 44.40	1:20.70 9,00 -
9. CERPA CABALLERO, Xiomara M ^a 50m: 37.92 37.92 100m: 1:20.97	01 C.N. Aguacan 43.05	1:20.97 8,00 -
10. CARDEÑOSA PARRALEJO, Paula 50m: 38.95 38.95 100m: 1:21.26	08 Esna Lanzarote 42.31	1:21.26 7,00 -
11. NAVARRO OLIVEROS, Micaela 50m: 38.94 38.94 100m: 1:21.56	06 Esna Lanzarote 42.62	1:21.56 6,00 -
12. PIÑERO STEGENSEK, Elisa 50m: 38.81 38.81 100m: 1:22.53	08 C.B. Dominicas Vistabella 43.72	1:22.53 4,50 -
GOPAR CORDOBEL, Lily Jeanne 50m: 38.44 38.44 100m: 1:22.53	07 C.D.N. Nadamas Las Marinas 44.09	1:22.53 4,50 -
14. MEDINA HERNANDEZ, Jade 50m: 39.51 39.51 100m: 1:23.22	10 C.N. Las Palmas 43.71	1:23.22 3,00 -
15. HERNÁNDEZ CABO, Sofía 50m: 40.00 40.00 100m: 1:23.72	06 C.N. Martianez Coral Hotels 43.72	1:23.72 2,00 -
16. GONZÁLEZ QUINTANA, Valeria 50m: 37.95 37.95 100m: 1:24.14	08 C.B. Dominicas Vistabella 46.19	1:24.14 1,00 -
17. GLENESK FLORES, Lucia 50m: 39.93 39.93 100m: 1:24.54	08 C.D. Herbania 44.61	1:24.54 - -
18. ROMERO BASTERRECHEA, Andrea 50m: 39.57 39.57 100m: 1:25.34	93 C.N. Aguacan 45.77	1:25.34 - -
19. GODOY FALCON, M ^a Daniela 50m: 40.85 40.85 100m: 1:26.54	06 C.P. Santa M ^a De Guia 45.69	1:26.54 - -

Prueba 8, Fem., 100m Braza, Absoluto Femenino

Clasificación	AN	Tiempo	
20. MENDEZ RAMMIREZ, Zoe	12	Cn.Salinas Sta.Lucia	1:28.71 - -
50m: 42.03 42.03 100m: 1:28.71	46.68		
21. NUEZ TUMCZAK, Paula	06	A.D. Santa Cruz	1:30.28 - -
50m: 40.02 40.02 100m: 1:30.28	50.26		
22. PEREZ GONZALEZ DE CHAVES, Clara	10	C.D. N. Bentacu-Laguna	1:30.70 - -
50m: 42.34 42.34 100m: 1:30.70	48.36		
23. SANISIDRO HERMIDA, Emma	10	C.N. Los Cristianos	1:30.93 - -
50m: 44.43 44.43 100m: 1:30.93	46.50		
24. GONZALEZ CAMACHO, Desiree	01	Cn.Faynagua C. Telde	1:32.28 - -
50m: 42.51 42.51 100m: 1:32.28	49.77		
25. TABARES DE NAVA MIRALLES, Beatriz	06	R.C. Náutico De Tenerife	1:32.73 - -
50m: 44.12 44.12 100m: 1:32.73	48.61		
26. MELIAN MESA, Anyara	08	C.D. Nonadamos	1:32.75 - -
50m: 43.62 43.62 100m: 1:32.75	49.13		
27. ORAMAS MARTINEZ, Beatriz	07	R.C. Náutico De Tenerife	1:37.22 - -
50m: 45.27 45.27 100m: 1:37.22	51.95		
28. JUGLAIR, Loane	07	C.N. Los Cristianos	1:37.62 - -
50m: 46.34 46.34 100m: 1:37.62	51.28		
29. NARANJO NOVAL, Lucía	10	C.D. Herbania	1:44.90 - -
50m: 48.24 48.24 100m: 1:44.90	56.66		
30. JORGE GARCÍA, Mayka	08	Club Deportivo Agaeterun	1:45.84 - -
50m: 49.51 49.51 100m: 1:45.84	56.33		
31. CARRASCOSA SANTAMARIA, Sara	08	Cn.Faynagua C. Telde	1:54.37 - -
50m: 52.03 52.03 100m: 1:54.37	1:02.34		
DSQ BALLESTER EXPOSITO, Elena	06	Cn.Salinas Sta.Lucia	- -
<i>DNI - Desc Nado Irregular</i>			
NP CABALLERO LOZANO, Sheila	07	Cn.Faynagua C. Telde	- -
Baja CABRERA SUAREZ, Julia	09	A.D. Santa Cruz	- -
Baja GARCIA MONTESDEOCA, Martina	08	C.D. Nonadamos	- -

Prueba 9
02/12/2023

Masc., 1500m Libre

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo	
1. MACARIO MOLINA, Joan	05	C.N. Las Palmas	15:19.87 38,0019
50m: 28.54 28.54 450m: 4:32.09 30.33 850m: 8:38.50 30.89 1250m: 12:46.81 30.97			
100m: 58.58 30.04 500m: 5:02.77 30.68 900m: 9:09.56 31.06 1300m: 13:18.05 31.24			
150m: 1:29.02 30.44 550m: 5:33.55 30.78 950m: 9:40.37 30.81 1350m: 13:48.83 30.78			
200m: 1:59.73 30.71 600m: 6:04.19 30.64 1000m: 10:11.51 31.14 1400m: 14:19.65 30.82			
250m: 2:30.14 30.41 650m: 6:34.91 30.72 1050m: 10:42.30 30.79 1450m: 14:50.23 30.58			
300m: 3:00.78 30.64 700m: 7:05.67 30.76 1100m: 11:13.45 31.15 1500m: 15:19.87 29.64			
350m: 3:31.36 30.58 750m: 7:36.61 30.94 1150m: 11:44.41 30.96			
400m: 4:01.76 30.40 800m: 8:07.61 31.00 1200m: 12:15.84 31.43			
2. LORENÇO FERREIRA, Gustavo	06	C.D.N. Nadamas Las Marinas	16:17.36 32,0016
50m: 28.42 28.42 400m: 4:12.46 1:05.02 800m: 8:32.52 1:05.11 1200m: 12:58.09 1:06.80			
100m: 59.42 31.00 500m: 5:17.49 1:05.03 900m: 9:38.27 1:05.75 1300m: 14:05.08 1:06.99			
200m: 2:02.90 1:03.48 600m: 6:22.43 1:04.94 1000m: 10:44.56 1:06.29 1400m: 15:12.40 1:07.32			
300m: 3:07.44 1:04.54 700m: 7:27.41 1:04.98 1100m: 11:51.29 1:06.73 1500m: 16:17.36 1:04.96			

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación

AN

Tiempo

3.	ELMAALOU FERNANDEZ, Tarek Ouk06	C.N. Los Cristianos	16:30.30	28,0014
	50m: 29.41 29.41 400m: 4:14.48 1:05.03 800m: 8:37.74 1:06.81 1200m: 13:08.34 1:08.15			
	100m: 1:00.93 31.52 500m: 5:19.74 1:05.26 900m: 9:44.87 1:07.13 1300m: 14:16.34 1:08.00			
	200m: 2:05.22 1:04.29 600m: 6:24.91 1:05.17 1000m: 10:52.58 1:07.71 1400m: 15:24.50 1:08.16			
	300m: 3:09.45 1:04.23 700m: 7:30.93 1:06.02 1100m: 12:00.19 1:07.61 1500m: 16:30.30 1:05.80			
4.	RODRIGUEZ DIAZ, Javier	08 C.N. Teneteide	16:37.91	26,0013
	50m: 29.60 29.60 400m: 4:19.96 1:06.37 800m: 8:47.20 1:07.18 1200m: 13:16.70 1:07.43			
	100m: 1:01.62 32.02 500m: 5:26.07 1:06.11 900m: 9:54.73 1:07.53 1300m: 14:24.80 1:08.10			
	200m: 2:07.32 1:05.70 600m: 6:33.10 1:07.03 1000m: 11:01.60 1:06.87 1400m: 15:32.55 1:07.75			
	300m: 3:13.59 1:06.27 700m: 7:40.02 1:06.92 1100m: 12:09.27 1:07.67 1500m: 16:37.91 1:05.36			
5.	SUAREZ NAVARRO, Liván José	08 C.N. Metropole	17:35.50	24,0012
	50m: 31.62 31.62 450m: 5:10.32 35.74 850m: 9:57.74 35.82 1250m: 14:42.40 35.13			
	100m: 1:05.59 33.97 500m: 5:46.27 35.95 900m: 10:33.53 35.79 1300m: 15:17.40 35.00			
	150m: 1:40.00 34.41 550m: 6:22.40 36.13 950m: 11:09.27 35.74 1350m: 15:52.51 35.11			
	200m: 2:14.37 34.37 600m: 6:58.51 36.11 1000m: 11:45.12 35.85 1400m: 16:27.19 34.68			
	250m: 2:49.41 35.04 650m: 7:34.40 35.89 1050m: 12:21.05 35.93 1450m: 17:02.10 34.91			
	300m: 3:24.63 35.22 700m: 8:10.31 35.91 1100m: 12:56.47 35.42 1500m: 17:35.50 33.40			
	350m: 3:59.93 35.30 750m: 8:46.03 35.72 1150m: 13:31.90 35.43			
	400m: 4:34.58 34.65 800m: 9:21.92 35.89 1200m: 14:07.27 35.37			
6.	SANTANA SARMIENTO, Miguel	83 Cn.Faynagua C. Telde	17:53.43	22,0011
	50m: 33.30 33.30 450m: 5:20.25 35.43 850m: 10:07.19 35.67 1250m: 14:57.14 36.19			
	100m: 1:08.93 35.63 500m: 5:56.30 36.05 900m: 10:43.53 36.34 1300m: 15:33.56 36.42			
	150m: 1:45.14 36.21 550m: 6:32.36 36.06 950m: 11:19.38 35.85 1350m: 16:09.40 35.84			
	200m: 2:21.62 36.48 600m: 7:08.02 35.66 1000m: 11:55.56 36.18 1400m: 16:45.40 36.00			
	250m: 2:57.79 36.17 650m: 7:44.00 35.98 1050m: 12:31.96 36.40 1450m: 17:20.75 35.35			
	300m: 3:33.52 35.73 700m: 8:19.81 35.81 1100m: 13:08.23 36.27 1500m: 17:53.43 32.68			
	350m: 4:09.03 35.51 750m: 8:55.72 35.91 1150m: 13:44.63 36.40			
	400m: 4:44.82 35.79 800m: 9:31.52 35.80 1200m: 14:20.95 36.32			
7.	MORALES RODRÍGUEZ, Sergio	73 A.D. Santa Cruz	18:07.77	20,0010
	50m: 32.97 32.97 400m: 4:46.93 1:12.75 800m: 9:37.24 1:12.43 1200m: 14:29.59 1:13.73			
	100m: 1:08.67 35.70 500m: 5:59.61 1:12.68 900m: 10:49.99 1:12.75 1300m: 15:42.13 1:12.54			
	200m: 2:21.11 1:12.44 600m: 7:11.94 1:12.33 1000m: 12:03.18 1:13.19 1400m: 16:55.57 1:13.44			
	300m: 3:34.18 1:13.07 700m: 8:24.81 1:12.87 1100m: 13:15.86 1:12.68 1500m: 18:07.77 1:12.20			
8.	GONZALEZ DE ARMAS, Betuel	82 C.B. Dominicas Vistabella	18:13.97	18,00 9
	50m: 31.19 31.19 400m: 4:43.67 1:12.92 800m: 9:37.93 1:13.83 1200m: 14:33.39 1:13.79			
	100m: 1:05.88 34.69 500m: 5:57.22 1:13.55 900m: 10:51.93 1:14.00 1300m: 15:46.63 1:13.24			
	200m: 2:17.86 1:11.98 600m: 7:10.83 1:13.61 1000m: 12:06.02 1:14.09 1400m: 17:01.57 1:14.94			
	300m: 3:30.75 1:12.89 700m: 8:24.10 1:13.27 1100m: 13:19.60 1:13.58 1500m: 18:13.97 1:12.40			
9.	SANTANA RAMIREZ, Adrian	08 Cn.Salinas Sta.Lucia	18:20.73	16,00 8
	50m: 31.79 31.79 450m: 5:24.92 37.31 850m: 10:23.50 37.09 1250m: 15:18.57 36.53			
	100m: 1:07.21 35.42 500m: 6:02.28 37.36 900m: 11:00.70 37.20 1300m: 15:56.00 37.43			
	150m: 1:43.31 36.10 550m: 6:39.52 37.24 950m: 11:37.70 37.00 1350m: 16:33.06 37.06			
	200m: 2:19.65 36.34 600m: 7:17.25 37.73 1000m: 12:14.95 37.25 1400m: 17:09.92 36.86			
	250m: 2:56.09 36.44 650m: 7:54.06 36.81 1050m: 12:51.33 36.38 1450m: 17:46.42 36.50			
	300m: 3:33.34 37.25 700m: 8:31.92 37.86 1100m: 13:28.09 36.76 1500m: 18:20.73 34.31			
	350m: 4:09.99 36.65 750m: 9:08.74 36.82 1150m: 14:04.89 36.80			
	400m: 4:47.61 37.62 800m: 9:46.41 37.67 1200m: 14:42.04 37.15			
10.	HENRIQUEZ HERNANDEZ, Rafael	87 C.N. Aguacan	18:36.89	14,00 7
	50m: 33.52 33.52 450m: 5:26.27 37.16 850m: 10:26.78 37.92 1250m: 15:31.51 38.15			
	100m: 1:08.92 35.40 500m: 6:03.38 37.11 900m: 11:05.03 38.25 1300m: 16:09.54 38.03			
	150m: 1:45.59 36.67 550m: 6:41.23 37.85 950m: 11:42.92 37.89 1350m: 16:47.64 38.10			
	200m: 2:22.06 36.47 600m: 7:19.47 38.24 1000m: 12:21.18 38.26 1400m: 17:25.21 37.57			
	250m: 2:58.54 36.48 650m: 7:56.92 37.45 1050m: 12:59.18 38.00 1450m: 18:01.67 36.46			
	300m: 3:35.95 37.41 700m: 8:34.14 37.22 1100m: 13:36.87 37.69 1500m: 18:36.89 35.22			
	350m: 4:12.58 36.63 750m: 9:11.67 37.53 1150m: 14:15.13 38.26			
	400m: 4:49.11 36.53 800m: 9:48.86 37.19 1200m: 14:53.36 38.23			
11.	GONZALEZ SUAREZ, Ivan	92 C.N. Reales	18:37.79	12,00 6
	50m: 31.91 31.91 400m: 4:48.48 1:13.47 800m: 9:49.18 1:15.13 1200m: 14:52.99 1:16.23			
	100m: 1:07.26 35.35 500m: 6:03.07 1:14.59 900m: 11:04.75 1:15.57 1300m: 16:08.67 1:15.68			
	200m: 2:20.51 1:13.25 600m: 7:18.37 1:15.30 1000m: 12:20.64 1:15.89 1400m: 17:24.11 1:15.44			
	300m: 3:35.01 1:14.50 700m: 8:34.05 1:15.68 1100m: 13:36.76 1:16.12 1500m: 18:37.79 1:13.68			

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN				Tiempo			
12. TOBAL FEBLES, Gabriel	10	C.D. Herbania			19:24.77	10,00	5	
50m: 34.07 34.07	450m: 5:34.30 38.38	850m: 10:48.40 39.14	1250m: 16:09.30 41.99					
100m: 1:10.57 36.50	500m: 6:12.87 38.57	900m: 11:27.90 39.50	1300m: 16:48.91 39.61					
150m: 1:47.70 37.13	550m: 6:52.27 39.40	950m: 12:08.17 40.27	1350m: 17:30.32 41.41					
200m: 2:23.68 35.98	600m: 7:31.71 39.44	1000m: 12:47.55 39.38	1400m: 18:11.56 41.24					
250m: 3:01.75 38.07	650m: 8:11.01 39.30	1050m: 13:26.38 38.83	1450m: 18:51.76 40.20					
300m: 3:39.59 37.84	700m: 8:51.68 40.67	1100m: 14:06.37 39.99	1500m: 19:24.77 33.01					
350m: 4:17.49 37.90	750m: 9:28.12 36.44	1150m: 14:46.64 40.27						
400m: 4:55.92 38.43	800m: 10:09.26 41.14	1200m: 15:27.31 40.67						
13. ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun			20:47.60	8,00	4	
50m: 33.47 33.47	450m: 6:03.79 42.88	850m: 11:47.44 42.24	1250m: 17:26.49 41.37					
100m: 1:10.84 37.37	500m: 6:47.40 43.61	900m: 12:29.12 41.68	1300m: 18:07.98 41.49					
150m: 1:51.92 41.08	550m: 7:29.85 42.45	950m: 13:13.24 44.12	1350m: 18:49.56 41.58					
200m: 2:34.21 42.29	600m: 8:12.38 42.53	1000m: 13:56.27 43.03	1400m: 19:29.74 40.18					
250m: 3:14.76 40.55	650m: 8:55.78 43.40	1050m: 14:37.54 41.27	1450m: 20:10.58 40.84					
300m: 3:56.96 42.20	700m: 9:38.25 42.47	1100m: 15:20.15 42.61	1500m: 20:47.60 37.02					
350m: 4:38.76 41.80	750m: 10:21.83 43.58	1150m: 16:02.39 42.24						
400m: 5:20.91 42.15	800m: 11:05.20 43.37	1200m: 16:45.12 42.73						
14. FARIÑA TADEO, Santiago	82	R.C. Náutico De Tenerife			21:06.61	6,00	3	
50m: 32.16 32.16	400m: 5:09.54 1:21.28	800m: 11:00.69 1:31.16	1200m: 16:59.28 1:33.32					
100m: 1:07.82 35.66	500m: 6:35.47 1:25.93	900m: 12:30.79 1:30.10	1300m: 18:21.93 1:22.65					
200m: 2:24.83 1:17.01	600m: 8:09.01 1:33.54	1000m: 13:55.41 1:24.62	1400m: 19:45.50 1:23.57					
300m: 3:48.26 1:23.43	700m: 9:29.53 1:20.52	1100m: 15:25.96 1:30.55	1500m: 21:06.61 1:21.11					
15. ORTIZ DÁVILA, Joaquín	08	C.D. N. Bentacu-Laguna			24:07.02	4,00	2	
50m: 38.53 38.53	400m: 6:11.37 1:37.90	800m: 12:46.75 1:38.95	1200m: 19:23.20 1:38.82					
100m: 1:22.94 44.41	500m: 7:50.08 1:38.71	900m: 14:26.43 1:39.68	1300m: 21:00.43 1:37.23					
200m: 2:55.86 1:32.92	600m: 9:27.75 1:37.67	1000m: 16:05.15 1:38.72	1400m: 22:37.61 1:37.18					
300m: 4:33.47 1:37.61	700m: 11:07.80 1:40.05	1100m: 17:44.38 1:39.23	1500m: 24:07.02 1:29.41					
EXH TORREIRO MARTINEZ, Carlos	06	C.D. Herbania					-	-
EXH HERNANDEZ GONZALEZ, Enrique	89	C.N. Aguacan					-	-
EXH MANNANOV, Eduard	86	C.N. Metropole					-	-
EXH GARCIA GALAN, Javier	06	C.B. Dominicas Vistabella					-	-
EXH CABRILLO SANCHEZ, Norberto	07	C.N. Las Palmas			16:44.53		-	-
50m: 29.05 29.05	450m: 4:53.66 33.92	850m: 9:25.03 33.91	1250m: 13:58.57 34.53					
100m: 1:00.17 31.12	500m: 5:27.48 33.82	900m: 9:59.26 34.23	1300m: 14:33.06 34.49					
150m: 1:32.13 31.96	550m: 6:01.14 33.66	950m: 10:33.66 34.40	1350m: 15:06.94 33.88					
200m: 2:04.81 32.68	600m: 6:35.12 33.98	1000m: 11:07.94 34.28	1400m: 15:40.80 33.86					
250m: 2:38.03 33.22	650m: 7:08.97 33.85	1050m: 11:42.22 34.28	1450m: 16:14.70 33.90					
300m: 3:11.81 33.78	700m: 7:42.72 33.75	1100m: 12:16.00 33.78	1500m: 16:44.53 29.83					
350m: 3:45.88 34.07	750m: 8:17.09 34.37	1150m: 12:49.50 33.50						
400m: 4:19.74 33.86	800m: 8:51.12 34.03	1200m: 13:24.04 34.54						
EXH GONZALEZ DOMINGUEZ, Pedro	09	C.N. Teneteide			17:27.18		-	-
50m: 30.89 30.89	400m: 4:30.66 1:09.34	800m: 9:11.66 1:10.72	1200m: 13:57.79 1:11.20					
100m: 1:04.18 33.29	500m: 5:40.11 1:09.45	900m: 10:23.81 1:12.15	1300m: 15:08.60 1:10.81					
200m: 2:12.27 1:08.09	600m: 6:50.44 1:10.33	1000m: 11:34.85 1:11.04	1400m: 16:20.16 1:11.56					
300m: 3:21.32 1:09.05	700m: 8:00.94 1:10.50	1100m: 12:46.59 1:11.74	1500m: 17:27.18 1:07.02					

Prueba 10
02/12/2023

Fem., 4 x 200m Libre

Absoluto Femenino
Resultados

Clasificación

Tiempo

Prueba 10, Fem., 4 x 200m Libre

1.	C.D.N. Nadamas Las Marinas 1		C.D.N. Nadamas Las Marinas		8:49.05	38,00	-
	MORALES FAJARDO, Nora	10	31.69	34.78	36.04	35.86	2:18.37
	JAEN SERRA, Naira	08	29.34	32.62	33.97	34.40	2:10.33
	VAZQUEZ HDEZ, Lucia	06	28.89	32.11	33.54	33.42	2:07.96
	DENBY, Kennedy Hope	05	30.52	33.66	34.09	34.12	2:12.39
2.	C.N. Las Palmas 1		C.N. Las Palmas		8:53.93	32,00	-
	RUIZ REYES, Raquel	07	30.95	34.15	34.63	34.39	2:14.12
	ULIBARRI SANCHEZ, Ines	09	0.00	29.86	33.75	35.37	2:14.10
	MEJIAS INGLOTT, Valeria	08	0.00	30.57	33.51	34.33	2:11.87
	BELLO CODINA, Julia	08	0.00	29.82	33.91	35.18	2:13.84
3.	C.N. Teneteide 1		C.N. Teneteide		8:54.15	28,00	-
	BASILI, Veronica	08	31.69	33.81	33.78	32.13	2:11.41
	ACOSTA GONZALEZ, Carolina	08	30.92	33.86	35.85	35.22	2:15.85
	BASILI, Eleonora	06	30.59	32.80	33.88	35.11	2:12.38
	EXPOSITO AFONSO, Maria	02	31.42	34.53	34.70	33.86	2:14.51
4.	C.N. Reales 1		C.N. Reales		9:01.66	26,00	-
	WOLGESCHAFFEN FERNANDEZ, Sofia	06	30.21	32.22	33.63	35.11	2:11.17
	WOLGESCHAFFEN FERNANDEZ, Patricia	09	30.51	35.44	36.73	37.05	2:19.73
	SCARPA, Barbara	08	31.14	34.99	36.03	36.09	2:18.25
	LABRADOR CASTILLA, Paula Daopin	05	30.57	33.72	34.42	33.80	2:12.51
5.	C.N. Aguacan 1		C.N. Aguacan		9:14.75	24,00	-
	ROMERO BASTERRECHEA, Paula	97	0.00	31.25	34.33	34.99	2:15.32
	DE CASTRO URQUIOLA, Helena	04	0.00	30.85	34.35	36.42	2:19.64
	SUÁREZ MACÍAS, Gabriela	09	0.00	31.66	36.12	36.93	2:20.79
	HERNÁNDEZ CASTRILLO, Yessica	00	0.00	31.86	34.83	35.91	2:19.00
6.	Esna Lanzarote 1		Esna Lanzarote		9:20.09	22,00	-
	RJO MARTIN, Sara	08	30.68	33.16	34.54	34.69	2:13.07
	NAVARRO OLIVEROS, Micaela	06	0.00	32.25	35.35	37.53	2:23.05
	CARDEÑOSA PARRALEJO, Paula	08	0.00	33.77	38.44	39.80	2:30.10
	PEREZ MUÑOZ, Claudia	08	0.00	29.96	33.87	35.42	2:13.87
7.	A.D. Santa Cruz 1		A.D. Santa Cruz		9:28.72	20,00	-
	SANCHEZ CABAÑAS, Naira	00	31.36	34.05	34.72	36.15	2:16.28
	CALVICHE FERNANDEZ, Nazaret	87	32.77	34.85	35.51	35.37	2:18.50
	HERNANDEZ ALMENARA, Nerea	07	33.84	37.46	38.73	36.38	2:26.41
	HERNANDEZ ALMENARA, Laia	08	30.93	36.35			2:27.53
8.	C.B. Dominicas Vistabella 1		C.B. Dominicas Vistabella		9:31.80	18,00	-
	DUQUE BROUARD, Elena	10	33.10	34.82	35.88	35.10	2:18.90
	GONZÁLEZ QUINTANA, Valeria	08	32.06	36.64	38.83	39.37	2:26.90
	PIÑERO STEGENSEK, Elisa	08	33.83	36.25	36.77	36.25	2:23.10
	GARRIDO ALONSO, Lucia	09	31.50	36.44	38.05	36.91	2:22.90
9.	Cn.Faynagua C. Telde 1		Cn.Faynagua C. Telde		9:45.50	16,00	-
	DIAZ RODRIGUEZ, Grisela	02	32.81	36.54	38.41	37.64	2:25.40
	SANTANA FLORES, Ainhoa	01	0.00	33.21	36.94	39.30	2:27.57
	GIMENEZ CASTILLA, Maria	07	0.00	33.65	38.63	40.03	2:31.60
	PULIDO MAYOR, Sheila	98	0.00	30.99	35.33	37.91	2:20.93
10.	Cn.Salinas Sta.Lucia 1		Cn.Salinas Sta.Lucia		9:46.11	14,00	-
	FERNANDEZ ANDRES, Lola	11	33.59	37.18	38.32	36.00	2:25.09
	QUESADA GARCIA, Yanel	04	0.00	32.80	36.33	37.82	2:23.62
	PEREZ RIVERO, Emma	07	0.00	34.78	40.93	41.96	2:38.02
	LOPEZ SOSA, Carla	09	0.00	32.97	35.57	36.81	2:19.38
11.	C.N. Los Cristianos 1		C.N. Los Cristianos		9:53.87	12,00	-
	SAIZ PEREZ, Mar	08	32.70	35.91	37.49	37.79	2:23.89
	JUGLAIR, Loane	07	34.58	38.31	39.65	39.86	2:32.40
	RODRIGUEZ COLMENARES, Bella Sofia	09	33.53	38.31	39.39	38.54	2:29.77
	MOURE GAO, Natalia	11	31.85	38.28	40.08	37.60	2:27.81
12.	C.D. Herbania 1		C.D. Herbania		10:21.29	10,00	-
	GLENESK FLORES, Lucia	08	34.92	39.84	41.80	40.97	2:37.53
	GARCIA GONZALEZ, Sara	06	0.00	33.03	37.04	38.58	2:27.12
	DIAZ CORTES, Nerea	06	0.00	33.51	40.26	43.55	2:38.17
	FAJARDO SANCHEZ, Yaneli	05	0.00	35.11	40.15	42.82	2:38.47

Prueba 10, Fem., 4 x 200m Libre, Absoluto Femenino

Clasificación

Tiempo

13.	C.D. Nonadamos 1	C.D. Nonadamos	10:34.78	8,00	-		
	BINEATA SARGHI, Beatrice Valeria	07	35.11	37.68	39.25	39.21	2:31.25
	MARTIN MARTIN, Nerea	11	36.57	41.84	41.35	42.00	2:41.76
	FERNANDEZ ALPERI, Noa	11	39.02	43.25	45.43	43.30	2:51.00
	SARABIA OUBIÑA, Ariadna	08	34.01	37.54	40.08	39.14	2:30.77
14.	R.C. Náutico De Tenerife 1	R.C. Náutico De Tenerife	10:44.06	6,00	-		
	DIAZ DE LOSADA BUJAN, Silvia	12	37.44	42.68	45.91	43.70	2:49.73
	DELGADO BARDON, Alicia	07	34.32	39.76	43.22	40.40	2:37.70
	RODRIGUEZ BRITO, Sara	04	34.60	40.68			2:40.23
	MARTIN GONZALEZ DE CHAVES, Maria	08	36.43	39.55	40.94	39.48	2:36.40
DSQ	C.D. N. Bentacu-Laguna 1	C.D. N. Bentacu-Laguna					- -
	MACHIN FERNANDEZ, Martina, NODA SÁEZ, Isabel, RODRÍGUEZ GARCÍA, Iris, CALZADILLA SOCAS, Rebeca						

Prueba 11
02/12/2023

Masc., 4 x 100m Libre

Absoluto Masculino
Resultados

Clasificación

Tiempo

1.	C.N. Las Palmas 1				C.N. Las Palmas			3:27.47	38,00	-
	MARTEL MARTEL, Aimar		24.82	52.18	ROJAS SAVIGNANO, Luis	0.00	25.11	52.51		
	STRELKOV, Roberto Ivan	0.00	23.44	50.44	MORERA SANCHEZ, Enrique	0.00	25.05	52.34		
2.	C.D.N. Nadamas Las Marinas 1				C.D.N. Nadamas Las Marinas			3:33.16	32,00	-
	GARCIA MORENO, Jorge	00	24.65	50.72	CARRASCOSA HESTER, Tomas	04	25.58	53.91		
	JAEN SERRA, Andreu	06	26.39	55.00	DE ARMAS DELGADO, Juan Jose	07	25.77	53.53		
3.	A.D. Santa Cruz 1				A.D. Santa Cruz			3:34.13	28,00	-
	GUADALUPE NEGRIN, Jorge Rams	03	25.31	52.89	TOGORES RODRIGUEZ, Domingo	97	24.38	52.80		
	COELLO TEJERA, Adrian	98	25.73	53.72	LUIS ALVAREZ, Oscar	02	25.84	54.72		
4.	C.N. Reales 1				C.N. Reales			3:35.17	26,00	-
	HOLZENDORF DIONIS, Thomas	97	25.14	53.02	RAMOS DELGADO, Gabriel	05	25.87	54.55		
	BELLO HERNANDEZ, Sergio	04	26.06	54.88	PEREZ GONZALEZ, Fco Javier	90	25.34	52.72		
5.	C.N. Teneteide 1				C.N. Teneteide			3:35.78	24,00	-
	PORRERO MARTIN, Jorge	07	24.55	53.33	BELAMENDIA COTORRUELO, Gera	07	26.07	55.59		
	MORALES LEMES, Marcos	05	25.63	54.20	CAPLLONCH DE UÑA, Ismael	07	25.31	52.66		
6.	C.N. Metropole 1				C.N. Metropole			3:36.19	22,00	-
	VACCARI, Federico		24.84	52.55	HERNANDEZ RAMOS, Esteban	0.00	26.64	56.36		
	MARTEL OJEDA, Raul Jose	0.00	25.97	54.81	GERSCOVICH PERI, Luka	0.00	24.90	52.47		
7.	Esna Lanzarote 1				Esna Lanzarote			3:40.66	20,00	-
	MANZATTO VACCARO, Nicolas		25.32	52.55	NAVARRO OLIVEROS, Gabriel	0.00	26.67	56.02		
	FDEZ BERMUDEZ, Iker	0.00	26.41	54.93	COLODRERO MUÑOZ, Ivan	0.00	27.40	57.16		
8.	C.D. Herbania 1				C.D. Herbania			3:46.09	18,00	-
	PRIETO RODRIGUEZ, Daniel		25.92	53.87	SUAREZ MONTERO, Nicolas	0.00	27.64	58.97		
	AVERO RODRIGUEZ, Aday	0.00	26.53	55.70	CARRERO SERRANO, Marcos D	0.00	27.09	57.55		
9.	R.C. Náutico De Tenerife 1				R.C. Náutico De Tenerife			3:46.42	16,00	-
	CARRO BONILLA, Cristobal	04	26.61	55.92	VARELA MESA, Raul	05	27.59	59.00		
	DIAZ GARCIA, Samuel Manuel	03	25.73	55.48	MERINO MONTES DE OCA, Alvaro	01	26.01	56.02		
10.	C.N. Aguacan 1				C.N. Aguacan			3:46.43	14,00	-
	CERPA CABALLERO, Jonay Salvador		26.79	55.35	SANTANA VALIDO, Alan	0.00	28.24	59.02		
	SALUTREGUI GOMEZ, Nicolas	0.00	25.35	55.43	DOS REIS SANTANA, Alejandro	0.00	26.64	56.63		
11.	C.B. Dominicas Vistabella 1				C.B. Dominicas Vistabella			3:49.07	12,00	-
	CURTIS LORENZO, Nathan	07	27.03	56.66	ESTEVEZ GALVEZ, Carlos	08	27.66	58.41		
	RAVELO SUAREZ, Antonio Jesus	09	27.25	57.75	MORENO ALVAREZ, Alexis	08	26.60	56.25		
12.	C.N. Los Cristianos 1				C.N. Los Cristianos			3:50.29	10,00	-
	SANCHEZ FERNANDEZ, Gregory	09	27.53	57.72	PERALES SILVA, Francisco	09	29.04	59.03		
	ELMAALOU FERNANDEZ, Tarek	06	26.78	56.16	BOTELLO DE LA VEGA, Manuel	06	27.57	57.38		

Prueba 11, Masc., 4 x 100m Libre, Absoluto Masculino

Clasificación

Tiempo

13.	Cn.Faynagua C. Telde 1				Cn.Faynagua C. Telde				3:52.92	8,00	-
	RAMIREZ MORALES, Sergio C.	26.38		55.67	GALVAN FRANCO, Jose Marcial	0.00		29.39		1:02.57	
	OUBIÑA CORVALAN, Marcos A	0.00	27.49	57.86	SANTANA REYES, Carmelo	0.00		26.70		56.82	
14.	Cn.Salinas Sta.Lucia 1				Cn.Salinas Sta.Lucia				3:55.09	6,00	-
	VILLANUEVA JODKO, Aleksander	26.64		56.21	LOPEZ GARCIA, Andreas	0.00		27.07		56.06	
	LEON TRUJILLO, Ernesto	0.00	28.88	1:00.16	GAURISHANKER NAVARRO, Elgi	0.00		29.89		1:02.66	
15.	C.D. N. Bentacu-Laguna 1				C.D. N. Bentacu-Laguna				4:03.40	4,00	-
	QUIJADA PÉREZ, Saúl Alejandro	10	28.33	59.02	OLIVER GARCÍA, Jesús	05		29.47		1:04.20	
	GONZALEZ BAIK, Ángel Nuri	04	27.70	58.29	KEY RAMÍREZ, Octavio José	10		28.59		1:01.89	
16.	C.D. Nonadamos 1				C.D. Nonadamos				4:13.64	2,00	-
	RIOS ROMERO, Joaquín	04	29.89	1:03.74	PEREZ CERVILLA, Daniel	07		30.16		1:03.21	
	VIERA VIERA, Acoran	03	30.01	1:03.55	ELVIRA GLAUBITZ, Alejandro	00		29.82		1:03.14	

2 - 1ª jornada, 2ª sesión

02/12/2023

Prueba 12

Fem., 200m Libre

Absoluto Femenino

02/12/2023

Resultados

Clasificación

AN

Tiempo

1.	DENBY, Kennedy Hope	05		C.D.N. Nadamas Las Marinas				2:04.06	19,00	-
	50m: 29.65 29.65	100m: 1:00.88		31.23 150m: 1:32.54	31.66	200m: 2:04.06		31.52		
2.	SOSA HERNANDEZ, Andrea Esther	04		C.N. Martianez Coral Hotels				2:10.20	16,00	-
	50m: 30.70 30.70	100m: 1:03.56		32.86 150m: 1:36.85	33.29	200m: 2:10.20		33.35		
3.	BASILI, Veronica	08		C.N. Teneteide				2:12.29	14,00	-
	50m: 31.04 31.04	100m: 1:04.00		32.96 150m: 1:37.97	33.97	200m: 2:12.29		34.32		
4.	BELLO CODINA, Julia	08		C.N. Las Palmas				2:12.89	13,00	-
	50m: 31.39 31.39	100m: 1:05.92		34.53 150m: 1:40.25	34.33	200m: 2:12.89		32.64		
5.	EXPOSITO AFONSO, Maria	02		C.N. Teneteide				2:13.05	12,00	-
	50m: 31.44 31.44	100m: 1:04.87		33.43 150m: 1:39.68	34.81	200m: 2:13.05		33.37		
6.	RUIZ REYES, Raquel	07		C.N. Las Palmas				2:13.34	11,00	-
	50m: 31.40 31.40	100m: 1:05.31		33.91 150m: 1:39.76	34.45	200m: 2:13.34		33.58		
7.	RIJO MARTIN, Sara	08		Esna Lanzarote				2:13.37	10,00	-
	50m: 31.77 31.77	100m: 1:05.51		33.74 150m: 1:39.90	34.39	200m: 2:13.37		33.47		
8.	SANCHEZ CABAÑAS, Naira	00		A.D. Santa Cruz				2:15.80	9,00	-
	50m: 30.61 30.61	100m: 1:04.59		33.98 150m: 1:39.77	35.18	200m: 2:15.80		36.03		
9.	PEREZ MUÑOZ, Claudia	08		Esna Lanzarote				2:16.75	8,00	-
	50m: 32.22 32.22	100m: 1:06.37		34.15 150m: 1:41.86	35.49	200m: 2:16.75		34.89		
10.	DUQUE BROUARD, Elena	10		C.B. Dominicas Vistabella				2:19.84	7,00	-
	50m: 32.91 32.91	100m: 1:08.03		35.12 150m: 1:43.87	35.84	200m: 2:19.84		35.97		
11.	SUÁREZ MACÍAS, Gabriela	09		C.N. Aguacan				2:21.50	6,00	-
	50m: 32.06 32.06	100m: 1:08.22		36.16 150m: 1:45.20	36.98	200m: 2:21.50		36.30		
12.	PIÑERO STEGENSEK, Elisa	08		C.B. Dominicas Vistabella				2:22.36	5,00	-
	50m: 33.35 33.35	100m: 1:09.67		36.32 150m: 1:45.99	36.32	200m: 2:22.36		36.37		
13.	QUESADA GARCIA, Yanel	04		Cn.Salinas Sta.Lucia				2:23.55	4,00	-
	50m: 33.05 33.05	100m: 1:09.33		36.28 150m: 1:46.89	37.56	200m: 2:23.55		36.66		
14.	ANDREWS, holly Annie	10		C.D.N. Nadamas Las Marinas				2:23.75	3,00	-
	50m: 31.59 31.59	100m: 1:07.95		36.36 150m: 1:46.30	38.35	200m: 2:23.75		37.45		
15.	HERNANDEZ ALMENARA, Laia	08		A.D. Santa Cruz				2:24.23	2,00	-
	50m: 33.68 33.68	100m: 1:09.79		36.11 150m: 1:46.05	36.26	200m: 2:24.23		38.18		

Prueba 12, Fem., 200m Libre, Absoluto Femenino

Clasificación	AN	Tiempo
16. SARMIENTO OJEDA, Andrea	12	C.N. Aguacan 2:24.75 1,00 -
50m: 32.48 32.48 100m: 1:09.14		36.66 150m: 1:47.65 38.51 200m: 2:24.75 37.10
17. MOURE GAO, Natalia	11	C.N. Los Cristianos 2:28.04 - -
50m: 34.57 34.57 100m: 1:12.00		37.43 150m: 1:51.36 39.36 200m: 2:28.04 36.68
18. SANTANA FLORES, Ainhoa	01	Cn.Faynagua C. Telde 2:28.81 - -
50m: 33.94 33.94 100m: 1:11.37		37.43 150m: 1:50.21 38.84 200m: 2:28.81 38.60
19. JUGLAIR, Loane	07	C.N. Los Cristianos 2:30.24 - -
50m: 35.27 35.27 100m: 1:13.41		38.14 150m: 1:52.36 38.95 200m: 2:30.24 37.88
20. GODOY GARCIA, Gara	07	C.P.Santa Mª De Guia 2:31.60 - -
50m: 36.06 36.06 100m: 1:14.09		38.03 150m: 1:53.33 39.24 200m: 2:31.60 38.27
21. QUINTANA SUAREZ, Miriam	10	Club Deportivo Agaeterun 2:32.15 - -
50m: 35.72 35.72 100m: 1:14.31		38.59 150m: 1:54.06 39.75 200m: 2:32.15 38.09
22. DELGADO BARDON, Alicia	07	R.C. Náutico De Tenerife 2:32.27 - -
50m: 40.22 40.22 100m: 1:13.84		33.62 150m: 1:54.17 40.33 200m: 2:32.27 38.10
23. MEDINA HERNÁNDEZ, Sofía	07	C.N. Martiane Coral Hotels 2:37.89 - -
50m: 34.77 34.77 100m: 1:13.71		38.94 150m: 1:56.17 42.46 200m: 2:37.89 41.72
24. FLORA LELAJ, Mirela	11	Cn.Salinas Sta.Lucia 2:38.91 - -
50m: 37.01 37.01 100m: 1:17.54		40.53 150m: 1:59.18 41.64 200m: 2:38.91 39.73
25. MARTIN MARTIN, Nerea	11	C.D. Nonadamos 2:40.09 - -
50m: 36.09 36.09 100m: 1:18.51		42.42 150m: 2:01.37 42.86 200m: 2:40.09 38.72
26. RIOS DE LA ROSA, Andrea	07	R.C. Náutico De Tenerife 2:51.35 - -
50m: 38.47 38.47 100m: 1:21.64		43.17 150m: 2:06.42 44.78 200m: 2:51.35 44.93
27. CARRASCOSA SANTAMARIA, Sara	08	Cn.Faynagua C. Telde 2:52.53 - -
50m: 38.09 38.09 100m: 1:23.14		45.05 150m: 2:08.91 45.77 200m: 2:52.53 43.62
28. SOSA RODRÍGUEZ, Martina	09	C.D. Herbania 2:52.97 - -
50m: 38.62 38.62 100m: 1:21.92		43.30 150m: 2:09.04 47.12 200m: 2:52.97 43.93
29. ALONSO UMBRÍA, Maya	10	C.D. N. Bentacu-Laguna 2:56.84 - -
50m: 38.44 38.44 100m: 1:23.31		44.87 150m: 2:12.12 48.81 200m: 2:56.84 44.72
30. ROJAS SOCAS, Ester	10	C.D. N. Bentacu-Laguna 2:57.48 - -
50m: 37.59 37.59 100m: 1:21.33		43.74 150m: 2:08.79 47.46 200m: 2:57.48 48.69
31. NARANJO NOVAL, Lucía	10	C.D. Herbania 2:57.87 - -
50m: 38.12 38.12 100m: 1:24.32		46.20 150m: 2:12.78 48.46 200m: 2:57.87 45.09
32. SANTANA RÍO, Leire	12	Club Deportivo Agaeterun 3:07.28 - -
50m: 42.52 42.52 100m: 1:30.76		48.24 150m: 2:19.94 49.18 200m: 3:07.28 47.34
NP MORALES GONZÁLEZ, Aroa	08	C.N. Aguacan - -
Baja BINEATA SARGHI, Beatrice Valeria	07	C.D. Nonadamos - -

Prueba 13
02/12/2023

Masc., 400m Estilos

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. MACARIO MOLINA, Joan	05	C.N. Las Palmas 4:38.84 19,00 -
50m: 30.31 30.31 150m: 1:41.79		36.85 250m: 2:56.54 39.13 350m: 4:08.68 31.19
100m: 1:04.94 34.63 200m: 2:17.41		35.62 300m: 3:37.49 40.95 400m: 4:38.84 30.16
2. CAPLLONCH DE UÑA, Ismael	07	C.N. Teneteide 4:42.21 16,00 -
50m: 30.56 30.56 200m: 2:24.43		1:19.20 300m: 3:43.68 39.97 400m: 4:42.21 28.90
100m: 1:05.23 34.67 250m: 3:03.71		39.28 350m: 4:13.31 29.63

Prueba 13, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN				Tiempo			
3. ELMAALOU FERNANDEZ, Tarek Ouk06	C.N. Los Cristianos				4:42.93	14,00	-	
50m: 32.14 32.14 150m: 1:46.22	38.26	250m: 3:01.81	38.69	350m: 4:12.63	31.67			
100m: 1:07.96 35.82 200m: 2:23.12	36.90	300m: 3:40.96	39.15	400m: 4:42.93	30.30			
4. HENRIQUEZ GARCIA, Lucas 07	C.N. Las Palmas				4:42.99	13,00	-	
50m: 31.05 31.05 150m: 1:44.45	39.42	250m: 3:01.91	38.71	350m: 4:12.26	31.65			
100m: 1:05.03 33.98 200m: 2:23.20	38.75	300m: 3:40.61	38.70	400m: 4:42.99	30.73			
5. LORENÇO FERREIRA, Gustavo 06	C.D.N. Nadamas Las Marinas				4:43.48	12,00	-	
50m: 30.38 30.38 150m: 1:42.64	37.90	250m: 3:00.86	43.07	350m: 4:13.71	30.82			
100m: 1:04.74 34.36 200m: 2:17.79	35.15	300m: 3:42.89	42.03	400m: 4:43.48	29.77			
6. CERPA CABALLERO, Jonay Salvador 99	C.N. Aguacan				4:48.50	11,00	-	
50m: 30.26 30.26 150m: 1:45.01	39.38	250m: 3:02.78	40.25	350m: 4:16.06	32.98			
100m: 1:05.63 35.37 200m: 2:22.53	37.52	300m: 3:43.08	40.30	400m: 4:48.50	32.44			
7. GUADALUPE NEGRIN, Jorge Ramses 03	A.D. Santa Cruz				4:54.11	10,00	-	
50m: 30.56 30.56 200m: 2:20.56	1:15.82	400m: 4:54.11	1:08.05					
100m: 1:04.74 34.18 300m: 3:46.06	1:25.50							
8. RAVELO SUAREZ, Antonio Jesus 09	C.B. Dominicas Vistabella				4:55.43	9,00	-	
50m: 32.14 32.14 150m: 1:46.45	37.63	250m: 3:07.24	42.98	400m: 4:55.43	1:05.85			
100m: 1:08.82 36.68 200m: 2:24.26	37.81	300m: 3:49.58	42.34					
9. LUIS ALVAREZ, Oscar 02	A.D. Santa Cruz				5:02.45	8,00	-	
50m: 30.98 30.98 150m: 1:48.17	41.45	250m: 3:13.58	45.44	350m: 4:31.68	32.91			
100m: 1:06.72 35.74 200m: 2:28.14	39.97	300m: 3:58.77	45.19	400m: 5:02.45	30.77			
10. DUQUE BROUARD, Daniel 08	C.B. Dominicas Vistabella				5:03.53	7,00	-	
50m: 30.44 30.44 150m: 1:45.73	40.28	250m: 3:11.04	45.81	350m: 4:30.31	32.72			
100m: 1:05.45 35.01 200m: 2:25.23	39.50	300m: 3:57.59	46.55	400m: 5:03.53	33.22			
11. SUAREZ NAVARRO, Liván José 08	C.N. Metropole				5:03.67	6,00	-	
50m: 32.47 32.47 150m: 1:49.42	41.32	250m: 3:11.98	43.08	350m: 4:30.37	35.10			
100m: 1:08.10 35.63 200m: 2:28.90	39.48	300m: 3:55.27	43.29	400m: 5:03.67	33.30			
12. FERNANDEZ ACUÑA, Airam 07	C.N. Teneteide				5:04.04	5,00	-	
50m: 31.15 31.15 150m: 1:49.42	41.52	250m: 3:12.96	42.80	400m: 5:04.04	1:06.32			
100m: 1:07.90 36.75 200m: 2:30.16	40.74	300m: 3:57.72	44.76					
13. PADRON MIGUELEZ, Matias 08	C.D.N. Nadamas Las Marinas				5:04.05	4,00	-	
50m: 31.81 31.81 150m: 1:47.64	38.87	250m: 3:11.43	45.17	350m: 4:32.24	32.80			
100m: 1:08.77 36.96 200m: 2:26.26	38.62	300m: 3:59.44	48.01	400m: 5:04.05	31.81			
14. RODRIGUEZ GARCIA-AJENJO, Alberto06	C.N. Metropole				5:04.31	3,00	-	
50m: 31.45 31.45 150m: 1:51.25	43.10	250m: 3:13.15	39.39	350m: 4:31.34	36.19			
100m: 1:08.15 36.70 200m: 2:33.76	42.51	300m: 3:55.15	42.00	400m: 5:04.31	32.97			
15. BOTELLO DE LA VEGA, Manuel 06	C.N. Los Cristianos				5:05.29	2,00	-	
50m: 30.86 30.86 150m: 1:46.45	40.37	250m: 3:12.29	45.45	350m: 4:33.09	34.32			
100m: 1:06.08 35.22 200m: 2:26.84	40.39	300m: 3:58.77	46.48	400m: 5:05.29	32.20			
16. FDEZ BERMUDEZ, Iker 06	Esna Lanzarote				5:06.02	1,00	-	
50m: 32.45 32.45 150m: 1:48.95	40.13	250m: 3:12.99	44.82	350m: 4:33.50	34.25			
100m: 1:08.82 36.37 200m: 2:28.17	39.22	300m: 3:59.25	46.26	400m: 5:06.02	32.52			
17. CARRERO SERRANO, Marcos Daniel 09	C.D. Herbania				5:08.11	-	-	
50m: 31.12 31.12 150m: 1:46.27	38.95	250m: 3:08.80	43.27	350m: 4:32.50	38.82			
100m: 1:07.32 36.20 200m: 2:25.53	39.26	300m: 3:53.68	44.88	400m: 5:08.11	35.61			
18. COLODRERO MUÑOZ, Ivan 09	Esna Lanzarote				5:16.17	-	-	
50m: 33.95 33.95 150m: 1:53.09	39.98	250m: 3:21.57	48.73	350m: 4:43.08	32.87			
100m: 1:13.11 39.16 200m: 2:32.84	39.75	300m: 4:10.21	48.64	400m: 5:16.17	33.09			
19. SANTANA RAMIREZ, Adrian 08	Cn.Salinas Sta.Lucia				5:23.20	-	-	
50m: 33.61 33.61 150m: 1:56.68	41.59	250m: 3:26.14	48.42	350m: 4:49.61	35.35			
100m: 1:15.09 41.48 200m: 2:37.72	41.04	300m: 4:14.26	48.12	400m: 5:23.20	33.59			
20. OUBIÑA CORVALAN, Marcos A 05	Cn.Faynagua C. Telde				5:29.39	-	-	
50m: 35.08 35.08 150m: 1:58.96	43.78	250m: 3:30.30	47.46	350m: 4:54.39	36.76			
100m: 1:15.18 40.10 200m: 2:42.84	43.88	300m: 4:17.63	47.33	400m: 5:29.39	35.00			

Prueba 13, Masc., 400m Estilos, Absoluto Masculino

Clasificación	AN	Tiempo
21. VARELA MESA, Raul	05 R.C. Náutico De Tenerife	5:41.31 - -
50m: 34.31 34.31 200m: 2:51.16 1:33.15 400m: 5:41.31 1:16.24		
100m: 1:18.01 43.70 300m: 4:25.07 1:33.91		
22. ELVIRA GLAUBITZ, Alejandro	00 C.D. Nonadamos	5:48.55 - -
50m: 34.81 34.81 150m: 2:01.71 45.43 250m: 3:39.61 53.75 350m: 5:11.42 39.80		
100m: 1:16.28 41.47 200m: 2:45.86 44.15 300m: 4:31.62 52.01 400m: 5:48.55 37.13		
23. ZAMORANO MARCANO, Alejandro	11 Cn.Salinas Sta.Lucia	5:52.18 - -
50m: 35.21 35.21 150m: 2:02.74 44.05 250m: 3:36.00 49.87 350m: 5:10.16 41.74		
100m: 1:18.69 43.48 200m: 2:46.13 43.39 300m: 4:28.42 52.42 400m: 5:52.18 42.02		
24. SANCHEZ BELDA, Jorge	07 R.C. Náutico De Tenerife	6:27.97 - -
50m: 37.76 37.76 150m: 2:19.62 57.24 250m: 4:13.39 53.85 350m: 5:49.65 40.72		
100m: 1:22.38 44.62 200m: 3:19.54 59.92 300m: 5:08.93 55.54 400m: 6:27.97 38.32		
DSQ QUIJADA PÉREZ, Saúl Alejandro	10 C.D. N. Bentacu-Laguna	- -
DSQ QUINTERO ROSICH, Néstor	09 C.D. N. Bentacu-Laguna	- -
DSQ AVERO RODRIGUEZ, Aday	07 C.D. Herbania	- -
<i>DVI - Desc Viraje Irregular</i>		
DSQ HENRIQUEZ HERNANDEZ, Rafael	87 C.N. Aguacan	- -
<i>DVI - Desc Viraje Irregular</i>		
DSQ CARAMÉS HUERTAS, Oriol	08 Cn.Faynagua C. Telde	- -
<i>DVI - Desc Viraje Irregular</i>		
NP MANNANOV, Eduard	86 C.N. Metropole	- -
NP VAN KERKHOF REGUERO, Jesper	09 Cn.Faynagua C. Telde	- -
Baja PADRON MARTIN, Echedey	07 C.D. Nonadamos	- -
Baja RODRIGUEZ DIAZ, Javier	08 C.N. Teneteide	- -

Prueba 14
02/12/2023

Fem., 50m Mariposa

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. QUINTILLA MODREGO, Laia	88 Club Deportivo Agaeterun	28.94 19,00 -
2. NODA SÁEZ, Isabel	06 C.D. N. Bentacu-Laguna	29.46 16,00 -
3. WOLGESCHAFFEN FERNANDEZ, Sofi	06 C.N. Reales	29.86 14,00 -
4. LABRADOR CASTILLA, Paula Daopin	05 C.N. Reales	30.53 13,00 -
5. ROMERO BASTERRECHEA, Paula	97 C.N. Aguacan	30.91 12,00 -
6. PULIDO MAYOR, Sheila	98 Cn.Faynagua C. Telde	30.92 11,00 -
7. ARBELO ESTEVEZ, Patricia	11 C.N. Teneteide	31.14 10,00 -
8. RODRIGUEZ COLMENARES, Bella Sofi	09 C.N. Los Cristianos	31.65 9,00 -
9. POMPIDOU, Eva Océane	00 C.N. Martianeze Coral Hotels	31.75 8,00 -
10. GARCIA GONZALEZ, Sara	06 C.D. Herbania	32.09 7,00 -
11. ZEMIER, Natalia	09 C.N. Las Palmas	32.16 6,00 -
12. DIAZ RODRIGUEZ, Grisela	02 Cn.Faynagua C. Telde	32.24 5,00 -
13. CERPA CABALLERO, Xiomara Mª	01 C.N. Aguacan	32.54 4,00 -
14. PULIDO SOSA, Valeria	10 C.N. Las Palmas	32.70 2,50 -
BORNAGHI, Roberta Elisa	83 C.D.N. Nadamas Las Marinas	32.70 2,50 -
16. DIAZ CORTES, Nerea	06 C.D. Herbania	32.98 1,00 -
17. GARRIDO ALONSO, Lucia	09 C.B. Dominicas Vistabella	33.67 - -
18. RODRÍGUEZ GARCÍA, Iris	07 C.D. N. Bentacu-Laguna	33.94 - -
19. SOSA HERNÁNDEZ, Michelle Dayana	08 C.N. Martianeze Coral Hotels	34.00 - -
20. MARTIN GONZALEZ DE CHAVES, Mar	08 R.C. Náutico De Tenerife	34.09 - -
21. CARRO BONILLA, Carlota	08 A.D. Santa Cruz	34.22 - -
22. ADRIAN MARTIN, Sara	10 C.N. Los Cristianos	34.31 - -
23. IZAGUIRRE NESSI, Kassandra Isabel	08 C.N. Teneteide	34.38 - -

Prueba 14, Fem., 50m Mariposa, Absoluto Femenino

Clasificación	AN		Tiempo		
24. PARRONI, Desiree	06	Cn.Salinas Sta.Lucia	36.02	-	-
25. LIMA MÚJICA, Nicole Adriana	10	C.B. Dominicas Vistabella	36.35	-	-
26. DELGADO HERNÁNDEZ, Nora	11	C.D.N. Nadamas Las Marinas	36.58	-	-
27. CASTRO MOLINA, Arianna Valentina	05	A.D. Santa Cruz	36.89	-	-
28. PEREZ RIVERO, Emma	07	Cn.Salinas Sta.Lucia	38.07	-	-
29. CEDRES ESPINOSA, Martina	09	Esna Lanzarote	39.12	-	-
30. FERNANDEZ ALPERI, Noa	11	C.D. Nonadamos	40.26	-	-
31. VARELA MESA, Ines	08	R.C. Náutico De Tenerife	41.85	-	-
32. UMPIERREZ REGUERA, Valentina	09	Esna Lanzarote	44.98	-	-
Baja TACORONTE PEREZ, Daniela	05	C.P.Santa Mª De Guia		-	-
Baja ROJAS PÉREZ, Reina Chiquinquirá	08	A.D. Santa Cruz		-	-
Baja SOCAS REYES, Enma	07	C.B. Dominicas Vistabella		-	-

Prueba 15
02/12/2023

Masc., 50m Mariposa

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo		
1. STRELKOV, Roberto Ivan	93	C.N. Las Palmas	25.42	19,00	-
2. COELLO TEJERA, Adrian	98	A.D. Santa Cruz	25.92	16,00	-
3. MORERA SANCHEZ, Enrique	03	C.N. Las Palmas	26.08	14,00	-
4. PRIETO RODRIGUEZ, Daniel	00	C.D. Herbania	26.31	13,00	-
5. GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	26.36	12,00	-
6. VACCARI, Federico	07	C.N. Metropole	26.38	11,00	-
7. MANZATTO VACCARO, Nicolas	06	Esna Lanzarote	26.52	10,00	-
8. TOGORES RODRIGUEZ, Domingo	97	A.D. Santa Cruz	26.53	9,00	-
9. VALLEJO BUCK, Manuel Philipp	05	C.N. Metropole	26.99	8,00	-
10. MERINO MONTES DE OCA, Alvaro	01	R.C. Náutico De Tenerife	27.05	7,00	-
11. PEREZ GONZALEZ, Fco Javier	90	C.N. Reales	27.54	6,00	-
12. LOPEZ GARCIA, Andreas	98	Cn.Salinas Sta.Lucia	27.74	5,00	-
13. GONZALEZ BAIK, Ángel Nuri	04	C.D. N. Bentacu-Laguna	28.02	4,00	-
14. CARRASCOSA HESTER, Tomas	04	C.D.N. Nadamas Las Marinas	28.20	3,00	-
15. CARRO BONILLA, Cristobal	04	R.C. Náutico De Tenerife	28.35	2,00	-
16. MORALES LEMES, Marcos	05	C.N. Teneteide	28.59	1,00	-
17. PERALES SILVA, Francisco	09	C.N. Los Cristianos	28.65	-	-
18. TAMBINI, Daniele	90	C.D.N. Nadamas Las Marinas	28.70	-	-
19. MENDOZA VEGA, Jorge	06	C.P.Santa Mª De Guia	28.91	-	-
20. LEÓN RODRÍGUEZ, Gerardo	08	C.N. Martianez Coral Hotels	28.92	-	-
21. GONZALEZ DE ARMAS, Betuel	82	C.B. Dominicas Vistabella	29.16	-	-
22. CABRERA GARCIA, Dario	00	C.N. Aguacan	29.29	-	-
23. ALAMO SANTOS, Alberto Bruno	07	Club Deportivo Agaeterun	29.55	-	-
24. GONZALEZ SUAREZ, Ivan	92	C.N. Reales	29.60	-	-
25. SÁNCHEZ EDODEY, Fabio	08	C.N. Martianez Coral Hotels	29.88	-	-
26. KEY RAMÍREZ, Octavio José	10	C.D. N. Bentacu-Laguna	30.37	-	-
27. FALCON LORENZO, Javier	94	Cn.Faynagua C. Telde	30.83	-	-
28. SANTANA REYES, Carmelo	03	Cn.Faynagua C. Telde	30.93	-	-
29. CALLERO MURILLO, Javier	07	Esna Lanzarote	31.05	-	-
30. PLAKHOTNYI, Artur	08	C.N. Los Cristianos	31.25	-	-
31. VIERA VIERA, Acoran	03	C.D. Nonadamos	31.31	-	-
32. RIOS ROMERO, Joaquin	04	C.D. Nonadamos	32.10	-	-
33. LUGO SÁNCHEZ, Lucas	09	C.B. Dominicas Vistabella	32.68	-	-
34. NUEZ CRUZ, Gadiel	09	C.N. Aguacan	32.98	-	-
35. PEREZ MONROY, Javier	09	Cn.Salinas Sta.Lucia	34.65	-	-
36. AVERO RODRIGUEZ, Angel	11	C.D. Herbania	35.33	-	-

Prueba 15, Masc., 50m Mariposa, Absoluto Masculino

Clasificación	AN	Tiempo
37. DAMIANI, Giorgio	12 Club Deportivo Agaeterun	35.88 - -
NP CHAVARREN CORUJO, Asier	98 C.N. Aguacan	- -
NP OUBIÑA CORVALAN, Marcos A	05 Cn.Faynagua C. Telde	- -
Baja NASSEREDDINE MESA, Nash	09 C.B. Dominicas Vistabella	- -

Prueba 16
02/12/2023

Fem., 200m Braza

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. VAZQUEZ HDEZ, Lucia	06 C.D.N. Nadamas Las Marinas	2:42.92 19,00 -
50m: 38.24 38.24 100m: 1:20.35 42.11 150m: 2:01.26 40.91 200m: 2:42.92 41.66		
2. FERNANDEZ VIEIRA, Carolina	08 C.N. Teneteide	2:47.09 16,00 -
50m: 39.69 39.69 100m: 1:22.25 42.56 150m: 2:04.59 42.34 200m: 2:47.09 42.50		
3. CALVICHE FERNANDEZ, Nazaret	87 A.D. Santa Cruz	2:47.70 14,00 -
50m: 40.42 40.42 100m: 1:23.47 43.05 150m: 2:06.22 42.75 200m: 2:47.70 41.48		
4. BASILI, Eleonora	06 C.N. Teneteide	2:48.49 13,00 -
50m: 39.20 39.20 100m: 1:21.46 42.26 150m: 2:04.42 42.96 200m: 2:48.49 44.07		
5. LOPEZ GARCIA, Lorena	04 C.N. Reales	2:50.69 12,00 -
50m: 40.09 40.09 100m: 1:23.28 43.19 150m: 2:07.10 43.82 200m: 2:50.69 43.59		
6. FRANCOS PINEDA, Carlota	05 C.N. Reales	2:52.32 11,00 -
50m: 39.56 39.56 100m: 1:24.65 45.09 150m: 2:09.39 44.74 200m: 2:52.32 42.93		
7. HERNANDEZ ALMENARA, Nerea	07 A.D. Santa Cruz	2:54.17 10,00 -
50m: 41.89 41.89 100m: 1:26.72 44.83 150m: 2:12.07 45.35 200m: 2:54.17 42.10		
8. NAVARRO OLIVEROS, Micaela	06 Esna Lanzarote	2:55.40 9,00 -
50m: 40.28 40.28 100m: 1:25.20 44.92 150m: 2:10.39 45.19 200m: 2:55.40 45.01		
9. MEDINA HERNANDEZ, Jade	10 C.N. Las Palmas	2:55.69 8,00 -
50m: 40.19 40.19 100m: 1:24.99 44.80 150m: 2:10.92 45.93 200m: 2:55.69 44.77		
10. CARDEÑOSA PARRALEJO, Paula	08 Esna Lanzarote	2:56.27 7,00 -
50m: 40.70 40.70 100m: 1:26.20 45.50 150m: 2:12.41 46.21 200m: 2:56.27 43.86		
11. GONZÁLEZ QUINTANA, Valeria	08 C.B. Dominicas Vistabella	2:57.18 6,00 -
50m: 39.86 39.86 100m: 1:25.54 45.68 150m: 2:11.98 46.44 200m: 2:57.18 45.20		
12. GOPAR CORDOBEL, Lily Jeanne	07 C.D.N. Nadamas Las Marinas	2:58.04 5,00 -
50m: 39.08 39.08 100m: 1:25.10 46.02 150m: 2:10.85 45.75 200m: 2:58.04 47.19		
13. ARTELES CARBALLO, Irene	96 C.N. Las Palmas	2:59.21 4,00 -
50m: 41.34 41.34 100m: 1:26.92 45.58 150m: 2:12.91 45.99 200m: 2:59.21 46.30		
14. MENDEZ RAMMIREZ, Zoe	12 Cn.Salinas Sta.Lucia	3:02.29 3,00 -
50m: 42.10 42.10 100m: 1:29.24 47.14 150m: 2:16.48 47.24 200m: 3:02.29 45.81		
15. GONZÁLEZ GONZÁLEZ, Janeth	10 C.N. Aguacan	3:03.27 2,00 -
50m: 42.30 42.30 100m: 1:29.25 46.95 150m: 2:16.81 47.56 200m: 3:03.27 46.46		
16. GLENESK FLORES, Lucia	08 C.D. Herbania	3:06.01 1,00 -
50m: 42.72 42.72 100m: 1:30.98 48.26 150m: 2:17.85 46.87 200m: 3:06.01 48.16		
17. GODOY FALCON, Mª Daniela	06 C.P.Santa Mª De Guia	3:07.60 - -
50m: 43.24 43.24 100m: 1:30.40 47.16 150m: 2:19.88 49.48 200m: 3:07.60 47.72		
18. ROMERO BASTERRECHEA, Andrea	93 C.N. Aguacan	3:08.93 - -
50m: 41.85 41.85 100m: 1:30.17 48.32 150m: 2:19.60 49.43 200m: 3:08.93 49.33		
19. ADRIAN MARTIN, Sara	10 C.N. Los Cristianos	3:10.20 - -
50m: 44.23 44.23 100m: 1:32.78 48.55 150m: 2:21.70 48.92 200m: 3:10.20 48.50		
20. SOCAS REYES, Ariadna	11 C.B. Dominicas Vistabella	3:12.89 - -
50m: 44.72 44.72 100m: 1:34.07 49.35 150m: 2:24.20 50.13 200m: 3:12.89 48.69		

Prueba 16, Fem., 200m Braza, Absoluto Femenino

Clasificación	AN	Tiempo
21. HUGO, Jeanne	11 Club Deportivo Agaeterun	3:14.45 - -
50m: 44.90 44.90 100m: 1:34.05 49.15 150m: 2:23.73 49.68 200m: 3:14.45 50.72		
22. SANISIDRO HERMIDA, Emma	10 C.N. Los Cristianos	3:16.63 - -
50m: 44.79 44.79 100m: 1:34.72 49.93 150m: 2:25.44 50.72 200m: 3:16.63 51.19		
23. PEREZ GONZALEZ DE CHAVES, Clara	10 C.D. N. Bentacu-Laguna	3:19.62 - -
50m: 44.36 44.36 100m: 1:35.36 51.00 150m: 2:27.71 52.35 200m: 3:19.62 51.91		
24. TABARES DE NAVA MIRALLES, Beatriz	06 R.C. Náutico De Tenerife	3:21.32 - -
50m: 45.48 45.48 100m: 1:37.00 51.52 150m: 2:30.51 53.51 200m: 3:21.32 50.81		
25. MELIAN MESA, Anyara	08 C.D. Nonadamos	3:24.30 - -
50m: 45.41 45.41 100m: 1:38.51 53.10 150m: 2:32.06 53.55 200m: 3:24.30 52.24		
26. BALLESTER EXPOSITO, Elena	06 Cn.Salinas Sta.Lucia	3:26.51 - -
50m: 46.70 46.70 100m: 1:39.14 52.44 150m: 2:32.97 53.83 200m: 3:26.51 53.54		
27. ORAMAS MARTINEZ, Beatriz	07 R.C. Náutico De Tenerife	3:29.98 - -
50m: 47.30 47.30 100m: 1:40.12 52.82 150m: 2:35.28 55.16 200m: 3:29.98 54.70		
28. MINOVIC, Kristina	06 C.D. Herbania	3:31.84 - -
50m: 46.86 46.86 100m: 1:39.71 52.85 150m: 2:36.29 56.58 200m: 3:31.84 55.55		
29. MENDOZA GARCÍA, Alba	11 C.D. N. Bentacu-Laguna	3:32.97 - -
50m: 46.99 46.99 100m: 1:42.40 55.41 150m: 2:39.83 57.43 200m: 3:32.97 53.14		
30. JORGE GARCÍA, Mayka	08 Club Deportivo Agaeterun	3:43.31 - -
50m: 51.17 51.17 100m: 1:46.69 55.52 150m: 2:45.40 58.71 200m: 3:43.31 57.91		
Baja GARCIA MONTESDEOCA, Martina	08 C.D. Nonadamos	- -

Prueba 17
02/12/2023

Masc., 200m Braza

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. RAMIREZ SUAREZ, Daniel	02 C.N. Las Palmas	2:23.63 19,00 -
50m: 32.74 32.74 100m: 1:09.09 36.35 150m: 1:45.92 36.83 200m: 2:23.63 37.71		
2. SANCHEZ MEDINA, Ian	06 C.N. Las Palmas	2:23.85 16,00 -
50m: 33.36 33.36 100m: 1:09.20 35.84 150m: 1:46.29 37.09 200m: 2:23.85 37.56		
3. LEON JULIÁ, Marco	09 R.C. Náutico De Tenerife	2:25.55 14,00 -
50m: 34.45 34.45 100m: 1:11.63 37.18 150m: 1:49.27 37.64 200m: 2:25.55 36.28		
4. AFONSO SUAREZ, Ivan	96 A.D. Santa Cruz	2:25.62 13,00 -
50m: 33.62 33.62 100m: 1:10.13 36.51 150m: 1:47.32 37.19 200m: 2:25.62 38.30		
5. CERES, Inti	05 A.D. Santa Cruz	2:34.75 12,00 -
50m: 35.51 35.51 100m: 1:13.96 38.45 150m: 1:53.43 39.47 200m: 2:34.75 41.32		
6. GIL MOLINA, Yoveri Miguel	04 C.N. Metropole	2:36.30 11,00 -
50m: 35.09 35.09 100m: 1:14.72 39.63 150m: 1:54.85 40.13 200m: 2:36.30 41.45		
7. MORLAN OLIVA, Asier	05 R.C. Náutico De Tenerife	2:36.55 10,00 -
50m: 37.07 37.07 100m: 1:17.72 40.65 150m: 1:57.94 40.22 200m: 2:36.55 38.61		
8. MARTEL OJEDA, Raul Jose	01 C.N. Metropole	2:37.20 9,00 -
50m: 34.85 34.85 100m: 1:14.22 39.37 150m: 1:55.69 41.47 200m: 2:37.20 41.51		
9. AMARO HERNANDEZ, Eduardo Asdrub	06 C.N. Teneteide	2:37.85 8,00 -
50m: 36.30 36.30 100m: 1:17.00 40.70 150m: 1:58.02 41.02 200m: 2:37.85 39.83		
10. WLODARCZAK, Wiktor	08 C.N. Los Cristianos	2:38.15 7,00 -
50m: 35.88 35.88 100m: 1:15.98 40.10 150m: 1:58.04 42.06 200m: 2:38.15 40.11		
11. JAEN SERRA, Andreu	06 C.D.N. Nadamas Las Marinas	2:38.62 6,00 -
50m: 35.25 35.25 100m: 1:15.13 39.88 150m: 1:55.88 40.75 200m: 2:38.62 42.74		

Prueba 17, Masc., 200m Braza, Absoluto Masculino

Clasificación	AN				Tiempo			
12. SANTANA VALIDO, Alan	05	C.N. Aguacan	2:43.34	5,00	-			
50m: 37.66 37.66	100m: 1:19.86	42.20	150m: 2:01.29	41.43	200m: 2:43.34	42.05		
13. MEYER, Alber Sebastian	06	C.N. Los Cristianos	2:43.46	4,00	-			
50m: 36.80 36.80	100m: 1:18.30	41.50	150m: 2:00.83	42.53	200m: 2:43.46	42.63		
14. SUAREZ MONTERO, Nicolas	07	C.D. Herbania	2:44.21	3,00	-			
50m: 37.26 37.26	100m: 1:19.73	42.47	150m: 2:02.93	43.20	200m: 2:44.21	41.28		
15. BORGIS, Marko	06	C.N. Teneteide	2:45.36	2,00	-			
50m: 37.03 37.03	100m: 1:18.74	41.71	150m: 2:03.14	44.40	200m: 2:45.36	42.22		
16. HERNÁNDEZ MÉNDEZ, Julio	07	C.N. Martiane Coral Hotels	2:45.82	1,00	-			
50m: 36.20 36.20	100m: 1:18.59	42.39	150m: 2:02.41	43.82	200m: 2:45.82	43.41		
17. CABRERA GUADALUPE, Javier	05	C.D.N. Nadamas Las Marinas	2:46.32	-	-			
50m: 36.70 36.70	100m: 1:19.98	43.28	150m: 2:04.03	44.05	200m: 2:46.32	42.29		
18. NAVARRO OLIVEROS, Gabriel	08	Esna Lanzarote	2:46.94	-	-			
50m: 38.25 38.25	100m: 1:21.66	43.41	150m: 2:04.77	43.11	200m: 2:46.94	42.17		
19. VEGA RODRÍGUEZ, Javier	08	C.B. Dominicas Vistabella	2:48.40	-	-			
50m: 37.71 37.71	100m: 1:21.98	44.27	150m: 2:07.30	45.32	200m: 2:48.40	41.10		
20. GAURISHANKER NAVARRO, Elgin	08	Cn.Salinas Sta.Lucia	2:49.27	-	-			
50m: 38.79 38.79	100m: 1:21.45	42.66	150m: 2:05.41	43.96	200m: 2:49.27	43.86		
21. MESA LÓPEZ, Marcos	08	C.N. Martiane Coral Hotels	2:50.07	-	-			
50m: 37.94 37.94	100m: 1:21.21	43.27	150m: 2:06.05	44.84	200m: 2:50.07	44.02		
22. GARCIA STAGE-SOE, Sebastian	09	Esna Lanzarote	2:55.64	-	-			
50m: 38.82 38.82	100m: 1:23.92	45.10	150m: 2:10.38	46.46	200m: 2:55.64	45.26		
23. PEREZ CERVILLA, Daniel	07	C.D. Nonadamos	2:56.25	-	-			
50m: 40.70 40.70	100m: 1:25.61	44.91	150m: 2:11.36	45.75	200m: 2:56.25	44.89		
24. NASSEREDDINE MESA, Nash	09	C.B. Dominicas Vistabella	2:56.31	-	-			
50m: 41.82 41.82	100m: 1:28.58	46.76	150m: 2:13.02	44.44	200m: 2:56.31	43.29		
25. LEON TRUJILLO, Ernesto	01	Cn.Salinas Sta.Lucia	2:56.95	-	-			
50m: 38.43 38.43	100m: 1:22.44	44.01	150m: 2:09.64	47.20	200m: 2:56.95	47.31		
26. GALVAN FRANCO, Jose Marcial	05	Cn.Faynagua C. Telde	3:02.09	-	-			
50m: 41.22 41.22	100m: 1:27.60	46.38	150m: 2:15.63	48.03	200m: 3:02.09	46.46		
27. DE LEON GONZALEZ, Diego	10	C.D. N. Bentacu-Laguna	3:04.91	-	-			
50m: 40.75 40.75	100m: 1:26.24	45.49	150m: 2:17.02	50.78	200m: 3:04.91	47.89		
28. ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun	3:08.99	-	-			
50m: 43.55 43.55	100m: 1:31.80	48.25	150m: 2:20.80	49.00	200m: 3:08.99	48.19		
29. RODRIGUEZ MORINIGO, Aritz	09	C.D. Herbania	3:12.93	-	-			
50m: 44.05 44.05	100m: 1:30.99	46.94	150m: 2:20.64	49.65	200m: 3:12.93	52.29		
30. ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun	3:16.82	-	-			
50m: 44.82 44.82	100m: 1:35.50	50.68	150m: 2:27.54	52.04	200m: 3:16.82	49.28		
31. GONZÁLEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guia	3:21.65	-	-			
50m: 43.71 43.71	100m: 1:34.67	50.96	150m: 2:28.74	54.07	200m: 3:21.65	52.91		
32. ORTIZ DÁVILA, Joaquín	08	C.D. N. Bentacu-Laguna	3:23.63	-	-			
50m: 44.22 44.22	100m: 1:36.27	52.05	150m: 2:30.40	54.13	200m: 3:23.63	53.23		
33. VAN KERKHOF REGUERO, Jesper	09	Cn.Faynagua C. Telde	3:24.94	-	-			
50m: 46.54 46.54	100m: 1:38.79	52.25	150m: 2:32.61	53.82	200m: 3:24.94	52.33		
DSQ HERNANDEZ GONZALEZ, Enrique	89	C.N. Aguacan		-	-			
DVI - Desc Viraje Irregular								
NP SANTANA PEREZ, Saul Carmelo	02	C.N. Las Palmas		-	-			
NP GARCIA GALAN, Javier	06	C.B. Dominicas Vistabella		-	-			

Prueba 18
02/12/2023

Fem., 100m Espalda

Absoluto Femenino
Resultados

Clasificación	AN					Tiempo		
1.	HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas	1:07.04	19,00	-		
	50m: 32.52 32.52 100m: 1:07.04		34.52					
2.	MORENO ARMAS, Ainara	07	C.N. Teneteide	1:07.06	16,00	-		
	50m: 32.12 32.12 100m: 1:07.06		34.94					
3.	HERNÁNDEZ CASTRILLO, Yessica	00	C.N. Aguacan	1:08.18	14,00	-		
	50m: 33.27 33.27 100m: 1:08.18		34.91					
4.	MATOS QUEVEDO, Lucía	04	C.N. Las Palmas	1:09.81	13,00	-		
	50m: 33.35 33.35 100m: 1:09.81		36.46					
5.	SARABIA OUBIÑA, Ariadna	08	C.D. Nonadamos	1:11.41	12,00	-		
	50m: 34.77 34.77 100m: 1:11.41		36.64					
6.	FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia	1:11.99	11,00	-		
	50m: 34.85 34.85 100m: 1:11.99		37.14					
7.	RIJO MARTIN, Sara	08	Esna Lanzarote	1:12.24	10,00	-		
	50m: 35.63 35.63 100m: 1:12.24		36.61					
8.	SAIZ PEREZ, Mar	08	C.N. Los Cristianos	1:12.69	9,00	-		
	50m: 35.59 35.59 100m: 1:12.69		37.10					
9.	POMPIDOU, Eva Océane	00	C.N. Martianeze Coral Hotels	1:13.16	8,00	-		
	50m: 35.46 35.46 100m: 1:13.16		37.70					
10.	MORALES FAJARDO, Nora	10	C.D.N. Nadamas Las Marinas	1:13.37	7,00	-		
	50m: 35.69 35.69 100m: 1:13.37		37.68					
11.	BONILLA BORDON, Ines	06	C.N. Aguacan	1:13.73	6,00	-		
	50m: 35.36 35.36 100m: 1:13.73		38.37					
12.	CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz	1:14.02	5,00	-		
	50m: 35.82 35.82 100m: 1:14.02		38.20					
13.	SASU BODARNEA, Natalia Emilia	08	C.D.N. Nadamas Las Marinas	1:14.23	4,00	-		
	50m: 37.74 37.74 100m: 1:14.23		36.49					
14.	FERNANDEZ VIEIRA, Carolina	08	C.N. Teneteide	1:14.48	3,00	-		
	50m: 36.69 36.69 100m: 1:14.48		37.79					
15.	ORTEGA GUTIÉRREZ, Eugenia	11	C.B. Dominicas Vistabella	1:14.85	2,00	-		
	50m: 36.85 36.85 100m: 1:14.85		38.00					
16.	WOLGESCHAFFEN FERNANDEZ, Pat09a		C.N. Reales	1:15.34	1,00	-		
	50m: 35.55 35.55 100m: 1:15.34		39.79					
17.	GODOY GARCIA, Gara	07	C.P.Santa Mª De Guia	1:16.75	-	-		
	50m: 37.14 37.14 100m: 1:16.75		39.61					
18.	GIMENEZ CASTILLA, Maria	07	Cn.Faynagua C. Telde	1:17.21	-	-		
	50m: 38.23 38.23 100m: 1:17.21		38.98					
19.	BOTÍ RUIZ-BENÍTEZ DE LUGO, Cristina	07	C.B. Dominicas Vistabella	1:17.78	-	-		
	50m: 37.06 37.06 100m: 1:17.78		40.72					
20.	RODRIGUEZ BRITO, Sara	04	R.C. Náutico De Tenerife	1:17.84	-	-		
	50m: 37.45 37.45 100m: 1:17.84		40.39					
21.	TOVAR MORENO, Estephania	03	A.D. Santa Cruz	1:18.36	-	-		
	50m: 37.52 37.52 100m: 1:18.36		40.84					
22.	PEREZ DIAZ, Natalia	07	C.N. Los Cristianos	1:18.47	-	-		
	50m: 37.70 37.70 100m: 1:18.47		40.77					
23.	MACHIN FERNANDEZ, Martina	06	C.D. N. Bentacu-Laguna	1:19.04	-	-		
	50m: 38.38 38.38 100m: 1:19.04		40.66					

Prueba 18, Fem., 100m Espalda, Absoluto Femenino

Clasificación	AN					Tiempo		
24.	FAJARDO SANCHEZ, Yaneli	05	C.D. Herbania	1:21.92	-	-		
	50m: 39.63 39.63 100m:		42.29					
25.	CALZADILLA SOCAS, Rebeca	08	C.D. N. Bentacu-Laguna	1:22.92	-	-		
	50m: 40.47 40.47 100m:		42.45					
26.	MEDINA HERNÁNDEZ, Sofía	07	C.N. Martianeze Coral Hotels	1:23.58	-	-		
	50m: 40.21 40.21 100m:		43.37					
27.	CEDRES ESPINOSA, Valeria	09	Esna Lanzarote	1:30.43	-	-		
	50m: 43.75 43.75 100m:		46.68					
28.	REDONDO CORREA, Claudia	07	R.C. Náutico De Tenerife	1:32.46	-	-		
	50m: 45.04 45.04 100m:		47.42					
29.	FAJARDO SANCHEZ, Valeria	11	C.D. Herbania	1:33.41	-	-		
	50m: 45.33 45.33 100m:		48.08					
30.	ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia	1:33.81	-	-		
	50m: 44.13 44.13 100m:		49.68					
31.	ÁLAMO SANTOS, Rocío	11	Club Deportivo Agaeterun	1:33.87	-	-		
	50m: 46.98 46.98 100m:		46.89					
32.	SANTANA RÍO, Leire	12	Club Deportivo Agaeterun	1:36.70	-	-		
	50m: 49.16 49.16 100m:		47.54					
33.	CARRASCOSA SANTAMARIA, Sara	08	Cn.Faynagua C. Telde	1:42.43	-	-		
	50m: 49.18 49.18 100m:		53.25					
Baja	BINEATA SARGHI, Beatrice Valeria	07	C.D. Nonadamos		-	-		

Prueba 19
02/12/2023

Masc., 100m Espalda

Absoluto Masculino
Resultados

Clasificación	AN						Tiempo		
1.	VEGA SOSA, Juan Iriney				05	C.N. Las Palmas	58.19	19,00	-
	50m:	28.07	28.07	100m:	58.19	30.12			
2.	MARTIN BETANCOR, Danilo				07	C.N. Las Palmas	59.37	16,00	-
	50m:	28.82	28.82	100m:	59.37	30.55			
3.	FLORES RODRIGUEZ, Daniel				03	C.N. Metropole	1:00.31	14,00	-
	50m:	29.33	29.33	100m:	1:00.31	30.98			
4.	PRIETO RODRIGUEZ, Daniel				00	C.D. Herbania	1:00.33	13,00	-
	50m:	29.65	29.65	100m:	1:00.33	30.68			
5.	DIAZ GARCIA, Samuel Manuel				03	R.C. Náutico De Tenerife	1:01.19	12,00	-
	50m:	29.38	29.38	100m:	1:01.19	31.81			
6.	BELAMENDIA COTORRUELO, Gerald				07	C.N. Teneteide	1:01.49	11,00	-
	50m:	29.65	29.65	100m:	1:01.49	31.84			
7.	MARTÍN GARCÍA, Mario				04	C.N. Martianeze Coral Hotels	1:02.13	10,00	-
	50m:	29.80	29.80	100m:	1:02.13	32.33			
8.	TAVIO MEDINA, Emilio Jose				02	A.D. Santa Cruz	1:03.00	9,00	-
	50m:	30.72	30.72	100m:	1:03.00	32.28			
9.	SALUTREGUI GOMEZ, Nicolas				01	C.N. Aguacan	1:03.65	8,00	-
	50m:	30.70	30.70	100m:	1:03.65	32.95			
10.	GARCIA MORENO, Jorge				00	C.D.N. Nadamas Las Marinas	1:03.97	7,00	-
	50m:	30.95	30.95	100m:	1:03.97	33.02			
11.	NUÑEZ ALONSO, Javier				07	C.N. Metropole	1:04.54	6,00	-
	50m:	30.96	30.96	100m:	1:04.54	33.58			

Prueba 19, Masc., 100m Espalda, Absoluto Masculino

Clasificación				AN				Tiempo		
12.	CURTIS LORENZO, Nathan	07	C.B. Dominicas Vistabella	1:04.98	33.29	50m:	31.69	31.69	100m:	1:04.98
13.	MENDOZA HERNANDEZ, Oscar	03	C.N. Los Cristianos	1:05.00	33.67	50m:	31.33	31.33	100m:	1:05.00
14.	PALACIOS HORMIGA, Aday	04	C.N. Teneteide	1:05.20	33.72	50m:	31.48	31.48	100m:	1:05.20
15.	SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	1:05.34	33.39	50m:	31.95	31.95	100m:	1:05.34
16.	MORENO ALVAREZ, Alexis	08	C.B. Dominicas Vistabella	1:05.69	33.89	50m:	31.80	31.80	100m:	1:05.69
17.	VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	1:06.11	34.66	50m:	31.45	31.45	100m:	1:06.11
18.	GARCÍA MESA, Rayco	10	C.N. Reales	1:06.46	34.31	50m:	32.15	32.15	100m:	1:06.46
19.	RAMIREZ MORALES, Sergio C.	03	Cn.Faynagua C. Telde	1:06.61	34.55	50m:	32.06	32.06	100m:	1:06.61
20.	DOS REIS SANTANA, Alejandro	04	C.N. Aguacan	1:07.20	34.28	50m:	32.92	32.92	100m:	1:07.20
21.	CERES, Inti	05	A.D. Santa Cruz	1:07.25	34.50	50m:	32.75	32.75	100m:	1:07.25
22.	BELLO HERNANDEZ, Sergio	04	C.N. Reales	1:07.90	35.21	50m:	32.69	32.69	100m:	1:07.90
23.	PINTO PEREZ, Sergio	00	R.C. Náutico De Tenerife	1:08.54	35.52	50m:	33.02	33.02	100m:	1:08.54
24.	PADRON MIGUELEZ, Matias	08	C.D.N. Nadamas Las Marinas	1:10.15	35.92	50m:	34.23	34.23	100m:	1:10.15
25.	CAMPANALUNGA MORALES, Enzo	08	Cn.Faynagua C. Telde	1:12.86	37.51	50m:	35.35	35.35	100m:	1:12.86
26.	ARTEAGA PEREYRA, Marco	08	Esna Lanzarote	1:13.65	37.16	50m:	36.49	36.49	100m:	1:13.65
27.	OLIVER GARCÍA, Jesús	05	C.D. N. Bentacu-Laguna	1:14.14	38.53	50m:	35.61	35.61	100m:	1:14.14
28.	SUAREZ TORRES, Pablo	07	Cn.Salinas Sta.Lucia	1:14.63	39.01	50m:	35.62	35.62	100m:	1:14.63
29.	TOBAL FEBLES, Gabriel	10	C.D. Herbania	1:16.00	39.04	50m:	36.96	36.96	100m:	1:16.00
30.	SANTANA ACUÑA, Gorka	09	C.D. Nonadamos	1:16.42	38.63	50m:	37.79	37.79	100m:	1:16.42
31.	GONZÁLEZ GONZÁLEZ, Diego	08	C.D. N. Bentacu-Laguna	1:19.81	41.91	50m:	37.90	37.90	100m:	1:19.81
32.	NOBREGA AGUIAR, Carlos	08	C.P.Santa Mª De Guia	1:21.91	43.57	50m:	38.34	38.34	100m:	1:21.91
33.	DAMIANI, Giorgio	12	Club Deportivo Agaeterun	1:24.65	43.82	50m:	40.83	40.83	100m:	1:24.65
DSQ	GUTIÉRREZ MORENO, Lucas del Carr	11	Club Deportivo Agaeterun			<i>DNI - Desc Nado Irregular</i>				
NP	TORREIRO MARTINEZ, Carlos	06	C.D. Herbania							
NP	DEL PINO SEGURA, Abel	07	C.N. Aguacan							
NP	HERRERA TORRES, Carlos	04	C.N. Metropole							

Prueba 19, Masc., 100m Espalda, Absoluto Masculino

Clasificación	AN	Tiempo
Baja DIAZ GONZALEZ, Pablo	03 A.D. Santa Cruz	- -
Baja FERNANDEZ ALPERI, Herminio	08 C.D.N. Nadamas Las Marinas	- -
Baja PORRERO MARTIN, Jorge	07 C.N. Teneteide	- -
Baja TALLO PEREZ, Bruno	10 R.C. Náutico De Tenerife	- -

Prueba 20
02/12/2023

Fem., 1500m Libre

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. JAEN SERRA, Naira	08 C.D.N. Nadamas Las Marinas	17:48.59 38,0019
50m: 30.83 30.83 400m: 4:35.06 35.28 800m: 9:23.26 36.26 1150m: 13:37.65 36.46		
100m: 1:04.77 33.94 450m: 5:11.35 36.29 850m: 9:59.11 35.85 1200m: 14:14.07 36.42		
150m: 1:39.61 34.84 500m: 5:46.66 35.31 900m: 10:35.39 36.28 1250m: 14:50.42 36.35		
200m: 2:14.48 34.87 600m: 6:58.64 1:11.98 950m: 11:11.83 36.44 1300m: 15:26.92 36.50		
250m: 2:49.63 35.15 650m: 7:34.75 36.11 1000m: 11:48.00 36.17 1350m: 16:02.15 35.23		
300m: 3:24.52 34.89 700m: 8:10.97 36.22 1050m: 12:24.50 36.50 1400m: 16:38.33 36.18		
350m: 3:59.78 35.26 750m: 8:47.00 36.03 1100m: 13:01.19 36.69 1500m: 17:48.59 1:10.26		
2. ULIBARRI SANCHEZ, Ines	09 C.N. Las Palmas	18:04.87 32,0016
50m: 32.69 32.69 450m: 5:20.60 36.12 850m: 10:11.51 36.63 1250m: 15:04.57 36.40		
100m: 1:08.65 35.96 500m: 5:56.52 35.92 900m: 10:48.29 36.78 1300m: 15:40.90 36.33		
150m: 1:44.29 35.64 550m: 6:32.87 36.35 950m: 11:25.04 36.75 1350m: 16:17.30 36.40		
200m: 2:20.20 35.91 600m: 7:09.13 36.26 1000m: 12:01.74 36.70 1400m: 16:53.70 36.40		
250m: 2:56.36 36.16 650m: 7:45.35 36.22 1050m: 12:38.63 36.89 1450m: 17:30.11 36.41		
300m: 3:32.29 35.93 700m: 8:21.97 36.62 1100m: 13:15.14 36.51 1500m: 18:04.87 34.76		
350m: 4:08.52 36.23 750m: 8:58.17 36.20 1150m: 13:51.54 36.40		
400m: 4:44.48 35.96 800m: 9:34.88 36.71 1200m: 14:28.17 36.63		
3. SCARPA, Barbara	08 C.N. Reales	18:30.72 28,0014
50m: 33.34 33.34 300m: 3:34.79 36.98 600m: 7:18.55 1:14.60 1100m: 13:33.12 1:14.00		
100m: 1:08.81 35.47 350m: 4:11.89 37.10 700m: 8:33.55 1:15.00 1200m: 14:47.96 1:14.84		
150m: 1:45.24 36.43 400m: 4:49.51 37.62 800m: 9:48.99 1:15.44 1400m: 17:18.46 2:30.50		
200m: 2:21.32 36.08 450m: 5:26.80 37.29 900m: 11:04.12 1:15.13 1500m: 18:30.72 1:12.26		
250m: 2:57.81 36.49 500m: 6:03.95 37.15 1000m: 12:19.12 1:15.00		
4. DE CASTRO URQUIOLA, Helena	04 C.N. Aguacan	19:08.69 26,0013
50m: 33.32 33.32 450m: 5:35.03 38.91 850m: 10:47.15 39.37 1250m: 16:00.13 38.73		
100m: 1:09.35 36.03 500m: 6:13.61 38.58 900m: 11:26.38 39.23 1300m: 16:38.69 38.56		
150m: 1:45.58 36.23 550m: 6:52.51 38.90 950m: 12:06.17 39.79 1350m: 17:17.46 38.77		
200m: 2:22.90 37.32 600m: 7:31.30 38.79 1000m: 12:45.31 39.14 1400m: 17:55.97 38.51		
250m: 3:00.57 37.67 650m: 8:10.10 38.80 1050m: 13:24.53 39.22 1450m: 18:33.94 37.97		
300m: 3:38.74 38.17 700m: 8:49.23 39.13 1100m: 14:03.72 39.19 1500m: 19:08.69 34.75		
350m: 4:17.09 38.35 750m: 9:28.35 39.12 1150m: 14:42.73 39.01		
400m: 4:56.12 39.03 800m: 10:07.78 39.43 1200m: 15:21.40 38.67		
5. LOPEZ SOSA, Carla	09 Cn.Salinas Sta.Lucia	19:10.49 24,0012
50m: 34.91 34.91 450m: 5:40.90 38.57 850m: 10:51.60 38.82 1250m: 16:02.12 38.40		
100m: 1:12.31 37.40 500m: 6:19.57 38.67 900m: 11:30.73 39.13 1300m: 16:40.61 38.49		
150m: 1:50.39 38.08 550m: 6:57.99 38.42 950m: 12:09.58 38.85 1350m: 17:19.31 38.70		
200m: 2:29.06 38.67 600m: 7:36.81 38.82 1000m: 12:48.67 39.09 1400m: 17:57.85 38.54		
250m: 3:07.11 38.05 650m: 8:15.77 38.96 1050m: 13:27.52 38.85 1450m: 18:35.78 37.93		
300m: 3:45.53 38.42 700m: 8:54.85 39.08 1100m: 14:06.18 38.66 1500m: 19:10.49 34.71		
350m: 4:23.79 38.26 750m: 9:33.62 38.77 1150m: 14:44.99 38.81		
400m: 5:02.33 38.54 800m: 10:12.78 39.16 1200m: 15:23.72 38.73		
6. ACOSTA GONZALEZ, Carolina	08 C.N. Teneteide	19:19.66 22,0011
50m: 34.31 34.31 450m: 5:40.06 38.43 850m: 10:48.54 39.11 1250m: 16:03.80 38.84		
100m: 1:11.13 36.82 500m: 6:18.96 38.90 900m: 11:27.63 39.09 1300m: 16:43.16 39.36		
150m: 1:49.51 38.38 550m: 6:57.90 38.94 950m: 12:06.85 39.22 1350m: 17:22.98 39.82		
200m: 2:27.75 38.24 600m: 7:35.78 37.88 1000m: 12:46.41 39.56 1400m: 18:02.62 39.64		
250m: 3:05.82 38.07 650m: 8:13.18 37.40 1050m: 13:25.81 39.40 1450m: 18:41.60 38.98		
300m: 3:44.38 38.56 700m: 8:51.91 38.73 1100m: 14:05.66 39.85 1500m: 19:19.66 38.06		
350m: 4:22.97 38.59 750m: 9:30.29 38.38 1150m: 14:45.28 39.62		
400m: 5:01.63 38.66 800m: 10:09.43 39.14 1200m: 15:24.96 39.68		

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación

AN

Tiempo

7.	SANTANA FLORES, Ainhoa	01	Cn.Faynagua C. Telde	20:25.74	20,00	10
50m:	35.88	35.88	450m: 5:59.45	41.35	850m: 11:30.10	41.26
100m:	1:15.54	39.66	500m: 6:41.30	41.85	900m: 12:11.40	41.30
150m:	1:55.58	40.04	550m: 7:22.79	41.49	950m: 12:52.40	41.00
200m:	2:35.62	40.04	600m: 8:03.74	40.95	1000m: 13:34.29	41.89
250m:	3:15.63	40.01	650m: 8:44.97	41.23	1050m: 14:15.61	41.32
300m:	3:56.00	40.37	700m: 9:26.30	41.33	1100m: 14:57.23	41.62
350m:	4:37.36	41.36	750m: 10:07.62	41.32	1150m: 15:38.51	41.28
400m:	5:18.10	40.74	800m: 10:48.84	41.22	1200m: 16:20.21	41.70
1250m:	17:02.18	41.97				
1300m:	17:43.97	41.79				
1350m:	18:25.65	41.68				
1400m:	19:07.13	41.48				
1450m:	19:48.57	41.44				
1500m:	20:25.74	37.17				
8.	GONZÁLEZ RODRÍGUEZ, Leyre Maria	10	C.B. Dominicas Vistabella	20:55.07	18,00	9
50m:	36.69	36.69	300m: 4:00.73	41.18	700m: 9:35.78	1:24.29
100m:	1:15.94	39.25	400m: 5:24.46	1:23.73	800m: 10:59.64	1:23.86
150m:	1:56.75	40.81	450m: 6:06.00	41.54	900m: 12:25.16	1:25.52
200m:	2:38.12	41.37	500m: 6:47.76	41.76	1000m: 13:51.58	1:26.42
250m:	3:19.55	41.43	600m: 8:11.49	1:23.73	1100m: 15:16.91	1:25.33
1200m:	16:42.11	1:25.20				
1300m:	18:07.98	1:25.87				
1400m:	19:33.36	1:25.38				
1500m:	20:55.07	1:21.71				
9.	CABRERA SUAREZ, Julia	09	A.D. Santa Cruz	21:07.81	16,00	8
50m:	36.51	36.51	400m: 5:28.71	1:24.50	800m: 11:08.85	1:25.80
100m:	1:17.61	41.10	500m: 6:52.66	1:23.95	900m: 12:34.66	1:25.81
200m:	2:40.24	1:22.63	600m: 8:18.47	1:25.81	1000m: 14:00.63	1:25.97
300m:	4:04.21	1:23.97	700m: 9:43.05	1:24.58	1100m: 15:25.00	1:24.37
1200m:	16:51.80	1:26.80				
1300m:	18:17.02	1:25.22				
1400m:	19:43.03	1:26.01				
1500m:	21:07.81	1:24.78				
10.	QUINTANA SUAREZ, Miriam	10	Club Deportivo Agaeterun	21:29.11	14,00	7
50m:	36.39	36.39	450m: 6:16.34	44.11	850m: 12:05.72	44.16
100m:	1:15.98	39.59	500m: 7:00.91	44.57	900m: 12:49.49	43.77
150m:	1:58.13	42.15	550m: 7:43.56	42.65	950m: 13:33.51	44.02
200m:	2:40.32	42.19	600m: 8:26.67	43.11	1000m: 14:17.22	43.71
250m:	3:22.69	42.37	650m: 9:10.77	44.10	1050m: 15:00.46	43.24
300m:	4:06.03	43.34	700m: 9:54.55	43.78	1100m: 15:44.27	43.81
350m:	4:48.99	42.96	750m: 10:37.26	42.71	1150m: 16:28.73	44.46
400m:	5:32.23	43.24	800m: 11:21.56	44.30	1200m: 17:12.14	43.41
1250m:	17:56.29	44.15				
1300m:	18:40.69	44.40				
1350m:	19:24.65	43.96				
1400m:	20:07.42	42.77				
1450m:	20:50.05	42.63				
1500m:	21:29.11	39.06				
11.	BINEATA SARGHI, Beatrice Valeria	07	C.D. Nonadamos	21:33.98	12,00	6
50m:	38.13	38.13	450m: 6:14.08	41.69	850m: 11:56.26	43.44
100m:	1:19.70	41.57	500m: 6:55.88	41.80	900m: 12:39.67	43.41
150m:	2:02.09	42.39	550m: 7:38.63	42.75	950m: 13:23.02	43.35
200m:	2:43.66	41.57	600m: 8:20.81	42.18	1000m: 14:06.10	43.08
250m:	3:25.70	42.04	650m: 9:03.96	43.15	1050m: 14:50.77	44.67
300m:	4:07.96	42.26	700m: 9:47.03	43.07	1100m: 15:35.61	44.84
350m:	4:50.35	42.39	750m: 10:29.75	42.72	1150m: 16:19.61	44.00
400m:	5:32.39	42.04	800m: 11:12.82	43.07	1200m: 17:04.19	44.58
1250m:	17:49.35	45.16				
1300m:	18:34.45	45.10				
1350m:	19:19.70	45.25				
1400m:	20:02.22	42.52				
1450m:	20:51.76	49.54				
1500m:	21:33.98	42.22				
12.	PEREZ LUIS, Lucia	08	C.D. Herbania	21:43.31	10,00	5
50m:	36.35	36.35	450m: 6:14.65	44.14	850m: 12:08.08	43.67
100m:	1:17.08	40.73	500m: 6:59.72	45.07	900m: 12:52.66	44.58
150m:	1:58.84	41.76	550m: 7:43.43	43.71	950m: 13:37.61	44.95
200m:	2:40.77	41.93	600m: 8:27.65	44.22	1000m: 14:22.56	44.95
250m:	3:22.63	41.86	650m: 9:11.67	44.02	1050m: 15:05.70	43.14
300m:	4:05.23	42.60	700m: 9:56.05	44.38	1100m: 15:50.98	45.28
350m:	4:47.92	42.69	750m: 10:40.47	44.42	1150m: 16:35.79	44.81
400m:	5:30.51	42.59	800m: 11:24.41	43.94	1200m: 17:20.86	45.07
1250m:	18:05.56	44.70				
1300m:	18:50.57	45.01				
1350m:	19:35.57	45.00				
1400m:	20:19.45	43.88				
1450m:	21:01.97	42.52				
1500m:	21:43.31	41.34				
13.	CASANOVA MELO, Julene	06	C.D. N. Bentacu-Laguna	21:55.40	8,00	4
50m:	37.59	37.59	450m: 6:26.41	43.89	850m: 12:18.90	44.30
100m:	1:19.72	42.13	500m: 7:10.82	44.41	900m: 13:03.08	44.18
150m:	2:03.31	43.59	550m: 7:54.95	44.13	950m: 13:47.83	44.75
200m:	2:47.12	43.81	600m: 8:38.83	43.88	1000m: 14:33.04	45.21
250m:	3:30.87	43.75	650m: 9:22.75	43.92	1050m: 15:17.49	44.45
300m:	4:14.44	43.57	700m: 10:06.42	43.67	1100m: 16:01.66	44.17
350m:	4:58.49	44.05	750m: 10:50.45	44.03	1150m: 16:46.10	44.44
400m:	5:42.52	44.03	800m: 11:34.60	44.15	1200m: 17:30.14	44.04
1250m:	18:14.03	43.89				
1300m:	18:58.20	44.17				
1350m:	19:43.08	44.88				
1400m:	20:28.40	45.32				
1450m:	21:13.26	44.86				
1500m:	21:55.40	42.14				

Prueba 20, Fem., 1500m Libre, Absoluto Femenino

Clasificación				AN		Tiempo						
14.	PEREZ LOPEZ, Naira			09	Esna Lanzarote				22:30.75	6,00	3	
	50m:	37.50	37.50	450m:	6:26.60	44.59	850m:	12:30.63	46.70	1250m:	18:43.58	46.59
	100m:	1:18.26	40.76	500m:	7:11.15	44.55	900m:	13:17.62	46.99	1300m:	19:29.63	46.05
	150m:	2:01.47	43.21	550m:	7:55.90	44.75	950m:	14:04.42	46.80	1350m:	20:15.67	46.04
	200m:	2:45.08	43.61	600m:	8:40.56	44.66	1000m:	14:51.15	46.73	1400m:	21:01.39	45.72
	250m:	3:29.03	43.95	650m:	9:26.16	45.60	1050m:	15:38.12	46.97	1450m:	21:46.77	45.38
	300m:	4:13.26	44.23	700m:	10:12.31	46.15	1100m:	16:25.14	47.02	1500m:	22:30.75	43.98
	350m:	4:57.37	44.11	750m:	10:58.18	45.87	1150m:	17:11.69	46.55			
	400m:	5:42.01	44.64	800m:	11:43.93	45.75	1200m:	17:56.99	45.30			
15.	GUEVARA CROSA, Nairim Ariadne			08	C.N. Los Cristianos				26:18.49	4,00	2	
	50m:	44.68	44.68	250m:	4:06.64	52.16	600m:	10:14.33	1:44.90	1100m:	19:07.72	1:48.79
	100m:	1:33.04	48.36	300m:	5:00.03	53.39	800m:	13:46.03	3:31.70	1200m:	20:57.24	1:49.52
	150m:	2:23.45	50.41	400m:	6:44.99	1:44.96	900m:	15:32.71	1:46.68	1400m:	24:33.59	3:36.35
	200m:	3:14.48	51.03	500m:	8:29.43	1:44.44	1000m:	17:18.93	1:46.22	1500m:	26:18.49	1:44.90
EXH	GONZALEZ RAMIREZ, Marta			09	Cn.Faynagua C. Telde						-	-
EXH	ACUÑA VANKOVA, Bianca			08	C.D. Nonadamos						-	-
EXH	RODRÍGUEZ PALMERO, Claudia			08	C.N. Teneteide						-	-
EXH	MEJIAS INGLOTT, Valeria			08	C.N. Las Palmas				18:07.62		-	-
	50m:	33.52	33.52	450m:	5:21.26	36.41	850m:	10:13.96	36.82	1250m:	15:07.09	36.33
	100m:	1:08.87	35.35	500m:	5:57.61	36.35	900m:	10:51.04	37.08	1300m:	15:43.71	36.62
	150m:	1:44.71	35.84	550m:	6:33.99	36.38	950m:	11:27.85	36.81	1350m:	16:20.08	36.37
	200m:	2:20.77	36.06	600m:	7:10.31	36.32	1000m:	12:04.87	37.02	1400m:	16:56.59	36.51
	250m:	2:56.73	35.96	650m:	7:46.95	36.64	1050m:	12:41.49	36.62	1450m:	17:32.61	36.02
	300m:	3:32.74	36.01	700m:	8:23.67	36.72	1100m:	13:17.91	36.42	1500m:	18:07.62	35.01
	350m:	4:08.73	35.99	750m:	9:00.42	36.75	1150m:	13:54.32	36.41			
	400m:	4:44.85	36.12	800m:	9:37.14	36.72	1200m:	14:30.76	36.44			
EXH	RODRIGUEZ DIAZ, Maria			11	C.N. Teneteide				19:32.45		-	-
	50m:	35.67	35.67	450m:	5:46.58	39.29	850m:	11:01.23	39.46	1250m:	16:17.74	39.46
	100m:	1:13.92	38.25	500m:	6:28.97	42.39	900m:	11:40.98	39.75	1300m:	16:57.41	39.67
	150m:	1:52.76	38.84	550m:	7:05.32	36.35	950m:	12:20.14	39.16	1350m:	17:36.87	39.46
	200m:	2:31.30	38.54	600m:	7:44.45	39.13	1000m:	12:59.70	39.56	1400m:	18:15.81	38.94
	250m:	3:10.22	38.92	650m:	8:23.93	39.48	1050m:	13:39.37	39.67	1450m:	18:54.29	38.48
	300m:	3:49.17	38.95	700m:	9:03.31	39.38	1100m:	14:18.76	39.39	1500m:	19:32.45	38.16
	350m:	4:28.04	38.87	750m:	9:42.33	39.02	1150m:	14:58.55	39.79			
	400m:	5:07.29	39.25	800m:	10:21.77	39.44	1200m:	15:38.28	39.73			

Prueba 21
02/12/2023

Masc., 4 x 200m Libre

Absoluto Masculino
Resultados

Clasificación	Tiempo			
1. C.N. Las Palmas 1	C.N. Las Palmas	7:37.22	38,00	-
ROJAS SAVIGNANO, Luis	03	26.22 28.68	29.73 29.87	1:54.50
VANHOUCHE, Louka	02	0.00 25.47	28.51 29.16	1:52.35
CABRILLO SANCHEZ, Norberto	07	0.00 26.17	28.99 29.77	1:54.56
MACARIO MOLINA, Joan	05	0.00 27.14	29.22 29.85	1:55.81
2. C.N. Metropole 1	C.N. Metropole	7:44.70	32,00	-
HERRERA TORRES, Carlos	04	25.79 28.68	29.03 28.99	1:52.49
NUÑEZ ALONSO, Javier	07	0.00 26.46	29.07 30.43	1:57.89
SANTANA RAMIREZ, Ángel	04	0.00 26.37	29.61 30.47	1:57.67
GERSCOVICH PERI, Luka	06	0.00 25.80	29.06 30.61	1:56.65
3. C.D.N. Nadamas Las Marinas 1	C.D.N. Nadamas Las Marinas	7:49.75	28,00	-
CARRASCOSA HESTER, Tomas	04	28.15 29.51	29.81 30.23	1:57.70
LORENÇO FERREIRA, Gustavo	06	26.83 30.53	31.03 30.02	1:58.41
DE ARMAS DELGADO, Juan Jose	07	26.86 29.97	31.76 30.76	1:59.35
GARCIA MORENO, Jorge	00	24.97 28.30	30.02 31.00	1:54.29

Prueba 21, Masc., 4 x 200m Libre, Absoluto Masculino

Clasificación

Tiempo

4.	C.N. Teneteide 1	C.N. Teneteide	7:54.64	26,00	-		
	GONZALEZ DOMINGUEZ, Pedro	09	28.40	30.86	32.33	32.14	2:03.73
	PORRERO MARTIN, Jorge	07			31.38	29.91	1:57.64
	CAPLLONCH DE UÑA, Ismael	07	26.08	29.35	30.28	28.47	1:54.18
	MORALES LEMES, Marcos	05	26.79	30.06	30.98	31.26	1:59.09
5.	A.D. Santa Cruz 1	A.D. Santa Cruz	8:02.24	24,00	-		
	GUADALUPE NEGRIN, Jorge Ramses	03	28.27	29.87	29.82	31.62	1:59.58
	TOGORES RODRIGUEZ, Domingo	97	26.00	29.98	31.68	33.67	2:01.33
	COELLO TEJERA, Adrian	98	27.87	30.82	31.14	31.27	2:01.10
	LUIS ALVAREZ, Oscar	02	27.02	30.92	32.62	29.67	2:00.23
6.	Esna Lanzarote 1	Esna Lanzarote	8:10.13	22,00	-		
	COLODRERO MUÑOZ, Ivan	09	28.54	31.18	33.94	33.86	2:07.52
	MANZATTO VACCARO, Nicolas	06	0.00	26.06	29.17	30.41	1:55.65
	NAVARRO OLIVEROS, Gabriel	08	0.00	28.46	32.05	33.23	2:06.46
	FDEZ BERMUDEZ, Iker	06	0.00	28.15	30.40	31.09	2:00.50
7.	C.N. Reales 1	C.N. Reales	8:11.69	20,00	-		
	HOLZENDORF DIONIS, Thomas	97	27.02	29.27	30.85	31.73	1:58.87
	RAMOS DELGADO, Gabriel	05	28.17	31.86	31.88	31.81	2:03.72
	GONZALEZ SUAREZ, Ivan	92	27.91	32.65	34.33	34.09	2:08.98
	BELLO HERNANDEZ, Sergio	04	27.18	29.95	31.45	31.54	2:00.12
8.	C.N. Los Cristianos 1	C.N. Los Cristianos	8:23.72	18,00	-		
	ELMAALLOUM FERNANDEZ, Tarek Ould	06	28.34	31.05	32.60	31.47	2:03.46
	SANCHEZ FERNANDEZ, Gregory	09	28.84	32.76	32.59	31.80	2:05.99
	PERALES SILVA, Francisco	09	30.35	32.95	33.05	31.97	2:08.32
	BOTELLO DE LA VEGA, Manuel	06	28.93	31.26	32.90	32.86	2:05.95
9.	C.B. Dominicas Vistabella 1	C.B. Dominicas Vistabella	8:26.23	16,00	-		
	DUQUE BROUARD, Daniel	08	28.89	31.68	32.64	32.75	2:05.96
	ESTEVEZ GALVEZ, Carlos	08	28.79	32.34	33.57	33.50	2:08.20
	CURTIS LORENZO, Nathan	07	28.34	31.56	33.23	32.94	2:06.07
	MORENO ALVAREZ, Alexis	08	28.42	31.79	33.11	32.68	2:06.00
10.	Cn.Faynagua C. Telde 1	Cn.Faynagua C. Telde	8:26.90	14,00	-		
	RAMIREZ MORALES, Sergio C.	03	28.54	31.15	32.45	31.67	2:03.81
	SANTANA SARMIENTO, Miguel	83	0.00	31.16	32.97	32.28	2:06.76
	OUBIÑA CORVALAN, Marcos A	05	0.00	30.22	33.11	33.57	2:09.41
	SANTANA REYES, Carmelo	03	0.00	28.70	32.22	33.08	2:06.92
11.	C.D. Herbania 1	C.D. Herbania	8:28.60	12,00	-		
	PRIETO RODRIGUEZ, Daniel	00	27.62	30.38	31.66	32.15	2:01.81
	AVERO RODRIGUEZ, Aday	07	0.00	28.57	31.77	33.35	2:06.05
	TOBAL FEBLES, Gabriel	10	0.00	31.12	34.45	34.34	2:11.51
	SUAREZ MONTERO, Nicolas	07	0.00	29.35	32.56	34.05	2:09.23
12.	R.C. Náutico De Tenerife 1	R.C. Náutico De Tenerife	8:29.93	10,00	-		
	CARRO BONILLA, Cristobal	04	27.83	30.85	31.84	31.35	2:01.87
	DIAZ GARCIA, Samuel Manuel	03	27.58	29.89	33.53	36.32	2:07.32
	LEON JULIÁ, Marco	09	29.48	33.38	35.47	32.95	2:11.28
	MERINO MONTES DE OCA, Alvaro	01	27.22	31.06	34.81	36.37	2:09.46
13.	C.N. Aguacan 1	C.N. Aguacan	8:37.71	8,00	-		
	CERPA CABALLERO, Jonay Salvador	99	28.56	31.72	32.21	29.70	2:02.19
	HENRIQUEZ HERNANDEZ, Rafael	87	0.00	30.62	33.57	34.28	2:12.48
	GOMEZ RODRIGUEZ, Daniel	09	0.00	30.06	33.96	35.35	2:14.71
	DOS REIS SANTANA, Alejandro	04	-0,24	28.82	32.61	33.77	2:08.33
14.	Cn.Salinas Sta.Lucia 1	Cn.Salinas Sta.Lucia	8:55.07	6,00	-		
	GAURISHANKER NAVARRO, Elgin	08	31.75	35.02	35.99	36.63	2:19.39
	SANTANA RAMIREZ, Adrian	08	0.00	31.28	34.81	36.24	2:17.73
	LOPEZ GARCIA, Andreas	98	0.00	29.39	31.22	32.81	2:06.75
	VILLANUEVA JODKO, Aleksander	08	0.00	28.86	32.84	34.52	2:11.20
15.	C.D. N. Bentacu-Laguna 1	C.D. N. Bentacu-Laguna	9:19.11	4,00	-		
	GONZALEZ BAIK, Ángel Nuri	04	29.18	32.69	33.60	33.75	2:09.22
	DÍAZ GARCÍA, Guillermo	06	33.05	38.82	39.83	38.58	2:30.28
	KEY RAMÍREZ, Octavio José	10	30.04	34.89	36.14	35.38	2:16.45
	OLIVER GARCÍA, Jesús	05	31.30	35.77	37.92	38.17	2:23.16

Prueba 21, Masc., 4 x 200m Libre, Absoluto Masculino

Clasificación

Tiempo

16. C.D. Nonadamos 1			C.D. Nonadamos				9:41.59	2,00	-
PEREZ CERVILLA, Daniel	07		32.92	35.40	36.45	35.21	2:19.98		
VIERA VIERA, Acoran	03		31.21	34.91	36.18	35.66	2:17.96		
RIOS ROMERO, Joaquin	04		32.78	38.03	44.26	44.60	2:39.67		
ELVIRA GLAUBITZ, Alejandro	00		33.66	36.85	37.18	36.29	2:23.98		

Prueba 22
02/12/2023

Fem., 4 x 100m Libre

Absoluto Femenino
Resultados

Clasificación

Tiempo

1. C.D.N. Nadamas Las Marinas 1			C.D.N. Nadamas Las Marinas				4:06.42	38,00	-
DENBY, Kennedy Hope	05	29.32	59.68	JAEN SERRA, Naira	08	29.44	1:01.65		
GOPAR CORDOBE, Lily Jeanne	07	30.25	1:04.67	VAZQUEZ HDEZ, Lucia	06	28.88	1:00.42		
2. C.N. Reales 1			C.N. Reales				4:07.13	32,00	-
LABRADOR CASTILLA, Paula Daoiz	05	29.71	1:01.81	LOPEZ GARCIA, Lorena	04	30.53	1:04.93		
WOLGESCHAFFEN FERNANDEZ, F09icia	29.46		1:02.07	WOLGESCHAFFEN FERNANDEZ, 506ia		27.23	58.32		
3. C.N. Las Palmas 1			C.N. Las Palmas				4:10.11	28,00	-
BELLO CODINA, Julia		29.33	1:01.41	ZEMIER, Natalia	0.00	29.21	1:02.14		
RUIZ REYES, Raquel	0.00	29.33	1:01.16	PULIDO SOSA, Valeria	0.00	30.91	1:05.40		
4. C.N. Aguacan 1			C.N. Aguacan				4:15.52	26,00	-
ROMERO BASTERRECHEA, Paula		29.48	1:00.85	HERNÁNDEZ CASTRILLO, Yessir	0.00	31.01	1:05.01		
SUÁREZ MACÍAS, Gabriela	0.00	30.60	1:04.82	CERPA CABALLERO, Xiomara Mº	0.00	30.96	1:04.84		
5. Esna Lanzarote 1			Esna Lanzarote				4:17.21	24,00	-
PEREZ MUÑOZ, Claudia		30.70	1:03.98	CARDEÑOSA PARRALEJO, Paula	0.00	32.18	1:08.65		
NAVARRO OLIVEROS, Micaela	0.00	31.45	1:04.48	RIJO MARTIN, Sara	0.00	28.70	1:00.10		
6. C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella				4:21.31	22,00	-
GARRIDO ALONSO, Lucia	09	30.29	1:04.95	GONZÁLEZ QUINTANA, Valeria	08		1:05.07		
ORTEGA GUTIÉRREZ, Eugenia	11	31.63	1:06.78	DUQUE BROUARD, Elena	10	31.42	1:04.51		
7. A.D. Santa Cruz 1			A.D. Santa Cruz				4:22.84	20,00	-
SANCHEZ CABAÑAS, Naira	00	29.68	1:02.95	HERNANDEZ ALMENARA, Laia	08	31.68	1:06.69		
CALVICHE FERNANDEZ, Nazaret	87	32.18	1:06.05	HERNANDEZ ALMENARA, Nerea	07	32.27	1:07.15		
8. C.N. Los Cristianos 1			C.N. Los Cristianos				4:26.70	18,00	-
RODRIGUEZ COLMENARES, Bella 109ia	32.05		1:06.31	JUGLAIR, Loane	07	32.61	1:08.37		
SAIZ PEREZ, Mar	08	31.44	1:05.22	MOURE GAO, Natalia	11	31.25	1:06.80		
9. Cn.Faynagua C. Telde 1			Cn.Faynagua C. Telde				4:28.35	16,00	-
DIAZ RODRIGUEZ, Grisela		31.61	1:06.43	GIMENEZ CASTILLA, Maria	0.00	33.14	1:09.19		
PULIDO MAYOR, Sheila	0.00	30.41	1:02.84	SANTANA FLORES, Ainhoa	0.00	32.84	1:09.89		
10. Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia				4:31.83	14,00	-
QUESADA GARCIA, Yanel		31.51	1:05.37	FERNANDEZ ANDRES, Lola	0.00	31.57	1:07.02		
PEREZ RIVERO, Emma	0.00	33.62	1:13.08	LOPEZ SOSA, Carla	0.00	31.86	1:06.36		
11. C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna				4:34.06	12,00	-
NODA SÁEZ, Isabel	06	29.98	1:00.87	RODRÍGUEZ GARCÍA, Iris	07	33.26	1:13.02		
MACHIN FERNANDEZ, Martina	06	32.73	1:09.34	CALZADILLA SOCAS, Rebeca	08	33.09	1:10.83		
12. C.D. Herbania 1			C.D. Herbania				4:40.27	10,00	-
GARCIA GONZALEZ, Sara		31.85	1:06.33	FAJARDO SANCHEZ, Yaneli	0.00	34.97	1:13.83		
GLENESK FLORES, Lucia	0.00	33.05	1:10.15	DIAZ CORTES, Nerea	0.00	31.72	1:09.96		
13. C.D. Nonadamos 1			C.D. Nonadamos				4:46.70	8,00	-
MARTIN MARTIN, Nerea	11	34.19	1:12.19	PEREZ CERVILLA, Carla	09	36.37	1:16.47		
MELIAN MESA, Anyara	08	34.31	1:11.78	SARABIA OUBIÑA, Ariadna	08	31.81	1:06.26		
14. R.C. Náutico De Tenerife 1			R.C. Náutico De Tenerife				4:52.16	6,00	-
MARTIN GONZALEZ DE CHAVES, 108ria	34.70		1:11.23	DELGADO BARDON, Alicia	07	32.94	1:09.46		
DIAZ DE LOSADA BUJAN, Silvia	12	35.69	1:15.93	AFONSO GRAU, Martina	10	35.68	1:15.54		

Prueba 22, Fem., 4 x 100m Libre, Absoluto Femenino

Clasificación

Tiempo

DSQ C.N. Teneteide 1 C.N. Teneteide - -
BASILI, Veronica, BASILI, Eleonora, EXPOSITO AFONSO, Maria, MORENO ARMAS, Ainara

3 - 2ª jornada, 1ª sesión

03/12/2023

Prueba 23
03/12/2023

Masc., 4 x 50m Libre

Absoluto Masculino
Resultados

Clasificación

Tiempo

1. C.N. Las Palmas 1			C.N. Las Palmas	1:34.37	38,00	-
MARTEL MARTEL, Aimar	03		23.91 VANHOUCKE, Louka	02	0.00	23.52
STRELKOV, Roberto Ivan	93	0.00	22.87 MORERA SANCHEZ, Enrique	03	0.00	24.07
2. A.D. Santa Cruz 1			A.D. Santa Cruz	1:35.78	32,00	-
GUADALUPE NEGRIN, Jorge Rams	03		24.53 COELLO TEJERA, Adrian	98		23.24
TOGORES RODRIGUEZ, Domingo	97		23.95 DIAZ GONZALEZ, Pablo	03		24.06
3. C.N. Metropole 1			C.N. Metropole	1:36.98	28,00	-
VACCARI, Federico	07		23.48 SANTANA RAMIREZ, Ángel	04	0.00	24.00
HERNANDEZ RAMOS, Esteban	06	0.00	25.04 GERSCOVICH PERI, Luka	06	0.00	24.46
4. C.N. Teneteide 1			C.N. Teneteide	1:38.64	26,00	-
PORRERO MARTIN, Jorge	07		24.27 CAPLLONCH DE UÑA, Ismael	07		23.53
BORGIS, Marko	06		25.96 MORALES LEMES, Marcos	05		24.88
5. C.N. Reales 1			C.N. Reales	1:39.25	24,00	-
RAMOS DELGADO, Gabriel	05		26.06 BELLO HERNANDEZ, Sergio	04		25.38
HOLZENDORF DIONIS, Thomas	97		23.63 PEREZ GONZALEZ, Fco Javier	90		24.18
6. C.D.N. Nadamas Las Marinas 1			C.D.N. Nadamas Las Marinas	1:39.55	22,00	-
GARCIA MORENO, Jorge	00		24.23 CARRASCOSA HESTER, Tomas	04		25.25
LORENÇO FERREIRA, Gustavo	06		25.14 DE ARMAS DELGADO, Juan Jose	07		24.93
7. R.C. Náutico De Tenerife 1			R.C. Náutico De Tenerife	1:42.65	20,00	-
MERINO MONTES DE OCA, Alvaro	01		25.30 DIAZ GARCIA, Samuel Manuel	03		24.70
VARELA MESA, Raul	05		27.32 CARRO BONILLA, Cristobal	04		25.33
8. C.N. Aguacan 1			C.N. Aguacan	1:42.86	18,00	-
CERPA CABALLERO, Jonay Salva	99		25.85 SALUTREGUI GOMEZ, Nicolas	01	0.00	24.94
CABRERA GARCIA, Dario	00	0.00	26.23 DOS REIS SANTANA, Alejandro	04	0.00	25.84
9. C.D. Herbania 1			C.D. Herbania	1:43.40	16,00	-
PRIETO RODRIGUEZ, Daniel	00		24.92 SUAREZ MONTERO, Nicolas	07	0.00	26.13
AVERO RODRIGUEZ, Aday	07	0.00	26.01 CARRERO SERRANO, Marcos Dani	09	0.00	26.34
10. Esna Lanzarote 1			Esna Lanzarote	1:43.53	14,00	-
MANZATTO VACCARO, Nicolas	06		24.50 COLODRERO MUÑOZ, Ivan	09	0.00	25.91
ARTEAGA PEREYRA, Marco	08	0.00	27.13 FDEZ BERMUDEZ, Iker	06	0.00	25.99
11. Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia	1:44.81	12,00	-
VILLANUEVA JODKO, Aleksander	08		26.10 SANTANA RAMIREZ, Adrian	08	0.00	27.74
LEON TRUJILLO, Ernesto	01	0.00	25.89 LOPEZ GARCIA, Andreas	98	0.00	25.08
12. C.N. Los Cristianos 1			C.N. Los Cristianos	1:44.99	10,00	-
SANCHEZ FERNANDEZ, Gregory	09		26.38 BOTELLO DE LA VEGA, Manuel	06		26.16
ELMAALOU FERNANDEZ, Tarek	06		25.67 AMATI, Nicolo	10		26.78
13. Cn.Faynagua C. Telde 1			Cn.Faynagua C. Telde	1:45.07	8,00	-
SANTANA REYES, Carmelo	03		26.76 OUBIÑA CORVALAN, Marcos A	05	0.00	26.72
FALCON LORENZO, Javier	94	0.00	26.63 RAMIREZ MORALES, Sergio C.	03	0.00	24.96
14. C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella	1:45.20	6,00	-
MORENO ALVAREZ, Alexis	08		27.11 NASSEREDDINE MESA, Nash	09		27.38
CURTIS LORENZO, Nathan	07		25.19 RAVELO SUAREZ, Antonio Jesus	09		25.52

Prueba 23, Masc., 4 x 50m Libre, Absoluto Masculino

Clasificación

Tiempo

15.	C.N. Martianeze Coral Hotels 1			C.N. Martianeze Coral Hotels		1:45.55	4,00	-
	HERNÁNDEZ MÉNDEZ, Julio	07		26.59	LEÓN RODRÍGUEZ, Gerardo	08	25.82	
	DEVORA CHINEA, Diego	05		25.75	SÁNCHEZ EDODEY, Fabio	08	27.39	
16.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna		1:49.15	2,00	-
	QUIJADA PÉREZ, Saúl Alejandro	10		26.93	KEY RAMÍREZ, Octavio José	10	27.11	
	OLIVER GARCÍA, Jesús	05		28.87	GONZALEZ BAIK, Ángel Nuri	04	26.24	
17.	C.D. Nonadamos 1			C.D. Nonadamos		1:54.43	-	-
	RIOS ROMERO, Joaquín	04		27.07	PEREZ CERVILLA, Daniel	07	29.27	
	ELVIRA GLAUBITZ, Alejandro	00		28.64	VIERA VIERA, Acoran	03	29.45	
18.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun		2:01.99	-	-
	ALAMO SANTOS, Alberto Bruno	07		27.53	ALAMO ESPINO, Joaquín	09	0.00	29.54
	DAMIANI, Giorgio	12	0.00	31.85	ALAMO HERRERA, Jorge	11	0.00	33.07

Prueba 24
03/12/2023

Fem., 4 x 50m Libre

Absoluto Femenino
Resultados

Clasificación

Tiempo

1.	C.D.N. Nadamas Las Marinas 1			C.D.N. Nadamas Las Marinas		1:52.03	38,00	-
	GOPAR CORDOBE, Lily Jeanne	07		29.25	VAZQUEZ HDEZ, Lucia	06	27.64	
	JAEN SERRA, Naira	08		28.57	DENBY, Kennedy Hope	05	26.57	
2.	C.N. Reales 1			C.N. Reales		1:52.20	32,00	-
	WOLGESCHAFFEN FERNANDEZ, Sofia			27.37	LOPEZ GARCIA, Lorena	04	29.01	
	WOLGESCHAFFEN FERNANDEZ, F09ricia			27.87	LABRADOR CASTILLA, Paula Daoz	05	27.95	
3.	C.N. Teneteide 1			C.N. Teneteide		1:52.96	28,00	-
	MORENO ARMAS, Ainara	07		28.31	BASIL, Veronica	08	28.33	
	BASIL, Eleonora	06		28.23	EXPOSITO AFONSO, Maria	02	28.09	
4.	C.N. Las Palmas 1			C.N. Las Palmas		1:53.53	26,00	-
	BELLO CODINA, Julia	08		28.23	OSORIO GARCIA, Alejandra	07	0.00	30.44
	ZEMIER, Natalia	09	0.00	27.67	CAMPBELL ZEMIER, Veronica	86	0.00	27.19
5.	C.N. Aguacan 1			C.N. Aguacan		1:55.88	24,00	-
	ROMERO BASTERRECHEA, Paula	97		27.50	ROMERO BASTERRECHEA, Andre	93	0.00	30.05
	DE CASTRO URQUIOLA, Helena	04	0.00	29.02	CERPA CABALLERO, Xiomara Mª	01	0.00	29.31
6.	C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella		1:55.90	22,00	-
	NUÑEZ CATALAN, Maria	96		28.51	PIÑERO STEGENSEK, Elisa	08	30.09	
	GONZÁLEZ QUINTANA, Valeria	08		29.03	GARRIDO ALONSO, Lucia	09	28.27	
7.	Esna Lanzarote 1			Esna Lanzarote		1:57.17	20,00	-
	PEREZ MUÑOZ, Claudia	08		29.54	NAVARRO OLIVEROS, Micaela	06	0.00	29.27
	CARDEÑOSA PARRALEJO, Paula	08	0.00	30.33	RIJO MARTIN, Sara	08	0.00	28.03
8.	A.D. Santa Cruz 1			A.D. Santa Cruz		1:59.05	18,00	-
	SANCHEZ CABAÑAS, Naira	00		28.24	HERNANDEZ ALMENARA, Laia	08	30.45	
	CALVICHE FERNANDEZ, Nazaret	87		30.49	CASTRO ADRIAN, Michelle	02	29.87	
9.	C.N. Los Cristianos 1			C.N. Los Cristianos		1:59.14	16,00	-
	RODRIGUEZ COLMENARES, Bella	09		29.60	MOURE GAO, Natalia	11	29.93	
	SAIZ PEREZ, Mar	08		29.30	JUGLAIR, Loane	07	30.31	
10.	Cn.Faynagua C. Telde 1			Cn.Faynagua C. Telde		2:00.36	14,00	-
	SANTANA FLORES, Ainhoa	01		31.21	GIMENEZ CASTILLA, Maria	07	0.00	31.56
	DIAZ RODRIGUEZ, Grisela	02	0.00	29.15	PULIDO MAYOR, Sheila	98	0.00	28.44
11.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia		2:01.58	12,00	-
	LOPEZ SOSA, Carla	09		30.30	FLORA LELAJ, Mirela	11	0.00	32.44
	FERNANDEZ ANDRES, Lola	11	0.00	29.89	QUESADA GARCIA, Yanel	04	0.00	28.95
12.	C.N. Martianeze Coral Hotels 1			C.N. Martianeze Coral Hotels		2:02.02	10,00	-
	SOSA HERNANDEZ, Andrea Esthe	04		29.04	MEDINA HERNÁNDEZ, Sofia	07	32.11	
	HERNÁNDEZ CABO, Sofia	06		29.94	SOSA HERNÁNDEZ, Michelle Daya	08	30.93	

Prueba 24, Fem., 4 x 50m Libre, Absoluto Femenino

Clasificación							Tiempo		
13.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna			2:03.00	8,00	-
	NODA SÁEZ, Isabel	06		27.36	RODRÍGUEZ GARCÍA, Iris	07		32.03	
	MACHIN FERNANDEZ, Martina	06		31.96	CALZADILLA SOCAS, Rebeca	08		31.65	
14.	C.D. Herbania 1			C.D. Herbania			2:03.62	6,00	-
	PEREZ LUIS, Lucia	08		32.60	DIAZ CORTES, Nerea	06	0.00	29.90	
	GLENESK FLORES, Lucia	08	0.00	32.02	GARCIA GONZALEZ, Sara	06	0.00	29.10	
15.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun			2:05.55	4,00	-
	ALAMO HERRERA, Julia	07		31.36	JORGE GARCÍA, Mayka	08	0.00	34.82	
	HUGO, Jeanne	11	0.00	32.11	QUINTILLA MODREGO, Laia	88	0.00	27.26	
16.	C.D. Nonadamos 1			C.D. Nonadamos			2:08.01	2,00	-
	MELIAN MESA, Anyara	08		32.06	MARTIN MARTIN, Nerea	11		32.39	
	BINEATA SARGHI, Beatrice Valeria	07		32.64	SARABIA OUBIÑA, Ariadna	08		30.92	
17.	R.C. Náutico De Tenerife 1			R.C. Náutico De Tenerife			2:12.34	-	-
	MARTIN GONZALEZ DE CHAVES, I08ria			32.09	TABARES DE NAVA MIRALLES, B06riz			32.88	
	DIAZ CABRERA, Maria Luz	09		36.23	RODRIGUEZ BRITO, Sara	04		31.14	

Prueba 25
03/12/2023

Masc., 800m Libre

Absoluto Masculino

Resultados

Clasificación	AN								Tiempo			
1.	MACARIO MOLINA, Joan				05	C.N. Las Palmas				8:04.60	38,0019	
	50m:	28.14	28.14	250m:	2:28.34	30.36	450m:	4:31.26	30.88	650m:	6:34.33	30.63
	100m:	57.76	29.62	300m:	2:58.79	30.45	500m:	5:02.17	30.91	700m:	7:05.17	30.84
	150m:	1:27.60	29.84	350m:	3:29.50	30.71	550m:	5:32.84	30.67	750m:	7:35.99	30.82
	200m:	1:57.98	30.38	400m:	4:00.38	30.88	600m:	6:03.70	30.86	800m:	8:04.60	28.61
2.	ELMAALOU M FERNANDEZ, Tarek Ouk06					C.N. Los Cristianos				8:36.81	32,0016	
	50m:	29.25	29.25	250m:	2:38.79	32.40	450m:	4:49.10	32.69	650m:	7:00.29	32.89
	100m:	1:01.02	31.77	300m:	3:10.87	32.08	500m:	5:21.69	32.59	700m:	7:32.26	31.97
	150m:	1:33.49	32.47	350m:	3:43.86	32.99	550m:	5:54.55	32.86	750m:	8:05.67	33.41
	200m:	2:06.39	32.90	400m:	4:16.41	32.55	600m:	6:27.40	32.85	800m:	8:36.81	31.14
3.	DE ARMAS DELGADO, Juan Jose				07	C.D.N. Nadamas Las Marinas				8:45.22	28,0014	
	50m:	29.12	29.12	250m:	2:38.28	31.86	450m:	4:49.13	32.09	650m:	7:04.48	34.53
	100m:	1:00.49	31.37	300m:	3:11.07	32.79	500m:	5:22.73	33.60	700m:	7:38.16	33.68
	150m:	1:33.77	33.28	350m:	3:44.50	33.43	550m:	5:56.50	33.77	750m:	8:12.31	34.15
	200m:	2:06.42	32.65	400m:	4:17.04	32.54	600m:	6:29.95	33.45	800m:	8:45.22	32.91
4.	RODRIGUEZ DIAZ, Javier				08	C.N. Teneteide				8:48.89	26,0013	
	50m:	29.37	29.37	250m:	2:39.32	32.83	450m:	4:53.08	33.65	650m:	7:08.34	33.97
	100m:	1:00.88	31.51	300m:	3:12.59	33.27	500m:	5:26.80	33.72	700m:	7:42.81	34.47
	150m:	1:33.27	32.39	350m:	3:45.98	33.39	550m:	6:00.35	33.55	750m:	8:16.73	33.92
	200m:	2:06.49	33.22	400m:	4:19.43	33.45	600m:	6:34.37	34.02	800m:	8:48.89	32.16
5.	DUQUE BROUARD, Daniel				08	C.B. Dominicas Vistabella				9:06.94	24,0012	
	50m:	30.58	30.58	250m:	2:47.15	34.49	450m:	5:05.02	34.94	650m:	7:25.19	35.27
	100m:	1:04.04	33.46	300m:	3:21.44	34.29	500m:	5:39.67	34.65	700m:	8:00.23	35.04
	150m:	1:38.32	34.28	350m:	3:55.90	34.46	550m:	6:14.82	35.15	750m:	8:34.22	33.99
	200m:	2:12.66	34.34	400m:	4:30.08	34.18	600m:	6:49.92	35.10	800m:	9:06.94	32.72
6.	SUAREZ NAVARRO, Liván José				08	C.N. Metropole				9:17.90	22,0011	
	50m:	32.06	32.06	250m:	2:50.35	35.40	450m:	5:12.99	35.59	650m:	7:34.50	35.37
	100m:	1:05.80	33.74	300m:	3:25.85	35.50	500m:	5:48.24	35.25	700m:	8:10.13	35.63
	150m:	1:39.97	34.17	350m:	4:01.73	35.88	550m:	6:23.52	35.28	750m:	8:45.04	34.91
	200m:	2:14.95	34.98	400m:	4:37.40	35.67	600m:	6:59.13	35.61	800m:	9:17.90	32.86
7.	RAMOS DELGADO, Gabriel				05	C.N. Reales				9:31.34	20,0010	
	50m:	30.17	30.17	250m:	2:47.40	35.26	450m:	5:13.10	35.73	650m:	7:41.12	37.20
	100m:	1:03.37	33.20	300m:	3:23.45	36.05	500m:	5:49.42	36.32	700m:	8:18.49	37.37
	150m:	1:37.51	34.14	350m:	4:00.29	36.84	550m:	6:26.76	37.34	750m:	8:55.19	36.70
	200m:	2:12.14	34.63	400m:	4:37.37	37.08	600m:	7:03.92	37.16	800m:	9:31.34	36.15

Prueba 25, Masc., 800m Libre, Absoluto Masculino

Clasificación	AN				Tiempo			
8. SIGNORELLI PACHECO, Luis	01	A.D. Santa Cruz			9:37.82	18,00	9	
50m: 31.93 31.93	300m: 3:31.14 1:12.93	550m: 6:35.29 36.93	700m: 8:25.66 36.61					
100m: 1:06.67 34.74	400m: 4:44.45 1:13.31	600m: 7:12.08 36.79	800m: 9:37.82 1:12.16					
200m: 2:18.21 1:11.54	500m: 5:58.36 1:13.91	650m: 7:49.05 36.97						
9. SANTANA REYES, Carmelo	03	Cn.Faynagua C. Telde			9:38.26	16,00	8	
50m: 31.83 31.83	250m: 2:53.13 36.04	450m: 5:20.82 37.22	650m: 7:48.75 37.08					
100m: 1:06.02 34.19	300m: 3:29.59 36.46	500m: 5:57.84 37.02	700m: 8:25.78 37.03					
150m: 1:41.36 35.34	350m: 4:06.62 37.03	550m: 6:34.59 36.75	750m: 9:02.79 37.01					
200m: 2:17.09 35.73	400m: 4:43.60 36.98	600m: 7:11.67 37.08	800m: 9:38.26 35.47					
10. HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Aguacan			9:42.35	14,00	7	
50m: 33.02 33.02	250m: 2:53.79 35.94	450m: 5:21.34 37.13	650m: 7:52.30 37.81					
100m: 1:07.46 34.44	300m: 3:30.08 36.29	500m: 5:58.69 37.35	700m: 8:30.16 37.86					
150m: 1:42.50 35.04	350m: 4:07.11 37.03	550m: 6:36.51 37.82	750m: 9:07.13 36.97					
200m: 2:17.85 35.35	400m: 4:44.21 37.10	600m: 7:14.49 37.98	800m: 9:42.35 35.22					
11. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania			9:50.05	12,00	6	
50m: 32.39 32.39	250m: 2:57.16 36.49	450m: 5:28.42 38.62	650m: 8:01.19 38.88					
100m: 1:08.02 35.63	300m: 3:34.38 37.22	500m: 6:07.34 38.92	700m: 8:39.12 37.93					
150m: 1:44.20 36.18	350m: 4:11.98 37.60	550m: 6:44.22 36.88	750m: 9:16.42 37.30					
200m: 2:20.67 36.47	400m: 4:49.80 37.82	600m: 7:22.31 38.09	800m: 9:50.05 33.63					
12. KEY RAMÍREZ, Octavio José	10	C.D. N. Bentacu-Laguna			10:03.58	10,00	5	
50m: 31.69 31.69	350m: 4:19.39 39.16	550m: 6:56.18 40.15	750m: 9:30.18 38.06					
100m: 1:07.13 35.44	400m: 4:57.67 38.28	600m: 7:34.99 38.81	800m: 10:03.58 33.40					
200m: 2:22.89 1:15.76	450m: 5:36.39 38.72	650m: 8:13.20 38.21						
300m: 3:40.23 1:17.34	500m: 6:16.03 39.64	700m: 8:52.12 38.92						
13. GAURISHANKER NAVARRO, Elgin	08	Cn.Salinas Sta.Lucia			10:04.13	8,00	4	
50m: 33.70 33.70	250m: 2:59.96 37.59	450m: 5:33.88 38.91	650m: 8:10.04 39.40					
100m: 1:09.09 35.39	300m: 3:38.02 38.06	500m: 6:12.32 38.44	700m: 8:48.56 38.52					
150m: 1:45.68 36.59	350m: 4:16.65 38.63	550m: 6:51.60 39.28	750m: 9:27.21 38.65					
200m: 2:22.37 36.69	400m: 4:54.97 38.32	600m: 7:30.64 39.04	800m: 10:04.13 36.92					
14. ARTEAGA PEREYRA, Marco	08	Esna Lanzarote			10:14.46	6,00	3	
50m: 32.46 32.46	250m: 3:03.66 38.97	450m: 5:40.68 38.93	650m: 8:21.52 40.30					
100m: 1:08.28 35.82	300m: 3:43.31 39.65	500m: 6:20.58 39.90	700m: 9:01.86 40.34					
150m: 1:46.57 38.29	350m: 4:22.40 39.09	550m: 7:00.00 39.42	750m: 9:39.66 37.80					
200m: 2:24.69 38.12	400m: 5:01.75 39.35	600m: 7:41.22 41.22	800m: 10:14.46 34.80					
15. ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun			10:43.89	4,00	2	
50m: 33.48 33.48	250m: 3:12.92 40.13	450m: 5:58.71 42.06	650m: 8:45.42 41.71					
100m: 1:12.02 38.54	300m: 3:53.74 40.82	500m: 6:39.68 40.97	700m: 9:27.07 41.65					
150m: 1:52.34 40.32	350m: 4:35.17 41.43	550m: 7:21.67 41.99	750m: 10:07.10 40.03					
200m: 2:32.79 40.45	400m: 5:16.65 41.48	600m: 8:03.71 42.04	800m: 10:43.89 36.79					
EXH RODRIGUEZ MORINIGO, Aritz	09	C.D. Herbania					-	-
EXH COCERA CORDON, Yare	05	C.N. Metropole					-	-
EXH FARIÑA TADEO, Santiago	82	R.C. Náutico De Tenerife					-	-
EXH CABRILLO SANCHEZ, Norberto	07	C.N. Las Palmas			8:40.73		-	-
50m: 28.92 28.92	250m: 2:36.57 32.39	450m: 4:49.34 33.33	650m: 7:03.12 33.38					
100m: 1:00.04 31.12	300m: 3:09.31 32.74	500m: 5:22.88 33.54	700m: 7:36.87 33.75					
150m: 1:31.74 31.70	350m: 3:42.60 33.29	550m: 5:56.29 33.41	750m: 8:09.78 32.91					
200m: 2:04.18 32.44	400m: 4:16.01 33.41	600m: 6:29.74 33.45	800m: 8:40.73 30.95					
EXH FERNANDEZ ACUÑA, Airam	07	C.N. Teneteide			9:08.73		-	-
50m: 30.41 30.41	250m: 2:47.49 34.41	450m: 5:08.28 34.53	650m: 7:27.90 34.52					
100m: 1:04.18 33.77	300m: 3:22.56 35.07	500m: 5:43.25 34.97	700m: 8:02.48 34.58					
150m: 1:38.49 34.31	350m: 3:58.11 35.55	550m: 6:18.27 35.02	750m: 8:31.71 29.23					
200m: 2:13.08 34.59	400m: 4:33.75 35.64	600m: 6:53.38 35.11	800m: 9:08.73 37.02					
EXH GONZALEZ SUAREZ, Ivan	92	C.N. Reales			9:33.80		-	-
50m: 32.20 32.20	350m: 4:09.73 36.22	550m: 6:34.46 36.56	750m: 9:00.09 36.09					
100m: 1:07.63 35.43	400m: 4:45.83 36.10	600m: 7:11.04 36.58	800m: 9:33.80 33.71					
200m: 2:20.40 1:12.77	450m: 5:21.67 35.84	650m: 7:47.23 36.19						
300m: 3:33.51 1:13.11	500m: 5:57.90 36.23	700m: 8:24.00 36.77						

Prueba 25, Masc., 800m Libre

Clasificación	AN	Tiempo
EXH CEDRES YANES, Eduardo	09 R.C. Náutico De Tenerife	10:55.05 - -
50m: 36.49 36.49 350m: 4:44.91 42.99 550m: 7:31.31 41.50 750m: 10:16.55 40.53		
100m: 1:15.08 38.59 400m: 5:26.89 41.98 600m: 8:12.53 41.22 800m: 10:55.05 38.50		
200m: 2:37.74 1:22.66 450m: 6:08.50 41.61 650m: 8:54.12 41.59		
300m: 4:01.92 1:24.18 500m: 6:49.81 41.31 700m: 9:36.02 41.90		

Prueba 26
03/12/2023

Fem., 400m Libre

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. DENBY, Kennedy Hope	05 C.D.N. Nadamas Las Marinas	4:13.57 19,00 -
50m: 29.68 29.68 150m: 1:33.26 32.18 250m: 2:37.89 32.23 350m: 3:42.36 32.20		
100m: 1:01.08 31.40 200m: 2:05.66 32.40 300m: 3:10.16 32.27 400m: 4:13.57 31.21		
2. SOSA HERNANDEZ, Andrea Esther	04 C.N. Martianez Coral Hotels	4:34.86 16,00 -
50m: 31.74 31.74 150m: 1:40.11 34.61 250m: 2:49.76 34.70 350m: 4:00.01 34.85		
100m: 1:05.50 33.76 200m: 2:15.06 34.95 300m: 3:25.16 35.40 400m: 4:34.86 34.85		
3. JAEN SERRA, Naira	08 C.D.N. Nadamas Las Marinas	4:37.12 14,00 -
50m: 31.04 31.04 150m: 1:40.00 35.34 250m: 2:51.13 35.57 350m: 4:02.70 35.88		
100m: 1:04.66 33.62 200m: 2:15.56 35.56 300m: 3:26.82 35.69 400m: 4:37.12 34.42		
4. RUIZ REYES, Raquel	07 C.N. Las Palmas	4:39.70 13,00 -
50m: 32.34 32.34 150m: 1:42.87 35.65 250m: 2:54.14 35.51 350m: 4:05.04 35.53		
100m: 1:07.22 34.88 200m: 2:18.63 35.76 300m: 3:29.51 35.37 400m: 4:39.70 34.66		
5. ULIBARRI SANCHEZ, Ines	09 C.N. Las Palmas	4:40.09 12,00 -
50m: 32.01 32.01 150m: 1:42.91 35.66 250m: 2:54.50 35.81 350m: 4:05.54 35.55		
100m: 1:07.25 35.24 200m: 2:18.69 35.78 300m: 3:29.99 35.49 400m: 4:40.09 34.55		
6. EXPOSITO AFONSO, Maria	02 C.N. Teneteide	4:46.52 11,00 -
50m: 32.76 32.76 150m: 1:44.65 36.32 250m: 2:58.02 36.68 350m: 4:12.01 36.93		
100m: 1:08.33 35.57 200m: 2:21.34 36.69 300m: 3:35.08 37.06 400m: 4:46.52 34.51		
7. ACOSTA GONZALEZ, Carolina	08 C.N. Teneteide	4:46.55 10,00 -
50m: 32.95 32.95 150m: 1:44.75 36.23 250m: 2:57.89 36.53 350m: 4:11.83 36.75		
100m: 1:08.52 35.57 200m: 2:21.36 36.61 300m: 3:35.08 37.19 400m: 4:46.55 34.72		
8. SCARPA, Barbara	08 C.N. Reales	4:48.15 9,00 -
50m: 32.39 32.39 150m: 1:44.42 36.46 250m: 2:58.30 37.20 350m: 4:12.60 36.83		
100m: 1:07.96 35.57 200m: 2:21.10 36.68 300m: 3:35.77 37.47 400m: 4:48.15 35.55		
9. PEREZ MUÑOZ, Claudia	08 Esna Lanzarote	4:55.45 8,00 -
50m: 33.96 33.96 150m: 1:48.70 37.63 250m: 3:04.19 37.91 350m: 4:20.02 37.67		
100m: 1:11.07 37.11 200m: 2:26.28 37.58 300m: 3:42.35 38.16 400m: 4:55.45 35.43		
10. SUÁREZ MACÍAS, Gabriela	09 C.N. Aguacan	4:56.59 7,00 -
50m: 33.11 33.11 150m: 1:47.57 37.90 250m: 3:04.95 38.92 350m: 4:21.05 37.66		
100m: 1:09.67 36.56 200m: 2:26.03 38.46 300m: 3:43.39 38.44 400m: 4:56.59 35.54		
11. CALVICHE FERNANDEZ, Nazaret	87 A.D. Santa Cruz	4:58.00 6,00 -
50m: 34.48 34.48 150m: 1:48.29 37.01 250m: 3:03.38 37.84 350m: 4:19.85 38.22		
100m: 1:11.28 36.80 200m: 2:25.54 37.25 300m: 3:41.63 38.25 400m: 4:58.00 38.15		
12. DUQUE BROUARD, Elena	10 C.B. Dominicas Vistabella	4:58.26 5,00 -
50m: 33.58 33.58 150m: 1:46.00 37.09 250m: 3:02.48 38.42 350m: 4:20.32 38.94		
100m: 1:08.91 35.33 200m: 2:24.06 38.06 300m: 3:41.38 38.90 400m: 4:58.26 37.94		
13. HERNÁNDEZ CABO, Sofía	06 C.N. Martianez Coral Hotels	5:05.33 4,00 -
50m: 33.42 33.42 150m: 1:47.57 37.83 250m: 3:05.58 39.28 350m: 4:26.13 40.34		
100m: 1:09.74 36.32 200m: 2:26.30 38.73 300m: 3:45.79 40.21 400m: 5:05.33 39.20		
14. DIAZ RODRIGUEZ, Grisela	02 Cn.Faynagua C. Telde	5:07.96 3,00 -
50m: 33.72 33.72 150m: 1:49.00 38.43 250m: 3:08.34 39.83 350m: 4:28.86 39.92		
100m: 1:10.57 36.85 200m: 2:28.51 39.51 300m: 3:48.94 40.60 400m: 5:07.96 39.10		

Prueba 26, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN	Tiempo
15. GODOY FALCON, M ^a Daniela	06	C.P.Santa M ^a De Guia
50m: 33.53 33.53 150m: 1:49.88 39.03 250m: 3:10.02 40.28 350m: 4:31.30 40.75		5:10.59 2,00 -
100m: 1:10.85 37.32 200m: 2:29.74 39.86 300m: 3:50.55 40.53 400m: 5:10.59 39.29		
16. SARMIENTO OJEDA, Andrea	12	C.N. Aguacan
50m: 34.72 34.72 150m: 1:51.33 39.22 250m: 3:12.31 41.26 350m: 4:31.41 40.01		5:10.68 1,00 -
100m: 1:12.11 37.39 200m: 2:31.05 39.72 300m: 3:51.40 39.09 400m: 5:10.68 39.27		
17. GONZALEZ HIDALGO, Ana	02	A.D. Santa Cruz
50m: 35.01 35.01 150m: 1:52.59 39.45 250m: 3:12.35 39.75 350m: 4:32.35 39.79		5:11.40 - -
100m: 1:13.14 38.13 200m: 2:32.60 40.01 300m: 3:52.56 40.21 400m: 5:11.40 39.05		
18. MOURE GAO, Natalia	11	C.N. Los Cristianos
50m: 35.61 35.61 150m: 1:54.23 39.71 250m: 3:13.86 39.74 350m: 4:34.57 40.40		5:14.27 - -
100m: 1:14.52 38.91 200m: 2:34.12 39.89 300m: 3:54.17 40.31 400m: 5:14.27 39.70		
19. JUGLAIR, Loane	07	C.N. Los Cristianos
50m: 34.81 34.81 150m: 1:54.51 40.40 250m: 3:17.04 41.52 350m: 4:39.51 41.33		5:19.20 - -
100m: 1:14.11 39.30 200m: 2:35.52 41.01 300m: 3:58.18 41.14 400m: 5:19.20 39.69		
20. GONZÁLEZ RODRÍGUEZ, Leyre Maria	10	C.B. Dominicas Vistabella
50m: 35.53 35.53 150m: 1:53.94 39.75 250m: 3:15.90 41.58 350m: 4:39.13 42.12		5:19.94 - -
100m: 1:14.19 38.66 200m: 2:34.32 40.38 300m: 3:57.01 41.11 400m: 5:19.94 40.81		
21. ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun
50m: 34.90 34.90 150m: 1:55.95 41.80 250m: 3:20.02 41.74 350m: 4:44.39 41.74		5:23.24 - -
100m: 1:14.15 39.25 200m: 2:38.28 42.33 300m: 4:02.65 42.63 400m: 5:23.24 38.85		
22. QUINTANA SUAREZ, Miriam	10	Club Deportivo Agaeterun
50m: 35.45 35.45 150m: 1:57.57 42.13 250m: 3:22.71 42.68 350m: 4:45.76 40.77		5:24.59 - -
100m: 1:15.44 39.99 200m: 2:40.03 42.46 300m: 4:04.99 42.28 400m: 5:24.59 38.83		
23. PEREZ RIVERO, Emma	07	Cn.Salinas Sta.Lucia
50m: 37.13 37.13 150m: 1:59.43 41.40 250m: 3:23.61 42.27 350m: 4:47.88 42.36		5:28.34 - -
100m: 1:18.03 40.90 200m: 2:41.34 41.91 300m: 4:05.52 41.91 400m: 5:28.34 40.46		
24. FLORA LELAJ, Mirela	11	Cn.Salinas Sta.Lucia
50m: 37.90 37.90 150m: 2:03.45 43.35 250m: 3:32.77 44.47 350m: 5:01.60 44.09		5:40.90 - -
100m: 1:20.10 42.20 200m: 2:48.30 44.85 300m: 4:17.51 44.74 400m: 5:40.90 39.30		
25. PEREZ LOPEZ, Naira	09	Esna Lanzarote
50m: 38.17 38.17 150m: 2:02.98 43.46 250m: 3:31.67 44.63 350m: 5:00.87 44.16		5:44.24 - -
100m: 1:19.52 41.35 200m: 2:47.04 44.06 300m: 4:16.71 45.04 400m: 5:44.24 43.37		
26. FERNANDEZ ALPERI, Noa	11	C.D. Nonadamos
50m: 38.91 38.91 150m: 2:06.37 44.82 250m: 3:37.71 46.14 350m: 5:10.18 45.79		5:54.56 - -
100m: 1:21.55 42.64 200m: 2:51.57 45.20 300m: 4:24.39 46.68 400m: 5:54.56 44.38		
27. MARTÍN DUARTE, Sofía	09	C.D. N. Bentacu-Laguna
50m: 37.91 37.91 150m: 2:06.23 45.66 250m: 3:39.02 46.48 350m: 5:13.67 47.14		5:57.98 - -
100m: 1:20.57 42.66 200m: 2:52.54 46.31 300m: 4:26.53 47.51 400m: 5:57.98 44.31		
28. CALZADILLA SOCAS, Silvia	12	C.D. N. Bentacu-Laguna
50m: 38.15 38.15 150m: 2:07.22 45.20 250m: 3:39.22 46.35 350m: 5:13.68 46.26		5:58.77 - -
100m: 1:22.02 43.87 200m: 2:52.87 45.65 300m: 4:27.42 48.20 400m: 5:58.77 45.09		
29. RIOS DE LA ROSA, Andrea	07	R.C. Náutico De Tenerife
50m: 40.42 40.42 150m: 2:10.45 45.30 250m: 3:44.18 46.97 350m: 5:19.77 47.66		6:05.67 - -
100m: 1:25.15 44.73 200m: 2:57.21 46.76 300m: 4:32.11 47.93 400m: 6:05.67 45.90		
30. AFONSO GRAU, Martina	10	R.C. Náutico De Tenerife
50m: 39.05 39.05 150m: 2:12.59 47.83 250m: 3:51.21 50.24 350m: 5:30.41 49.21		6:18.64 - -
100m: 1:24.76 45.71 200m: 3:00.97 48.38 300m: 4:41.20 49.99 400m: 6:18.64 48.23		
31. NARANJO NOVAL, Lucía	10	C.D. Herbania
50m: 40.19 40.19 150m: 2:18.30 50.41 250m: 4:00.48 50.99 350m: 5:40.42 49.65		6:24.77 - -
100m: 1:27.89 47.70 200m: 3:09.49 51.19 300m: 4:50.77 50.29 400m: 6:24.77 44.35		
32. FAJARDO SANCHEZ, Valeria	11	C.D. Herbania
50m: 40.58 40.58 150m: 2:19.94 50.45 250m: 4:02.51 51.08 350m: 5:41.84 49.20		6:28.12 - -
100m: 1:29.49 48.91 200m: 3:11.43 51.49 300m: 4:52.64 50.13 400m: 6:28.12 46.28		

Prueba 26, Fem., 400m Libre, Absoluto Femenino

Clasificación	AN	Tiempo
Baja PEREZ SUAREZ, Laura	01 Cn.Faynagua C. Telde	- -
Baja GONZALEZ RAMIREZ, Marta	09 Cn.Faynagua C. Telde	- -
Baja ACUÑA VANKOVA, Bianca	08 C.D. Nonadamos	- -
Baja DIAZ DE LOSADA BUJAN, Silvia	12 R.C. Náutico De Tenerife	- -

Prueba 27
03/12/2023

Masc., 100m Estilos

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. VANHOUCKE, Louka 50m: 26.59 26.59 100m: 57.40 30.81	02 C.N. Las Palmas	57.40 19,00 -
2. SANCHEZ MEDINA, Ian 50m: 29.30 29.30 100m: 1:00.12 30.82	06 C.N. Las Palmas	1:00.12 16,00 -
3. VACCARI, Federico 50m: 28.91 28.91 100m: 1:00.43 31.52	07 C.N. Metropole	1:00.43 14,00 -
4. GUADALUPE NEGRIN, Jorge Ramses 50m: 28.56 28.56 100m: 1:01.20 32.64	03 A.D. Santa Cruz	1:01.20 13,00 -
5. COELLO TEJERA, Adrian 50m: 29.24 29.24 100m: 1:02.07 32.83	98 A.D. Santa Cruz	1:02.07 12,00 -
6. MANZATTO VACCARO, Nicolas 50m: 27.91 27.91 100m: 1:02.41 34.50	06 Esna Lanzarote	1:02.41 11,00 -
7. GONZALEZ NEGRIN, Aquiles 50m: 28.96 28.96 100m: 1:02.78 33.82	08 C.N. Teneteide	1:02.78 10,00 -
8. MARTEL OJEDA, Raul Jose 50m: 30.78 30.78 100m: 1:03.38 32.60	01 C.N. Metropole	1:03.38 9,00 -
9. BELAMENDIA COTORRUELO, Gerald 50m: 28.90 28.90 100m: 1:03.49 34.59	07 C.N. Teneteide	1:03.49 8,00 -
10. JAEN SERRA, Andreu 50m: 31.17 31.17 100m: 1:03.84 32.67	06 C.D.N. Nadamas Las Marinas	1:03.84 7,00 -
11. LEON JULIÁ, Marco 50m: 31.66 31.66 100m: 1:05.15 33.49	09 R.C. Náutico De Tenerife	1:05.15 6,00 -
12. SALUTREGUI GOMEZ, Nicolas 50m: 29.42 29.42 100m: 1:05.75 36.33	01 C.N. Aguacan	1:05.75 5,00 -
13. MARTÍN GARCÍA, Mario 50m: 29.19 29.19 100m: 1:06.39 37.20	04 C.N. Martianez Coral Hotels	1:06.39 4,00 -
14. CARRASCOSA HESTER, Tomas 50m: 31.62 31.62 100m: 1:06.74 35.12	04 C.D.N. Nadamas Las Marinas	1:06.74 3,00 -
15. BELLO HERNANDEZ, Sergio 50m: 30.75 30.75 100m: 1:06.92 36.17	04 C.N. Reales	1:06.92 2,00 -
16. SUAREZ MONTERO, Nicolas 50m: 32.13 32.13 100m: 1:07.30 35.17	07 C.D. Herbania	1:07.30 1,00 -
17. BOTELLO DE LA VEGA, Manuel 50m: 31.75 31.75 100m: 1:07.72 35.97	06 C.N. Los Cristianos	1:07.72 - -
18. GONZALEZ BAIK, Ángel Nuri 50m: 30.99 30.99 100m: 1:08.04 37.05	04 C.D. N. Bentacu-Laguna	1:08.04 - -
19. SANTANA VALIDO, Alan 50m: 32.74 32.74 100m: 1:08.19 35.45	05 C.N. Aguacan	1:08.19 - -
20. WLODARCZAK, Wiktor 50m: 33.65 33.65 100m: 1:09.13 35.48	08 C.N. Los Cristianos	1:09.13 - -

Prueba 27, Masc., 100m Estilos, Absoluto Masculino

Clasificación	AN	Tiempo	
21. CALLERO MURILLO, Javier	07	Esna Lanzarote	1:09.21 - -
50m: 32.20 32.20 100m: 1:09.21		37.01	
22. GARCIA GALAN, Javier	06	C.B. Dominicas Vistabella	1:09.91 - -
50m: 33.23 33.23 100m: 1:09.91		36.68	
23. VARELA MESA, Raul	05	R.C. Náutico De Tenerife	1:10.44 - -
50m: 32.20 32.20 100m: 1:10.44		38.24	
24. OUBIÑA CORVALAN, Marcos A	05	Cn.Faynagua C. Telde	1:11.24 - -
50m: 33.61 33.61 100m: 1:11.24		37.63	
25. ELVIRA GLAUBITZ, Alejandro	00	C.D. Nonadamos	1:13.17 - -
50m: 33.64 33.64 100m: 1:13.17		39.53	
26. GALVAN FRANCO, Jose Marcial	05	Cn.Faynagua C. Telde	1:13.30 - -
50m: 34.99 34.99 100m: 1:13.30		38.31	
27. LEÓN RODRÍGUEZ, Gerardo	08	C.N. Martianez Coral Hotels	1:14.87 - -
50m: 32.09 32.09 100m: 1:14.87		42.78	
28. DIAZ VERDE, David	07	Cn.Salinas Sta.Lucia	1:17.00 - -
50m: 36.40 36.40 100m: 1:17.00		40.60	
29. GONZÁLEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guia	1:17.08 - -
50m: 35.40 35.40 100m: 1:17.08		41.68	
30. PEREZ MONROY, Javier	09	Cn.Salinas Sta.Lucia	1:17.26 - -
50m: 36.86 36.86 100m: 1:17.26		40.40	
31. AVERO RODRIGUEZ, Angel	11	C.D. Herbania	1:20.40 - -
50m: 36.62 36.62 100m: 1:20.40		43.78	
32. GONZÁLEZ PALENZUELA, Mauro	08	C.D. N. Bentacu-Laguna	1:21.83 - -
50m: 38.76 38.76 100m: 1:21.83		43.07	
Baja DEL PINO SEGURA, Abel	07	C.N. Aguacan	- -
Baja SANCHEZ JIMENEZ, Bruno	92	C.N. Las Palmas	- -
Baja GARCIA GALAN, Sergio	10	C.B. Dominicas Vistabella	- -
Baja VIERA VIERA, Acoran	03	C.D. Nonadamos	- -
Baja MORLAN OLIVA, Asier	05	R.C. Náutico De Tenerife	- -

Prueba 28
03/12/2023

Fem., 100m Estilos

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo	
1. NODA SÁEZ, Isabel	06	C.D. N. Bentacu-Laguna	1:07.91 19,00 -
2. SANCHEZ CABAÑAS, Naira	00	A.D. Santa Cruz	1:10.26 16,00 -
3. ROMERO BASTERRECHEA, Paula	97	C.N. Aguacan	1:10.79 14,00 -
50m: 32.58 32.58 100m: 1:10.79		38.21	
4. LABRADOR CASTILLA, Paula Daopin	05	C.N. Reales	1:11.19 13,00 -
5. MATOS QUEVEDO, Lucía	04	C.N. Las Palmas	1:12.33 12,00 -
50m: 32.39 32.39 100m: 1:12.33		39.94	
6. PULIDO SOSA, Valeria	10	C.N. Las Palmas	1:14.17 11,00 -
50m: 34.03 34.03 100m: 1:14.17		40.14	
7. GONZÁLEZ GONZÁLEZ, Janeth	10	C.N. Aguacan	1:14.53 10,00 -
50m: 34.54 34.54 100m: 1:14.53		39.99	
8. FRANCO PINEDA, Carlota	05	C.N. Reales	1:14.63 9,00 -
9. POMPIDOU, Eva Océane	00	C.N. Martianez Coral Hotels	1:14.81 8,00 -
10. ARBELO ESTEVEZ, Patricia	11	C.N. Teneteide	1:15.10 7,00 -
11. RODRIGUEZ COLMENARES, Bella Sof	09	C.N. Los Cristianos	1:15.14 6,00 -

Prueba 28, Fem., 100m Estilos, Absoluto Femenino

Clasificación	AN	Tiempo
12. QUESADA GARCIA, Yanel	04 Cn.Salinas Sta.Lucia	1:15.58 5,00 -
50m: 34.33 34.33 100m: 1:15.58	41.25	
13. CARDEÑOSA PARRALEJO, Paula	08 Esna Lanzarote	1:16.26 4,00 -
50m: 37.49 37.49 100m: 1:16.26	38.77	
14. IZAGUIRRE NESSI, Kassandra Isabel	08 C.N. Teneteide	1:17.54 3,00 -
15. MORALES FAJARDO, Nora	10 C.D.N. Nadamas Las Marinas	1:17.85 2,00 -
16. CABRERA SUAREZ, Julia	09 A.D. Santa Cruz	1:18.93 1,00 -
17. GONZALEZ CAMACHO, Desiree	01 Cn.Faynagua C. Telde	1:19.15 - -
50m: 37.37 37.37 100m: 1:19.15	41.78	
18. TRUJILLO HERNÁNDEZ, Lorena	09 C.B. Dominicas Vistabella	1:19.55 - -
19. SANTANA FLORES, Ainhoa	01 Cn.Faynagua C. Telde	1:19.66 - -
50m: 38.25 38.25 100m: 1:19.66	41.41	
20. DIAZ CORTES, Nerea	06 C.D. Herbania	1:20.85 - -
50m: 36.96 36.96 100m: 1:20.85	43.89	
21. RODRÍGUEZ GARCÍA, Iris	07 C.D. N. Bentacu-Laguna	1:22.04 - -
22. LIMA MÚJICA, Nicole Adriana	10 C.B. Dominicas Vistabella	1:23.02 - -
23. DELGADO HERNÁNDEZ, Nora	11 C.D.N. Nadamas Las Marinas	1:24.29 - -
24. TACORONTE HERRERA, Aura	07 C.P.Santa Mª De Guia	1:24.36 - -
50m: 38.21 38.21 100m: 1:24.36	46.15	
25. MEDINA HERNÁNDEZ, Sofía	07 C.N. Martianez Coral Hotels	1:25.32 - -
26. PEREZ CERVILLA, Carla	09 C.D. Nonadamos	1:26.72 - -
27. ORAMAS MARTINEZ, Beatriz	07 R.C. Náutico De Tenerife	1:28.78 - -
28. SOSA RODRÍGUEZ, Martina	09 C.D. Herbania	1:31.10 - -
50m: 40.79 40.79 100m: 1:31.10	50.31	
29. ARIAS FREIRE, Sophia Alejandra	10 Cn.Salinas Sta.Lucia	1:31.16 - -
50m: 45.27 45.27 100m: 1:31.16	45.89	
30. DIAZ CABRERA, Maria Luz	09 R.C. Náutico De Tenerife	1:33.55 - -
31. CAMPOBASSO, Alessia	11 C.N. Los Cristianos	1:34.05 - -
DSQ UMPIERREZ REGUERA, Valentina	09 Esna Lanzarote	- -
<i>DNI - Desc Nado Irregular</i>		
Baja CERPA CABALLERO, Xiomara Mª	01 C.N. Aguacan	- -
Baja CURBELO TEJERA, Laura	01 C.N. Aguacan	- -
Baja BORNAGHI, Roberta Elisa	83 C.D.N. Nadamas Las Marinas	- -

Prueba 29
03/12/2023

Masc., 200m Espalda

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. RAMOS DELGADO, Ricardo	07 C.N. Las Palmas	2:10.00 19,00 -
50m: 30.62 30.62 100m: 1:03.04	32.42 150m: 1:36.48 33.44 200m: 2:10.00 33.52	
2. MARTIN BETANCOR, Danilo	07 C.N. Las Palmas	2:10.34 16,00 -
50m: 30.66 30.66 100m: 1:03.64	32.98 150m: 1:37.34 33.70 200m: 2:10.34 33.00	
3. DIAZ GONZALEZ, Pablo	03 A.D. Santa Cruz	2:10.40 14,00 -
50m: 30.97 30.97 100m: 1:03.45	32.48 150m: 1:35.90 32.45 200m: 2:10.40 34.50	
4. LORENÇO FERREIRA, Gustavo	06 C.D.N. Nadamas Las Marinas	2:12.68 13,00 -
50m: 31.12 31.12 100m: 1:04.61	33.49 150m: 1:38.68 34.07 200m: 2:12.68 34.00	
5. TAVIO MEDINA, Emilio Jose	02 A.D. Santa Cruz	2:13.78 12,00 -
50m: 31.28 31.28 100m: 1:04.70	33.42 150m: 1:38.85 34.15 200m: 2:13.78 34.93	
6. CURTIS LORENZO, Nathan	07 C.B. Dominicas Vistabella	2:16.82 11,00 -
50m: 31.65 31.65 100m: 1:05.39	33.74 150m: 1:40.95 35.56 200m: 2:16.82 35.87	

Prueba 29, Masc., 200m Espalda, Absoluto Masculino

Clasificación	AN				Tiempo			
7. SUÁREZ HERNANDEZ, Jerome	05	C.N. Teneteide	2:16.94	10,00	-	50m:	31.95	31.95
						100m:	1:05.66	33.71
						150m:	1:41.05	35.39
						200m:	2:16.94	35.89
8. FLORES RODRIGUEZ, Daniel	03	C.N. Metropole	2:17.01	9,00	-	50m:	30.71	30.71
						100m:	1:05.22	34.51
						150m:	1:41.66	36.44
						200m:	2:17.01	35.35
9. MORALES LEMES, Marcos	05	C.N. Teneteide	2:18.01	8,00	-	50m:	31.39	31.39
						100m:	1:05.74	34.35
						150m:	1:41.22	35.48
						200m:	2:18.01	36.79
10. DIAZ GARCIA, Samuel Manuel	03	R.C. Náutico De Tenerife	2:18.99	7,00	-	50m:	30.02	30.02
						100m:	1:03.73	33.71
						150m:	1:40.44	36.71
						200m:	2:18.99	38.55
11. GERSCOVICH PERI, Luka	06	C.N. Metropole	2:19.13	6,00	-	50m:	32.84	32.84
						100m:	1:07.92	35.08
						150m:	1:43.29	35.37
						200m:	2:19.13	35.84
12. SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	2:20.25	5,00	-	50m:	31.76	31.76
						100m:	1:07.68	35.92
						150m:	1:44.35	36.67
						200m:	2:20.25	35.90
13. VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	2:23.69	4,00	-	50m:	33.04	33.04
						100m:	1:08.63	35.59
						150m:	1:46.39	37.76
						200m:	2:23.69	37.30
14. PADRON MIGUELEZ, Matias	08	C.D.N. Nadamas Las Marinas	2:24.74	3,00	-	50m:	34.34	34.34
						100m:	1:11.30	36.96
						150m:	1:49.25	37.95
						200m:	2:24.74	35.49
15. MENDOZA HERNANDEZ, Oscar	03	C.N. Los Cristianos	2:24.86	2,00	-	50m:	32.89	32.89
						100m:	1:08.73	35.84
						150m:	1:47.41	38.68
						200m:	2:24.86	37.45
16. GARCÍA MESA, Rayco	10	C.N. Reales	2:25.06	1,00	-	50m:	32.75	32.75
						100m:	1:08.32	35.57
						150m:	1:46.33	38.01
						200m:	2:25.06	38.73
17. ESTEVEZ GALVEZ, Carlos	08	C.B. Dominicas Vistabella	2:25.18	-	-	50m:	33.47	33.47
						100m:	1:10.41	36.94
						150m:	1:48.40	37.99
						200m:	2:25.18	36.78
18. PINTO PEREZ, Sergio	00	R.C. Náutico De Tenerife	2:35.31	-	-	50m:	34.21	34.21
						100m:	1:12.38	38.17
						150m:	1:53.65	41.27
						200m:	2:35.31	41.66
19. CARAMÉS HUERTAS, Oriol	08	Cn.Faynagua C. Telde	2:36.14	-	-	50m:	37.72	37.72
						100m:	1:18.44	40.72
						150m:	1:57.91	39.47
						200m:	2:36.14	38.23
20. CAMPANALUNGA MORALES, Enzo	08	Cn.Faynagua C. Telde	2:38.03	-	-	50m:	37.18	37.18
						100m:	1:16.00	38.82
						150m:	1:56.90	40.90
						200m:	2:38.03	41.13
21. GOMEZ RODRIGUEZ, Daniel	09	C.N. Aguacan	2:39.84	-	-	50m:	37.52	37.52
						100m:	1:18.54	41.02
						150m:	2:00.67	42.13
						200m:	2:39.84	39.17
22. SUAREZ TORRES, Pablo	07	Cn.Salinas Sta.Lucia	2:40.59	-	-	50m:	37.59	37.59
						100m:	1:18.21	40.62
						150m:	2:00.71	42.50
						200m:	2:40.59	39.88
23. GARCIA STAGE-SOE, Sebastian	09	Esna Lanzarote	2:40.60	-	-	50m:	36.39	36.39
						100m:	1:17.11	40.72
						150m:	1:59.77	42.66
						200m:	2:40.60	40.83
24. SANTANA ACUÑA, Gorka	09	C.D. Nonadamos	2:43.54	-	-	50m:	38.74	38.74
						100m:	1:20.07	41.33
						150m:	2:02.55	42.48
						200m:	2:43.54	40.99
25. OLIVER GARCÍA, Jesús	05	C.D. N. Bentacu-Laguna	2:44.29	-	-	50m:	35.40	35.40
						100m:	1:16.32	40.92
						150m:	1:59.89	43.57
						200m:	2:44.29	44.40
26. FRANCO MELIAN, Jorge Javier	09	C.N. Aguacan	2:44.61	-	-	50m:	38.76	38.76
						100m:	1:20.63	41.87
						150m:	2:03.25	42.62
						200m:	2:44.61	41.36
27. GONZÁLEZ GONZÁLEZ, Diego	08	C.D. N. Bentacu-Laguna	2:57.32	-	-	50m:	39.79	39.79
						100m:	1:24.67	44.88
						150m:	2:12.30	47.63
						200m:	2:57.32	45.02
28. MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun	2:58.25	-	-	50m:	41.81	41.81
						100m:	1:26.87	45.06
						150m:	2:12.32	45.45
						200m:	2:58.25	45.93
29. GUTIÉRREZ MORENO, Lucas del Carr	11	Club Deportivo Agaeterun	3:07.78	-	-	50m:	43.35	43.35
						100m:	1:31.29	47.94
						150m:	2:19.05	47.76
						200m:	3:07.78	48.73
30. RODRIGUEZ MORINIGO, Aritz	09	C.D. Herbania	3:08.04	-	-	50m:	44.83	44.83
						100m:	1:32.45	47.62
						150m:	2:20.74	48.29
						200m:	3:08.04	47.30

Prueba 29, Masc., 200m Espalda, Absoluto Masculino

Clasificación	AN	Tiempo
31. MICO FERNÁNDEZ, Pedro	11 C.D. Herbania	3:26.28 - -
50m: 48.03 48.03 100m: 1:41.20 53.17 150m: 2:34.82 53.62 200m: 3:26.28 51.46		
Baja VEGA SANTANA, Alejandro	93 C.D. Herbania	- -
Baja TORREIRO MARTINEZ, Carlos	06 C.D. Herbania	- -
Baja VEGA SOSA, Juan Iriney	05 C.N. Las Palmas	- -
Baja RUANO ZERPA, Fabio	10 Cn.Faynagua C. Telde	- -
Baja TALLO PEREZ, Bruno	10 R.C. Náutico De Tenerife	- -

Prueba 30
03/12/2023

Fem., 200m Espalda

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. HERNANDEZ MARTIN, Nerea	03 C.N. Las Palmas	2:23.03 19,00 -
50m: 33.52 33.52 100m: 1:09.42 35.90 150m: 1:46.45 37.03 200m: 2:23.03 36.58		
2. MORENO ARMAS, Ainara	07 C.N. Teneteide	2:24.14 16,00 -
50m: 33.54 33.54 100m: 1:10.68 37.14 150m: 1:47.94 37.26 200m: 2:24.14 36.20		
3. ANGULO FALCON, Cristina	06 C.N. Las Palmas	2:29.30 14,00 -
50m: 35.17 35.17 100m: 1:13.23 38.06 150m: 1:51.95 38.72 200m: 2:29.30 37.35		
4. HERNÁNDEZ CASTRILLO, Yessica	00 C.N. Aguacan	2:29.47 13,00 -
50m: 34.71 34.71 100m: 1:11.50 36.79 150m: 1:50.09 38.59 200m: 2:29.47 39.38		
5. NUÑEZ CATALAN, Maria	96 C.B. Dominicas Vistabella	2:30.42 12,00 -
50m: 36.92 36.92 100m: 1:15.22 38.30 150m: 1:53.37 38.15 200m: 2:30.42 37.05		
6. SARABIA OUBIÑA, Ariadna	08 C.D. Nonadamos	2:34.90 11,00 -
50m: 36.36 36.36 100m: 1:14.91 38.55 150m: 1:54.23 39.32 200m: 2:34.90 40.67		
7. SASU BODARNEA, Natalia Emilia	08 C.D.N. Nadamas Las Marinas	2:36.35 10,00 -
50m: 37.68 37.68 100m: 1:17.20 39.52 150m: 1:57.58 40.38 200m: 2:36.35 38.77		
8. FERNANDEZ ANDRES, Lola	11 Cn.Salinas Sta.Lucia	2:36.87 9,00 -
50m: 36.87 36.87 100m: 1:16.84 39.97 150m: 1:57.54 40.70 200m: 2:36.87 39.33		
9. FERNANDEZ VIEIRA, Carolina	08 C.N. Teneteide	2:37.57 8,00 -
50m: 37.74 37.74 100m: 1:17.55 39.81 150m: 1:57.95 40.40 200m: 2:37.57 39.62		
10. BONILLA BORDON, Ines	06 C.N. Aguacan	2:37.74 7,00 -
50m: 36.53 36.53 100m: 1:16.52 39.99 150m: 1:57.42 40.90 200m: 2:37.74 40.32		
11. SAIZ PEREZ, Mar	08 C.N. Los Cristianos	2:38.40 6,00 -
50m: 36.74 36.74 100m: 1:17.31 40.57 150m: 1:58.56 41.25 200m: 2:38.40 39.84		
12. GARCIA GONZALEZ, Sara	06 C.D. Herbania	2:40.19 5,00 -
50m: 36.41 36.41 100m: 1:16.55 40.14 150m: 1:58.52 41.97 200m: 2:40.19 41.67		
13. CASTRO ADRIAN, Michelle	02 A.D. Santa Cruz	2:41.09 4,00 -
50m: 36.95 36.95 100m: 1:18.03 41.08 150m: 2:00.45 42.42 200m: 2:41.09 40.64		
14. ANDREWS, holly Annie	10 C.D.N. Nadamas Las Marinas	2:42.71 3,00 -
50m: 36.64 36.64 100m: 1:17.27 40.63 150m: 2:00.22 42.95 200m: 2:42.71 42.49		
15. TOVAR MORENO, Estephania	03 A.D. Santa Cruz	2:45.83 2,00 -
50m: 36.86 36.86 100m: 1:18.00 41.14 150m: 2:01.88 43.88 200m: 2:45.83 43.95		
16. BINEATA SARGHI, Beatrice Valeria	07 C.D. Nonadamos	2:46.12 1,00 -
50m: 39.43 39.43 100m: 1:20.73 41.30 150m: 2:03.86 43.13 200m: 2:46.12 42.26		
17. GODOY GARCIA, Gara	07 C.P.Santa Mª De Guia	2:46.76 - -
50m: 38.95 38.95 100m: 1:19.43 40.48 150m: 2:02.63 43.20 200m: 2:46.76 44.13		
18. BOTÍ RUIZ-BENÍTEZ DE LUGO, Cristina	07 C.B. Dominicas Vistabella	2:47.55 - -
50m: 37.23 37.23 100m: 1:20.01 42.78 150m: 2:04.42 44.41 200m: 2:47.55 43.13		

Prueba 30, Fem., 200m Espalda, Absoluto Femenino

Clasificación	AN	Tiempo
19. GIMENEZ CASTILLA, Maria	07	Cn.Faynagua C. Telde 2:47.81 - -
50m: 39.52 39.52 100m: 1:22.30		42.78 150m: 2:05.69 43.39 200m: 2:47.81 42.12
20. MACHIN FERNANDEZ, Martina	06	C.D. N. Bentacu-Laguna 2:48.01 - -
50m: 38.91 38.91 100m: 1:21.55		42.64 150m: 2:05.47 43.92 200m: 2:48.01 42.54
21. BALLESTER EXPOSITO, Elena	06	Cn.Salinas Sta.Lucia 2:52.69 - -
50m: 40.22 40.22 100m: 1:23.67		43.45 150m: 2:08.51 44.84 200m: 2:52.69 44.18
22. FAJARDO SANCHEZ, Yaneli	05	C.D. Herbania 2:54.18 - -
50m: 40.86 40.86 100m: 1:25.06		44.20 150m: 2:10.01 44.95 200m: 2:54.18 44.17
23. DÍAZ PEREZ, Ainara	09	C.N. Martianeze Coral Hotels 2:56.15 - -
50m: 38.73 38.73 100m: 1:24.67		45.94 200m: 2:56.15 1:31.48
24. CEDRES ESPINOSA, Martina	09	Esna Lanzarote 2:56.99 - -
50m: 42.12 42.12 100m: 1:27.21		45.09 150m: 2:12.69 45.48 200m: 2:56.99 44.30
25. HUGO, Jeanne	11	Club Deportivo Agaeterun 2:57.28 - -
50m: 42.03 42.03 100m: 1:27.11		45.08 150m: 2:12.90 45.79 200m: 2:57.28 44.38
26. CALZADILLA SOCAS, Rebeca	08	C.D. N. Bentacu-Laguna 2:58.26 - -
50m: 41.44 41.44 100m: 1:26.49		45.05 200m: 2:58.26 1:31.77
27. MEDINA HERNÁNDEZ, Sofía	07	C.N. Martianeze Coral Hotels 2:59.29 - -
50m: 41.18 41.18 100m: 1:25.55		44.37 200m: 2:59.29 1:33.74
28. DIAZ DE LOSADA BUJAN, Silvia	12	R.C. Náutico De Tenerife 3:00.50 - -
50m: 41.94 41.94 100m: 1:28.83		46.89 200m: 3:00.50 1:31.67
29. CEDRES ESPINOSA, Valeria	09	Esna Lanzarote 3:11.85 - -
50m: 46.98 46.98 100m: 1:35.44		48.46 150m: 2:25.26 49.82 200m: 3:11.85 46.59
30. REDONDO CORREA, Claudia	07	R.C. Náutico De Tenerife 3:12.79 - -
50m: 44.68 44.68 100m: 1:33.12		48.44 200m: 3:12.79 1:39.67
31. ÁLAMO SANTOS, Rocío	11	Club Deportivo Agaeterun 3:18.28 - -
50m: 47.64 47.64 100m: 1:37.86		50.22 150m: 2:29.31 51.45 200m: 3:18.28 48.97
32. MATOS MEJIAS, Sara	03	Cn.Faynagua C. Telde 3:27.76 - -
50m: 46.59 46.59 100m: 1:38.10		51.51 150m: 2:32.71 54.61 200m: 3:27.76 55.05
Baja MORALES GONZÁLEZ, Aroa	08	C.N. Aguacan - -
Baja TACORONTE PEREZ, Daniela	05	C.P.Santa Mª De Guia - -
Baja CARRASCOSA SANTAMARIA, Sara	08	Cn.Faynagua C. Telde - -
Baja MARTÍN CÁMARA, Cloe	10	C.B. Dominicas Vistabella - -
Baja LAVANDERA ALTESOR, Josefina	10	C.N. Los Cristianos - -
Baja VARELA MESA, Ines	08	R.C. Náutico De Tenerife - -

Prueba 31
03/12/2023

Masc., 100m Libre

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. GARCIA MORENO, Jorge	00	C.D.N. Nadamas Las Marinas 50.54 19,00 -
50m: 24.47 24.47 100m: 50.54		26.07
2. STRELKOV, Roberto Ivan	93	C.N. Las Palmas 51.25 16,00 -
50m: 24.79 24.79 100m: 51.25		26.46
3. HERRERA TORRES, Carlos	04	C.N. Metropole 51.97 14,00 -
50m: 24.91 24.91 100m: 51.97		27.06
4. MARTEL MARTEL, Aimar	03	C.N. Las Palmas 52.11 13,00 -
50m: 25.30 25.30 100m: 52.11		26.81
5. HOLZENDORF DIONIS, Thomas	97	C.N. Reales 52.84 12,00 -
50m: 25.26 25.26 100m: 52.84		27.58

Prueba 31, Masc., 100m Libre, Absoluto Masculino

Clasificación	AN				Tiempo		
6.	SANTANA RAMIREZ, Ángel	04	C.N. Metropole	53.45	11,00	-	
	50m: 26.23 26.23 100m: 53.45		27.22				
7.	CAPLLONCH DE UÑA, Ismael	07	C.N. Teneteide	53.62	10,00	-	
	50m: 25.99 25.99 100m: 53.62		27.63				
8.	PORRERO MARTIN, Jorge	07	C.N. Teneteide	53.63	9,00	-	
	50m: 26.12 26.12 100m: 53.63		27.51				
9.	GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz	53.65	8,00	-	
	50m: 26.62 26.62 100m: 53.65		27.03				
10.	TOGORES RODRIGUEZ, Domingo	97	A.D. Santa Cruz	53.79	7,00	-	
	50m: 26.19 26.19 100m: 53.79		27.60				
11.	PEREZ GONZALEZ, Fco Javier	90	C.N. Reales	53.87	6,00	-	
	50m: 25.91 25.91 100m: 53.87		27.96				
12.	FDEZ BERMUDEZ, Iker	06	Esna Lanzarote	55.87	5,00	-	
	50m: 26.81 26.81 100m: 55.87		29.06				
13.	RAMIREZ MORALES, Sergio C.	03	Cn.Faynagua C. Telde	56.34	4,00	-	
	50m: 27.39 27.39 100m: 56.34		28.95				
14.	LOPEZ GARCIA, Andreas	98	Cn.Salinas Sta.Lucia	56.38	3,00	-	
	50m: 27.51 27.51 100m: 56.38		28.87				
15.	MERINO MONTES DE OCA, Alvaro	01	R.C. Náutico De Tenerife	56.55	2,00	-	
	50m: 26.01 26.01 100m: 56.55		30.54				
16.	CARRO BONILLA, Cristobal	04	R.C. Náutico De Tenerife	56.73	1,00	-	
	50m: 26.13 26.13 100m: 56.73		30.60				
17.	AVERO RODRIGUEZ, Aday	07	C.D. Herbania	57.05	-	-	
	50m: 27.70 27.70 100m: 57.05		29.35				
18.	LEÓN RODRÍGUEZ, Gerardo	08	C.N. Martianez Coral Hotels	57.35	-	-	
	50m: 27.92 27.92 100m: 57.35		29.43				
19.	VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	57.41	-	-	
	50m: 27.59 27.59 100m: 57.41		29.82				
20.	COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote	57.67	-	-	
	50m: 28.11 28.11 100m: 57.67		29.56				
21.	DOS REIS SANTANA, Alejandro	04	C.N. Aguacan	57.72	-	-	
	50m: 28.06 28.06 100m: 57.72		29.66				
22.	MORENO ALVAREZ, Alexis	08	C.B. Dominicas Vistabella	57.75	-	-	
	50m: 27.30 27.30 100m: 57.75		30.45				
23.	MENDOZA VEGA, Jorge	06	C.P.Santa Mª De Guia	57.84	-	-	
	50m: 27.27 27.27 100m: 57.84		30.57				
24.	ALAMO SANTOS, Alberto Bruno	07	Club Deportivo Agaeterun	58.41	-	-	
	50m: 28.06 28.06 100m: 58.41		30.35				
25.	PERALES SILVA, Francisco	09	C.N. Los Cristianos	58.54	-	-	
	50m: 28.65 28.65 100m: 58.54		29.89				
26.	QUIJADA PÉREZ, Saúl Alejandro	10	C.D. N. Bentacu-Laguna	58.82	-	-	
	50m: 28.53 28.53 100m: 58.82		30.29				
27.	FALCON LORENZO, Javier	94	Cn.Faynagua C. Telde	59.19	-	-	
	50m: 28.74 28.74 100m: 59.19		30.45				
28.	TOBAL FEBLES, Gabriel	10	C.D. Herbania	1:00.23	-	-	
	50m: 29.37 29.37 100m: 1:00.23		30.86				
29.	AMATI, Nicolo	10	C.N. Los Cristianos	1:00.34	-	-	
	50m: 29.00 29.00 100m: 1:00.34		31.34				

Prueba 31, Masc., 100m Libre, Absoluto Masculino

Clasificación	AN	Tiempo		
30. RODRIGUEZ LOZANO, David	09	C.D.N. Nadamas Las Marinas	1:00.67	- -
50m: 29.47 29.47 100m: 1:00.67		31.20		
31. SÁNCHEZ EDODEY, Fabio	08	C.N. Martianeze Coral Hotels	1:01.00	- -
50m: 28.87 28.87 100m: 1:01.00		32.13		
32. NASSEREDDINE MESA, Nash	09	C.B. Dominicas Vistabella	1:01.01	- -
50m: 28.90 28.90 100m: 1:01.01		32.11		
33. NOBREGA AGUIAR, Carlos	08	C.P.Santa Mª De Guia	1:06.08	- -
50m: 30.42 30.42 100m: 1:06.08		35.66		
34. DÍAZ RAMOS, Asael	08	C.D. N. Bentacu-Laguna	1:10.22	- -
50m: 32.31 32.31 100m: 1:10.22		37.91		
35. ACOSTA SANTANA, Samuel	08	Club Deportivo Agaeterun	1:12.35	- -
50m: 33.33 33.33 100m: 1:12.35		39.02		
NP CHAVARREN CORUJO, Asier	98	C.N. Aguacan		- -

Prueba 32
03/12/2023

Fem., 100m Libre

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo		
1. WOLGESCHAFFEN FERNANDEZ, Sofi	06	C.N. Reales	58.77	19,00 -
50m: 28.40 28.40 100m: 58.77		30.37		
2. BASILI, Veronica	08	C.N. Teneteide	1:00.13	16,00 -
50m: 29.31 29.31 100m: 1:00.13		30.82		
3. SOSA HERNANDEZ, Andrea Esther	04	C.N. Martianeze Coral Hotels	1:00.95	14,00 -
50m: 29.85 29.85 100m: 1:00.95		31.10		
4. ROMERO BASTERRECHEA, Paula	97	C.N. Aguacan	1:01.00	13,00 -
50m: 29.69 29.69 100m: 1:01.00		31.31		
5. RIJO MARTIN, Sara	08	Esna Lanzarote	1:01.37	12,00 -
50m: 29.60 29.60 100m: 1:01.37		31.77		
6. QUINTILLA MODREGO, Laia	88	Club Deportivo Agaeterun	1:01.55	11,00 -
50m: 29.52 29.52 100m: 1:01.55		32.03		
7. SANCHEZ CABAÑAS, Naira	00	A.D. Santa Cruz	1:01.70	10,00 -
50m: 29.68 29.68 100m: 1:01.70		32.02		
8. BASILI, Eleonora	06	C.N. Teneteide	1:01.77	9,00 -
50m: 29.43 29.43 100m: 1:01.77		32.34		
9. BELLO CODINA, Julia	08	C.N. Las Palmas	1:01.84	8,00 -
50m: 29.87 29.87 100m: 1:01.84		31.97		
10. CAMPBELL ZEMIER, Veronica	86	C.N. Las Palmas	1:02.07	7,00 -
50m: 29.74 29.74 100m: 1:02.07		32.33		
11. WOLGESCHAFFEN FERNANDEZ, Pat	09a	C.N. Reales	1:02.92	6,00 -
50m: 29.89 29.89 100m: 1:02.92		33.03		
12. DE CASTRO URQUIOLA, Helena	04	C.N. Aguacan	1:03.82	5,00 -
50m: 30.57 30.57 100m: 1:03.82		33.25		
13. PULIDO MAYOR, Sheila	98	Cn.Faynagua C. Telde	1:04.17	3,50 -
50m: 30.38 30.38 100m: 1:04.17		33.79		
MORALES FAJARDO, Nora	10	C.D.N. Nadamas Las Marinas	1:04.17	3,50 -
50m: 30.99 30.99 100m: 1:04.17		33.18		
15. GOPAR CORDOBEL, Lily Jeanne	07	C.D.N. Nadamas Las Marinas	1:04.61	2,00 -
50m: 30.37 30.37 100m: 1:04.61		34.24		

Prueba 32, Fem., 100m Libre, Absoluto Femenino

Clasificación	AN		Tiempo	
16. GARRIDO ALONSO, Lucia	09	C.B. Dominicas Vistabella	1:05.08	1,00 -
50m: 30.38 30.38 100m: 1:05.08		34.70		
17. SOSA HERNÁNDEZ, Michelle Dayana	08	C.N. Martianeze Coral Hotels	1:06.67	- -
50m: 31.65 31.65 100m: 1:06.67		35.02		
18. ORTEGA GUTIÉRREZ, Eugenia	11	C.B. Dominicas Vistabella	1:06.93	- -
50m: 31.99 31.99 100m: 1:06.93		34.94		
19. HERNANDEZ ALMENARA, Laia	08	A.D. Santa Cruz	1:06.99	- -
50m: 31.99 31.99 100m: 1:06.99		35.00		
20. PEREZ MUÑOZ, Claudia	08	Esna Lanzarote	1:07.03	- -
50m: 31.87 31.87 100m: 1:07.03		35.16		
21. QUESADA GARCIA, Yanel	04	Cn.Salinas Sta.Lucia	1:07.15	- -
50m: 32.45 32.45 100m: 1:07.15		34.70		
22. JUGLAIR, Loane	07	C.N. Los Cristianos	1:07.37	- -
50m: 31.94 31.94 100m: 1:07.37		35.43		
23. PEREZ DIAZ, Natalia	07	C.N. Los Cristianos	1:07.96	- -
50m: 32.25 32.25 100m: 1:07.96		35.71		
24. PEREZ LUIS, Lucia	08	C.D. Herbania	1:10.24	- -
50m: 33.76 33.76 100m: 1:10.24		36.48		
25. DELGADO BARDON, Alicia	07	R.C. Náutico De Tenerife	1:11.07	- -
50m: 34.29 34.29 100m: 1:11.07		36.78		
26. FLORA LELAJ, Mirela	11	Cn.Salinas Sta.Lucia	1:13.12	- -
50m: 35.65 35.65 100m: 1:13.12		37.47		
27. MINOVIC, Kristina	06	C.D. Herbania	1:13.18	- -
50m: 34.92 34.92 100m: 1:13.18		38.26		
28. TACORONTE HERRERA, Aura	07	C.P.Santa Mª De Guia	1:16.24	- -
50m: 35.60 35.60 100m: 1:16.24		40.64		
29. CARRASCOSA SANTAMARIA, Sara	08	Cn.Faynagua C. Telde	1:19.29	- -
50m: 36.71 36.71 100m: 1:19.29		42.58		
30. BETANCOURT DAVAUS, Amelie	06	C.D. N. Bentacu-Laguna	1:19.60	- -
50m: 37.39 37.39 100m: 1:19.60		42.21		
31. DIAZ CABRERA, Maria Luz	09	R.C. Náutico De Tenerife	1:21.19	- -
50m: 38.21 38.21 100m: 1:21.19		42.98		
32. RODRIGUEZ RIVERO, Sarai	06	C.D. N. Bentacu-Laguna	1:25.35	- -
50m: 38.66 38.66 100m: 1:25.35		46.69		
DSQ MARTIN MARTIN, Nerea	11	C.D. Nonadamos		- -
Baja DIAZ RODRIGUEZ, Grisela	02	Cn.Faynagua C. Telde		- -
Baja ACUÑA VANKOVA, Bianca	08	C.D. Nonadamos		- -
Baja AFONSO GRAU, Martina	10	R.C. Náutico De Tenerife		- -

Prueba 33
03/12/2023

Masc., 4 x 50m Estilos

Absoluto Masculino
Resultados

Clasificación

Tiempo

1.	C.N. Las Palmas 1				C.N. Las Palmas		1:45.55	38,00	-
	VEGA SOSA, Juan Iriney	05			26.65	STRELKOV, Roberto Ivan	93	0.00	25.41
	SANCHEZ MEDINA, Ian	06	0.00		29.41	MARTEL MARTEL, Aimar	03	0.00	24.08
2.	C.N. Metropole 1				C.N. Metropole		1:46.37	32,00	-
	FLORES RODRIGUEZ, Daniel	03			27.83	VALLEJO BUCK, Manuel Philipp	05	0.00	26.13
	MARTEL OJEDA, Raul Jose	01	0.00		29.45	VACCARI, Federico	07	0.00	22.96
3.	A.D. Santa Cruz 1				A.D. Santa Cruz		1:48.93	28,00	-
	DIAZ GONZALEZ, Pablo	03			27.74	COELLO TEJERA, Adrian	98		25.73
	AFONSO SUAREZ, Ivan	96			30.36	GUADALUPE NEGRIN, Jorge Rams	03		25.10
4.	C.N. Teneteide 1				C.N. Teneteide		1:50.45	26,00	-
	BELAMENDIA COTORRUELO, Gera	07			28.35	GONZALEZ NEGRIN, Aquiles	08		26.36
	AMARO HERNANDEZ, Eduardo As	06			31.79	PORRERO MARTIN, Jorge	07		23.95
5.	C.D.N. Nadamas Las Marinas 1				C.D.N. Nadamas Las Marinas		1:51.37	24,00	-
	LORENÇO FERREIRA, Gustavo	06			29.32	CARRASCOSA HESTER, Tomas	04		27.28
	JAEN SERRA, Andreu	06			31.49	GARCIA MORENO, Jorge	00		23.28
6.	R.C. Náutico De Tenerife 1				R.C. Náutico De Tenerife		1:52.92	22,00	-
	DIAZ GARCIA, Samuel Manuel	03			28.79	CARRO BONILLA, Cristobal	04		28.57
	LEON JULIÁ, Marco	09			30.65	MERINO MONTES DE OCA, Alvaro	01		24.91
7.	C.D. Herbania 1				C.D. Herbania		1:53.57	20,00	-
	PRIETO RODRIGUEZ, Daniel	00			27.68	CARRERO SERRANO, Marcos Dani	09	0.00	27.45
	SUAREZ MONTERO, Nicolas	07	0.00		32.23	AVERO RODRIGUEZ, Aday	07	0.00	26.21
8.	C.N. Reales 1				C.N. Reales		1:54.24	18,00	-
	BELLO HERNANDEZ, Sergio	04			29.26	HOLZENDORF DIONIS, Thomas	97		26.99
	RAMOS DELGADO, Gabriel	05			33.10	PEREZ GONZALEZ, Fco Javier	90		24.89
9.	C.N. Aguacan 1				C.N. Aguacan		1:55.14	16,00	-
	SALUTREGUI GOMEZ, Nicolas	01			29.14	SANTANA VALIDO, Alan	05	0.00	28.57
	CERPA CABALLERO, Jonay Salva	99	0.00		30.63	DOS REIS SANTANA, Alejandro	04	0.00	26.80
10.	C.B. Dominicas Vistabella 1				C.B. Dominicas Vistabella		1:55.53	14,00	-
	CURTIS LORENZO, Nathan	07			31.27	DUQUE BROUARD, Daniel	08		28.33
	RAVELO SUAREZ, Antonio Jesus	09			29.89	MORENO ALVAREZ, Alexis	08		26.04
11.	C.N. Los Cristianos 1				C.N. Los Cristianos		1:56.80	12,00	-
	MENDOZA HERNANDEZ, Oscar	03			30.32	PERALES SILVA, Francisco	09		28.32
	MEYER, Alber Sebastian	06			32.40	ELMAALOU FERNANDEZ, Tarek	06		25.76
12.	Esna Lanzarote 1				Esna Lanzarote		1:59.40	10,00	-
	CALLERO MURILLO, Javier	07			32.36	MANZATTO VACCARO, Nicolas	06	0.00	25.93
	GARCIA STAGE-SOE, Sebastian	09	0.00		34.85	FDEZ BERMUDEZ, Iker	06	0.00	26.26
13.	C.N. Martiane Coral Hotels 1				C.N. Martiane Coral Hotels		1:59.63	8,00	-
	MARTÍN GARCÍA, Mario	04			29.01	DEVORA CHINEA, Diego	05		29.66
	HERNÁNDEZ MÉNDEZ, Julio	07			34.05	LEÓN RODRÍGUEZ, Gerardo	08		26.91
14.	Cn.Salinas Sta.Lucia 1				Cn.Salinas Sta.Lucia		2:01.92	6,00	-
	SANTANA RAMIREZ, Adrian	08			32.79	LOPEZ GARCIA, Andreas	98	0.00	28.41
	LEON TRUJILLO, Ernesto	01	0.00		34.04	VILLANUEVA JODKO, Aleksander	08	0.00	26.68
15.	Cn.Faynagua C. Telde 1				Cn.Faynagua C. Telde		2:02.37	4,00	-
	RAMIREZ MORALES, Sergio C.	03			32.12	OUBIÑA CORVALAN, Marcos A	05	0.00	29.27
	SANTANA REYES, Carmelo	03	0.00		34.21	FALCON LORENZO, Javier	94	0.00	26.77
16.	C.D. N. Bentacu-Laguna 1				C.D. N. Bentacu-Laguna		2:06.22	2,00	-
	OLIVER GARCÍA, Jesús	05			34.50	GONZALEZ BAIK, Ángel Nuri	04		27.81
	DE LEON GONZALEZ, Diego	10			37.09	QUIJADA PÉREZ, Saúl Alejandro	10		26.82
17.	Club Deportivo Agaeterun 1				Club Deportivo Agaeterun		2:23.67	-	-
	GUTIÉRREZ MORENO, Lucas del C	11	0.00		40.18	DAMIANI, Giorgio	12	0.00	34.66
	ALAMO HERRERA, Jorge	11			42.05	ALAMO SANTOS, Alberto Bruno	07	0.00	26.78

Prueba 33, Masc., 4 x 50m Estilos, Absoluto Masculino

Clasificación

Tiempo

DSQ	C.D. Nonadamos 1			C.D. Nonadamos		-	-
	SANTANA ACUÑA, Gorka	09		35.79	ELVIRA GLAUBITZ, Alejandro	00	
	PEREZ CERVILLA, Daniel	07			RIOS ROMERO, Joaquin	04	

Prueba 34
03/12/2023

Fem., 4 x 50m Estilos

Absoluto Femenino
Resultados

Clasificación

Tiempo

1.	C.N. Las Palmas 1			C.N. Las Palmas		2:04.28	38,00	-
	HERNANDEZ MARTIN, Nerea	03		31.97	ULIBARRI SANCHEZ, Ines	09	0.00	30.36
	CAMPBELL ZEMIER, Veronica	86	0.00	34.02	BELLO CODINA, Julia	08	0.00	27.93
2.	C.N. Teneteide 1			C.N. Teneteide		2:04.94	32,00	-
	MORENO ARMAS, Ainara	07		31.71	BASILI, Veronica	08		30.03
	CHAVES RODRIGUEZ, Natacha	01		35.27	BASILI, Eleonora	06		27.93
3.	C.N. Reales 1			C.N. Reales		2:07.92	28,00	-
	WOLGESCHAFFEN FERNANDEZ, F09ricia			34.12	LABRADOR CASTILLA, Paula Daoi05			30.31
	FRANCOS PINEDA, Carlota	05		36.22	WOLGESCHAFFEN FERNANDEZ, 506ia			27.27
4.	C.D.N. Nadamas Las Marinas 1			C.D.N. Nadamas Las Marinas		2:10.25	26,00	-
	ANDREWS, holly Annie	10		34.32	MORALES FAJARDO, Nora	10		32.90
	VAZQUEZ HDEZ, Lucia	06		35.76	DENBY, Kennedy Hope	05		27.27
5.	C.N. Aguacan 1			C.N. Aguacan		2:11.00	24,00	-
	HERNÁNDEZ CASTRILLO, Yessica00			32.79	ROMERO BASTERRECHEA, Paula 97		0.00	31.50
	CERPA CABALLERO, Xiomara Mª	01	0.00	36.73	ROMERO BASTERRECHEA, Andreæ93		0.00	29.98
6.	A.D. Santa Cruz 1			A.D. Santa Cruz		2:11.57	22,00	-
	CASTRO ADRIAN, Michelle	02		34.35	HERNANDEZ ALMENARA, Nerea	07		31.92
	CALVICHE FERNANDEZ, Nazaret	87		37.06	SANCHEZ CABAÑAS, Naira	00		28.24
7.	C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella		2:12.39	20,00	-
	GARRIDO ALONSO, Lucia	09		34.33	NUÑEZ CATALAN, Maria	96		31.10
	GONZÁLEZ QUINTANA, Valeria	08		36.92	PIÑERO STEGENSEK, Elisa	08		30.04
8.	Esna Lanzarote 1			Esna Lanzarote		2:13.07	18,00	-
	RIJO MARTIN, Sara	08		34.35	NAVARRO OLIVEROS, Micaela	06	0.00	32.70
	CARDEÑOSA PARRALEJO, Paula	08	0.00	37.03	PEREZ MUÑOZ, Claudia	08	0.00	28.99
9.	C.N. Martianez Coral Hotels 1			C.N. Martianez Coral Hotels		2:14.50	16,00	-
	POMPIDOU, Eva Océane	00		33.84	SOSA HERNÁNDEZ, Michelle Daya08			34.26
	HERNÁNDEZ CABO, Sofía	06		37.83	SOSA HERNANDEZ, Andrea Esthe04			28.57
10.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia		2:15.39	14,00	-
	FERNANDEZ ANDRES, Lola	11		33.39	LOPEZ SOSA, Carla	09	0.00	32.36
	MENDEZ RAMMIREZ, Zoe	12	0.00	39.55	QUESADA GARCIA, Yanel	04	0.00	30.09
11.	C.N. Los Cristianos 1			C.N. Los Cristianos		2:15.65	12,00	-
	SAIZ PEREZ, Mar	08		33.46	RODRIGUEZ COLMENARES, Bella 09ia			31.82
	ADRIAN MARTIN, Sara	10		40.13	MOURE GAO, Natalia	11		30.24
12.	Cn.Faynagua C. Telde 1			Cn.Faynagua C. Telde		2:17.22	10,00	-
	GIMENEZ CASTILLA, Maria	07		35.66	DIAZ RODRIGUEZ, Grisela	02	0.00	32.26
	GONZÁLEZ CAMACHO, Desiree	01	0.00	40.47	PULIDO MAYOR, Sheila	98	0.00	28.83
13.	C.D. Herbania 1			C.D. Herbania		2:17.49	8,00	-
	GARCIA GONZALEZ, Sara	06		33.61	DIAZ CORTES, Nerea	06	0.00	32.96
	GLENESK FLORES, Lucia	08	0.00	38.47	PEREZ LUIS, Lucia	08	0.00	32.45
14.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna		2:17.56	6,00	-
	MACHIN FERNANDEZ, Martina	06		36.73	RODRÍGUEZ GARCÍA, Iris	07		34.14
	NODA SÁEZ, Isabel	06		35.51	CALZADILLA SOCAS, Rebeca	08		31.18
15.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun		2:18.72	4,00	-
	QUINTILLA MODREGO, Laia	88		32.20	ALAMO HERRERA, Julia	07	0.00	34.61
	HUGO, Jeanne	11	0.00	41.12	QUINTANA SUAREZ, Miriam	10	0.00	30.79

Prueba 34, Fem., 4 x 50m Estilos, Absoluto Femenino

Clasificación				Tiempo
16.	R.C. Náutico De Tenerife 1	R.C. Náutico De Tenerife	2:23.28	2,00 -
	RODRIGUEZ BRITO, Sara 04	36.49 MARTIN GONZALEZ DE CHAVES, I08ria		32.84
	TABARES DE NAVA MIRALLES, B06riz	41.37 DELGADO BARDON, Alicia 07		32.58
17.	C.D. Nonadamos 1	C.D. Nonadamos	2:30.25	- -
	SARABIA OUBIÑA, Ariadna 08	34.74 PEREZ CERVILLA, Carla 09		40.25
	MELIAN MESA, Anyara 08	41.63 BINEATA SARGHI, Beatrice Valeria07		33.63

4 - 2ª jornada, 2ª sesión

03/12/2023

Prueba 35
03/12/2023

Fem., 50m Libre

Absoluto Femenino
Resultados

Clasificación	AN		Tiempo
1.	WOLGESCHAFFEN FERNANDEZ, Sofi06	C.N. Reales	27.24 19,00 -
2.	ROMERO BASTERRECHEA, Paula 97	C.N. Aguacan	27.62 16,00 -
3.	RIJO MARTIN, Sara 08	Esna Lanzarote	28.43 14,00 -
4.	SANCHEZ CABAÑAS, Naira 00	A.D. Santa Cruz	28.45 13,00 -
5.	CAMPBELL ZEMIER, Veronica 86	C.N. Las Palmas	28.64 12,00 -
6.	WOLGESCHAFFEN FERNANDEZ, Pat09a	C.N. Reales	28.67 11,00 -
7.	BELLO CODINA, Julia 08	C.N. Las Palmas	28.70 10,00 -
8.	QUINTILLA MODREGO, Laia 88	Club Deportivo Agaeterun	28.99 9,00 -
9.	GARRIDO ALONSO, Lucia 09	C.B. Dominicas Vistabella	29.04 8,00 -
10.	EXPOSITO AFONSO, Maria 02	C.N. Teneteide	29.22 7,00 -
11.	PULIDO MAYOR, Sheila 98	Cn.Faynagua C. Telde	29.33 6,00 -
12.	MORENO ARMAS, Ainara 07	C.N. Teneteide	29.39 5,00 -
13.	GONZÁLEZ QUINTANA, Valeria 08	C.B. Dominicas Vistabella	29.48 4,00 -
14.	QUESADA GARCIA, Yanel 04	Cn.Salinas Sta.Lucia	29.57 3,00 -
15.	MORALES FAJARDO, Nora 10	C.D.N. Nadamas Las Marinas	29.65 2,00 -
16.	GARCIA GONZALEZ, Sara 06	C.D. Herbania	29.88 1,00 -
17.	ROMERO BASTERRECHEA, Andrea 93	C.N. Aguacan	30.45 - -
18.	HERNANDEZ ALMENARA, Laia 08	A.D. Santa Cruz	30.71 - -
19.	SOSA HERNÁNDEZ, Michelle Dayana 08	C.N. Martianeze Coral Hotels	30.80 - -
20.	PEREZ DIAZ, Natalia 07	C.N. Los Cristianos	30.99 - -
21.	SARABIA OUBIÑA, Ariadna 08	C.D. Nonadamos	31.11 - -
22.	BORNAGHI, Roberta Elisa 83	C.D.N. Nadamas Las Marinas	31.15 - -
23.	GODOY GARCIA, Gara 07	C.P.Santa Mª De Guia	32.10 - -
24.	CALZADILLA SOCAS, Rebeca 08	C.D. N. Bentacu-Laguna	32.40 - -
25.	MARTIN MARTIN, Nerea 11	C.D. Nonadamos	32.60 - -
26.	PEREZ LUIS, Lucia 08	C.D. Herbania	32.85 - -
27.	DÍAZ PEREZ, Ainara 09	C.N. Martianeze Coral Hotels	33.00 - -
28.	AFONSO GRAU, Martina 10	R.C. Náutico De Tenerife	33.68 - -
29.	CAMPOBASSO, Alessia 11	C.N. Los Cristianos	34.62 - -
	MARTÍN DUARTE, Sofía 09	C.D. N. Bentacu-Laguna	34.62 - -
31.	UMPIERREZ REGUERA, Valentina 09	Esna Lanzarote	35.53 - -
32.	ARIAS FREIRE, Sophia Alejandra 10	Cn.Salinas Sta.Lucia	36.65 - -
33.	REDONDO CORREA, Claudia 07	R.C. Náutico De Tenerife	37.09 - -
34.	MATOS MEJIAS, Sara 03	Cn.Faynagua C. Telde	37.34 - -
35.	ÁLAMO SANTOS, Rocío 11	Club Deportivo Agaeterun	38.22 - -
Baja	TACORONTE PEREZ, Daniela 05	C.P.Santa Mª De Guia	- -
Baja	SANTANA FLORES, Ainhoa 01	Cn.Faynagua C. Telde	- -
Baja	NODA SÁEZ, Isabel 06	C.D. N. Bentacu-Laguna	- -

Prueba 36
03/12/2023

Masc., 50m Libre

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. STRELKOV, Roberto Ivan	93 C.N. Las Palmas	23.47 17,50 -
VACCARI, Federico	07 C.N. Metropole	23.47 17,50 -
3. GARCIA MORENO, Jorge	00 C.D.N. Nadamas Las Marinas	23.78 14,00 -
4. MARTEL MARTEL, Aimar	03 C.N. Las Palmas	23.83 13,00 -
5. COELLO TEJERA, Adrian	98 A.D. Santa Cruz	23.87 12,00 -
6. HERRERA TORRES, Carlos	04 C.N. Metropole	23.88 11,00 -
7. HOLZENDORF DIONIS, Thomas	97 C.N. Reales	24.27 10,00 -
8. PORRERO MARTIN, Jorge	07 C.N. Teneteide	24.31 9,00 -
9. TOGORES RODRIGUEZ, Domingo	97 A.D. Santa Cruz	24.64 8,00 -
10. PEREZ GONZALEZ, Fco Javier	90 C.N. Reales	24.65 7,00 -
11. MANZATTO VACCARO, Nicolas	06 Esna Lanzarote	24.70 6,00 -
12. MERINO MONTES DE OCA, Alvaro	01 R.C. Náutico De Tenerife	24.96 5,00 -
13. MORALES LEMES, Marcos	05 C.N. Teneteide	25.43 4,00 -
14. LOPEZ GARCIA, Andreas	98 Cn.Salinas Sta.Lucia	25.75 2,50 -
SALUTREGUI GOMEZ, Nicolas	01 C.N. Aguacan	25.75 2,50 -
16. RAMIREZ MORALES, Sergio C.	03 Cn.Faynagua C. Telde	26.13 1,00 -
17. CURTIS LORENZO, Nathan	07 C.B. Dominicas Vistabella	26.23 - -
18. LEON TRUJILLO, Ernesto	01 Cn.Salinas Sta.Lucia	26.28 - -
19. MENDOZA VEGA, Jorge	06 C.P.Santa Mª De Guia	26.31 - -
20. FDEZ BERMUDEZ, Iker	06 Esna Lanzarote	26.33 - -
21. CABRERA GARCIA, Dario	00 C.N. Aguacan	26.61 - -
22. MENDOZA HERNANDEZ, Oscar	03 C.N. Los Cristianos	26.62 - -
23. QUIJADA PÉREZ, Saúl Alejandro	10 C.D. N. Bentacu-Laguna	26.72 - -
24. LEÓN RODRÍGUEZ, Gerardo	08 C.N. Martianez Coral Hotels	26.79 - -
25. MORENO ALVAREZ, Alexis	08 C.B. Dominicas Vistabella	26.80 - -
26. AMATI, Nicolo	10 C.N. Los Cristianos	27.08 - -
27. FALCON LORENZO, Javier	94 Cn.Faynagua C. Telde	27.19 - -
28. RODRIGUEZ LOZANO, David	09 C.D.N. Nadamas Las Marinas	27.33 - -
29. NOBREGA AGUIAR, Carlos	08 C.P.Santa Mª De Guia	28.84 - -
30. IBÁÑEZ MARTINEZ, Joaquin	09 R.C. Náutico De Tenerife	29.63 - -
31. DÍAZ RAMOS, Asael	08 C.D. N. Bentacu-Laguna	30.93 - -
32. ACOSTA SANTANA, Samuel	08 Club Deportivo Agaeterun	32.63 - -
33. MATEOS SEGURA, Pablo	10 Club Deportivo Agaeterun	33.65 - -
DSQ MICO FERNÁNDEZ, Pedro	11 C.D. Herbania	- -
DSA - Desc Salida Anticipada		
Baja VEGA SANTANA, Alejandro	93 C.D. Herbania	- -
Baja TORREIRO MARTINEZ, Carlos	06 C.D. Herbania	- -
Baja CHAVARREN CORUJO, Asier	98 C.N. Aguacan	- -
Baja DEL PINO SEGURA, Abel	07 C.N. Aguacan	- -
Baja ARTEAGA PEREYRA, Marco	08 Esna Lanzarote	- -
Baja ELVIRA GLAUBITZ, Alejandro	00 C.D. Nonadamos	- -
Baja PEREZ CERVILLA, Daniel	07 C.D. Nonadamos	- -
Baja DE ARMAS DELGADO, Juan Jose	07 C.D.N. Nadamas Las Marinas	- -
Baja CAPLLONCH DE UÑA, Ismael	07 C.N. Teneteide	- -

Prueba 37
03/12/2023

Fem., 200m Estilos

Absoluto Femenino
Resultados

Clasificación	AN		Tiempo	
1. VAZQUEZ HDEZ, Lucia	06	C.D.N. Nadamas Las Marinas	2:25.31	19,00 -
2. BASILI, Veronica	08	C.N. Teneteide	2:26.13	16,00 -
3. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas	2:26.99	14,00 -
50m: 32.08 32.08 100m: 1:09.27		37.19 150m: 1:52.48 43.21	200m: 2:26.99	34.51
4. NUÑEZ CATALAN, Maria	96	C.B. Dominicas Vistabella	2:31.78	13,00 -
5. QUINTILLA MODREGO, Laia	88	Club Deportivo Agaeterun	2:33.27	12,00 -
50m: 31.86 31.86 100m: 1:11.17		39.31 150m: 1:56.67 45.50	200m: 2:33.27	36.60
6. MATOS QUEVEDO, Lucía	04	C.N. Las Palmas	2:35.32	11,00 -
50m: 33.57 33.57 100m: 1:09.80		36.23 150m: 1:59.40 49.60	200m: 2:35.32	35.92
7. EXPOSITO AFONSO, Maria	02	C.N. Teneteide	2:36.91	10,00 -
8. JAEN SERRA, Naira	08	C.D.N. Nadamas Las Marinas	2:37.15	9,00 -
9. NAVARRO OLIVEROS, Micaela	06	Esna Lanzarote	2:39.80	8,00 -
50m: 33.61 33.61 100m: 1:15.89		42.28 150m: 2:02.78 46.89	200m: 2:39.80	37.02
10. HERNÁNDEZ CABO, Sofía	06	C.N. Martianez Coral Hotels	2:40.95	7,00 -
11. GONZÁLEZ GONZÁLEZ, Janeth	10	C.N. Aguacan	2:41.18	6,00 -
50m: 33.97 33.97 100m: 1:15.62		41.65 150m: 2:03.79 48.17	200m: 2:41.18	37.39
12. HERNANDEZ ALMENARA, Nerea	07	A.D. Santa Cruz	2:41.69	5,00 -
13. SAIZ PEREZ, Mar	08	C.N. Los Cristianos	2:42.82	4,00 -
14. FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia	2:43.85	3,00 -
50m: 35.38 35.38 100m: 1:15.41		40.03 150m: 2:05.42 50.01	200m: 2:43.85	38.43
15. SUÁREZ MACÍAS, Gabriela	09	C.N. Aguacan	2:44.75	2,00 -
50m: 33.62 33.62 100m: 1:17.53		43.91 150m: 2:07.65 50.12	200m: 2:44.75	37.10
16. SANTANA FLORES, Ainhoa	01	Cn.Faynagua C. Telde	2:48.26	1,00 -
50m: 38.26 38.26 100m: 1:23.27		45.01 150m: 2:11.48 48.21	200m: 2:48.26	36.78
17. TOVAR MORENO, Estephania	03	A.D. Santa Cruz	2:48.44	- -
18. ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	2:49.03	- -
50m: 35.09 35.09 100m: 1:19.33		44.24 150m: 2:10.28 50.95	200m: 2:49.03	38.75
19. MOURE GAO, Natalia	11	C.N. Los Cristianos	2:49.81	- -
20. GIMENEZ CASTILLA, Maria	07	Cn.Faynagua C. Telde	2:52.15	- -
50m: 38.52 38.52 100m: 1:20.80		42.28 150m: 2:11.20 50.40	200m: 2:52.15	40.95
21. TRUJILLO HERNÁNDEZ, Lorena	09	C.B. Dominicas Vistabella	2:56.91	- -
22. CEDRES ESPINOSA, Martina	09	Esna Lanzarote	2:59.56	- -
50m: 40.81 40.81 100m: 1:25.33		44.52 150m: 2:19.94 54.61	200m: 2:59.56	39.62
23. DIAZ DE LOSADA BUJAN, Silvia	12	R.C. Náutico De Tenerife	2:59.68	- -
24. FLORA LELAJ, Mirela	11	Cn.Salinas Sta.Lucia	3:02.13	- -
50m: 40.75 40.75 100m: 1:30.76		50.01 150m: 2:21.82 51.06	200m: 3:02.13	40.31
25. RODRIGUEZ BRITO, Sara	04	R.C. Náutico De Tenerife	3:03.08	- -
26. CASANOVA MELO, Julene	06	C.D. N. Bentacu-Laguna	3:03.56	- -
27. FAJARDO SANCHEZ, Yaneli	05	C.D. Herbania	3:05.43	- -
50m: 42.16 42.16 100m: 1:28.47		46.31 150m: 2:24.71 56.24	200m: 3:05.43	40.72
28. MELIAN MESA, Anyara	08	C.D. Nonadamos	3:05.96	- -
29. TACORONTE HERRERA, Aura	07	C.P.Santa Mª De Guia	3:06.00	- -
50m: 39.20 39.20 100m: 1:23.79		44.59 150m: 2:19.79 56.00	200m: 3:06.00	46.21
30. ROJAS SOCAS, Ester	10	C.D. N. Bentacu-Laguna	3:17.48	- -
DSQ MINOVIC, Kristina	06	C.D. Herbania		- -
<i>DVI - Desc Viraje Irregular</i>				
Baja BONILLA BORDON, Natalia	10	C.N. Aguacan		- -
Baja PEREZ SUAREZ, Laura	01	Cn.Faynagua C. Telde		- -
Baja SOCAS REYES, Ariadna	11	C.B. Dominicas Vistabella		- -

Prueba 37, Fem., 200m Estilos, Absoluto Femenino

Clasificación	AN	Tiempo
Baja GARCIA MONTESDEOCA, Martina	08 C.D. Nonadamos	- -

Prueba 38
03/12/2023

Masc., 200m Estilos

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. VANHOUCKE, Louka	02 C.N. Las Palmas	2:04.31 19,00 -
50m: 26.98 26.98 100m: 58.62 31.64 150m: 1:34.86 36.24 200m: 2:04.31 29.45		
2. RAMIREZ SUAREZ, Daniel	02 C.N. Las Palmas	2:11.61 16,00 -
50m: 28.47 28.47 100m: 1:03.18 34.71 150m: 1:40.25 37.07 200m: 2:11.61 31.36		
3. DIAZ GONZALEZ, Pablo	03 A.D. Santa Cruz	2:12.16 14,00 -
4. LORENÇO FERREIRA, Gustavo	06 C.D.N. Nadamas Las Marinas	2:15.61 13,00 -
5. CERPA CABALLERO, Jonay Salvador	99 C.N. Aguacan	2:16.56 12,00 -
50m: 28.62 28.62 100m: 1:04.91 36.29 150m: 1:43.76 38.85 200m: 2:16.56 32.80		
6. SANCHEZ FERNANDEZ, Gregory	09 C.N. Los Cristianos	2:17.32 11,00 -
7. RAVELO SUAREZ, Antonio Jesus	09 C.B. Dominicas Vistabella	2:19.36 10,00 -
8. FLORES RODRIGUEZ, Daniel	03 C.N. Metropole	2:19.40 9,00 -
50m: 29.03 29.03 100m: 1:04.51 35.48 150m: 1:45.97 41.46 200m: 2:19.40 33.43		
9. BELAMENDIA COTORRUELO, Gerald	07 C.N. Teneteide	2:20.68 8,00 -
10. LUIS ALVAREZ, Oscar	02 A.D. Santa Cruz	2:20.72 7,00 -
11. CARRERO SERRANO, Marcos Daniel	09 C.D. Herbania	2:22.47 6,00 -
50m: 30.49 30.49 100m: 1:06.30 35.81 150m: 1:48.89 42.59 200m: 2:22.47 33.58		
12. PADRON MIGUELEZ, Matias	08 C.D.N. Nadamas Las Marinas	2:24.97 5,00 -
13. NAVARRO OLIVEROS, Gabriel	08 Esna Lanzarote	2:25.14 4,00 -
50m: 31.99 31.99 100m: 1:10.50 38.51 150m: 1:53.13 42.63 200m: 2:25.14 32.01		
14. RODRIGUEZ GARCIA-AJENJO, Alberto	06 C.N. Metropole	2:25.85 3,00 -
50m: 31.12 31.12 100m: 1:11.02 39.90 150m: 1:52.09 41.07 200m: 2:25.85 33.76		
15. MORLAN OLIVA, Asier	05 R.C. Náutico De Tenerife	2:27.12 2,00 -
16. GARCIA GALAN, Javier	06 C.B. Dominicas Vistabella	2:29.04 1,00 -
17. IZAGUIRRE NESSI, Anthony Xavier	11 C.N. Teneteide	2:31.61 - -
18. CALLERO MURILLO, Javier	07 Esna Lanzarote	2:31.65 - -
50m: 32.71 32.71 100m: 1:10.94 38.23 150m: 1:57.65 46.71 200m: 2:31.65 34.00		
19. SANTANA VALIDO, Alan	05 C.N. Aguacan	2:31.70 - -
50m: 31.99 31.99 100m: 1:15.36 43.37 150m: 1:54.40 39.04 200m: 2:31.70 37.30		
20. CARAMÉS HUERTAS, Oriol	08 Cn.Faynagua C. Telde	2:35.37 - -
50m: 34.23 34.23 100m: 1:13.39 39.16 150m: 1:57.88 44.49 200m: 2:35.37 37.49		
21. MESA LÓPEZ, Marcos	08 C.N. Martianez Coral Hotels	2:36.22 - -
22. VIERA VIERA, Acoran	03 C.D. Nonadamos	2:37.49 - -
23. PLAKHOTNYI, Artur	08 C.N. Los Cristianos	2:40.32 - -
24. CAMPANALUNGA MORALES, Enzo	08 Cn.Faynagua C. Telde	2:43.05 - -
50m: 36.33 36.33 100m: 1:14.85 38.52 150m: 2:05.88 51.03 200m: 2:43.05 37.17		
25. OLIVER GARCÍA, Jesús	05 C.D. N. Bentacu-Laguna	2:43.77 - -
26. RIOS ROMERO, Joaquin	04 C.D. Nonadamos	2:46.18 - -
27. DIAZ VERDE, David	07 Cn.Salinas Sta.Lucia	2:46.93 - -
50m: 34.84 34.84 100m: 1:18.99 44.15 150m: 2:08.90 49.91 200m: 2:46.93 38.03		
28. PEREZ MONROY, Javier	09 Cn.Salinas Sta.Lucia	2:47.44 - -
50m: 35.98 35.98 100m: 1:19.28 43.30 150m: 2:09.92 50.64 200m: 2:47.44 37.52		
29. PEÑAS BUENAFUENTE, Hector	08 R.C. Náutico De Tenerife	2:48.67 - -
30. AVERO RODRIGUEZ, Angel	11 C.D. Herbania	2:51.53 - -
50m: 36.01 36.01 100m: 1:19.33 43.32 150m: 2:11.67 52.34 200m: 2:51.53 39.86		

Prueba 38, Masc., 200m Estilos, Absoluto Masculino

Clasificación	AN	Tiempo
31. ESPÍRITU ONOZA, Zivon Owen	11 C.D. N. Bentacu-Laguna	2:55.82 - -
32. ALAMO HERRERA, Jorge	11 Club Deportivo Agaeterun	3:08.53 - -
50m: 44.71 44.71 100m: 1:34.90 50.19 150m: 2:27.86 52.96 200m: 3:08.53 40.67		
DSQ DAMIANI, Giorgio	12 Club Deportivo Agaeterun	- -
<i>DNI - Desc Nado Irregular</i>		
Baja DEL PINO SEGURA, Abel	07 C.N. Aguacan	- -
Baja CERES, Inti	05 A.D. Santa Cruz	- -
Baja PADRON MARTIN, Echedey	07 C.D. Nonadamos	- -
Baja DIAZ GARCIA, Samuel Manuel	03 R.C. Náutico De Tenerife	- -

Prueba 39
03/12/2023

Fem., 50m Braza

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. CAMPBELL ZEMIER, Veronica	86 C.N. Las Palmas	35.36 19,00 -
2. BASILI, Eleonora	06 C.N. Teneteide	35.86 16,00 -
3. FRANCOS PINEDA, Carlota	05 C.N. Reales	36.29 14,00 -
4. CALVICHE FERNANDEZ, Nazaret	87 A.D. Santa Cruz	36.49 13,00 -
5. CHAVES RODRIGUEZ, Natacha	01 C.N. Teneteide	36.86 12,00 -
6. CERPA CABALLERO, Xiomara Mª	01 C.N. Aguacan	36.92 11,00 -
7. LOPEZ GARCIA, Lorena	04 C.N. Reales	37.34 10,00 -
8. GONZÁLEZ QUINTANA, Valeria	08 C.B. Dominicas Vistabella	37.64 9,00 -
9. CARDEÑOSA PARRALEJO, Paula	08 Esna Lanzarote	37.72 8,00 -
10. JAEN SERRA, Naira	08 C.D.N. Nadamas Las Marinas	38.19 7,00 -
11. GOPAR CORDOBEL, Lily Jeanne	07 C.D.N. Nadamas Las Marinas	38.35 6,00 -
12. PIÑERO STEGENSEK, Elisa	08 C.B. Dominicas Vistabella	38.47 5,00 -
13. HERNÁNDEZ CABO, Sofía	06 C.N. Martianez Coral Hotels	38.50 4,00 -
14. ROMERO BASTERRECHEA, Andrea	93 C.N. Aguacan	38.90 3,00 -
15. MATOS QUEVEDO, María	02 C.N. Las Palmas	39.17 2,00 -
16. GLENESK FLORES, Lucia	08 C.D. Herbania	39.21 1,00 -
17. NUEZ TUMCZAK, Paula	06 A.D. Santa Cruz	40.44 - -
18. GONZALEZ CAMACHO, Desiree	01 Cn.Faynagua C. Telde	40.75 - -
19. MENDEZ RAMMIREZ, Zoe	12 Cn.Salinas Sta.Lucia	40.77 - -
20. SANISIDRO HERMIDA, Emma	10 C.N. Los Cristianos	40.89 - -
21. PEREZ GONZALEZ DE CHAVES, Clara	10 C.D. N. Bentacu-Laguna	41.04 - -
22. CALZADILLA SOCAS, Silvia	12 C.D. N. Bentacu-Laguna	41.70 - -
23. HUGO, Jeanne	11 Club Deportivo Agaeterun	41.78 - -
24. MELIAN MESA, Anyara	08 C.D. Nonadamos	42.41 - -
25. TABARES DE NAVA MIRALLES, Beatriz	06 R.C. Náutico De Tenerife	42.68 - -
26. BALLESTER EXPOSITO, Elena	06 Cn.Salinas Sta.Lucia	43.94 - -
27. PEREZ LOPEZ, Naira	09 Esna Lanzarote	44.29 - -
28. MARTIN MARTIN, Nerea	11 C.D. Nonadamos	44.59 - -
29. DÍAZ PEREZ, Ainara	09 C.N. Martianez Coral Hotels	44.73 - -
30. QUINTANA SUAREZ, Miriam	10 Club Deportivo Agaeterun	45.18 - -
31. DIAZ CABRERA, Maria Luz	09 R.C. Náutico De Tenerife	46.43 - -
32. SOSA RODRÍGUEZ, Martina	09 C.D. Herbania	47.05 - -
33. CAMPOBASSO, Alessia	11 C.N. Los Cristianos	49.27 - -
34. GUEDES LORENZO, Claudia	11 Cn.Faynagua C. Telde	50.32 - -
Baja NARANJO NOVAL, Lucía	10 C.D. Herbania	- -
Baja CABRERA SUAREZ, Julia	09 A.D. Santa Cruz	- -

Prueba 40
03/12/2023

Masc., 50m Braza

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. SANTANA PEREZ, Saul Carmelo	02 C.N. Las Palmas	29.04 19,00 -
2. SANCHEZ MEDINA, Ian	06 C.N. Las Palmas	29.95 16,00 -
3. MARTEL OJEDA, Raul Jose	01 C.N. Metropole	30.19 14,00 -
4. AFONSO SUAREZ, Ivan	96 A.D. Santa Cruz	30.92 13,00 -
5. MEYER, Alber Sebastian	06 C.N. Los Cristianos	31.11 12,00 -
6. GARCIA BORJA, Raul	78 Esna Lanzarote	31.85 11,00 -
7. LEON JULIÁ, Marco	09 R.C. Náutico De Tenerife	31.90 10,00 -
8. GIL MOLINA, Yoveri Miguel	04 C.N. Metropole	32.10 9,00 -
9. AMARO HERNANDEZ, Eduardo Asdrub	06 C.N. Teneteide	32.35 8,00 -
10. RAVELO SUAREZ, Antonio Jesus	09 C.B. Dominicas Vistabella	32.38 7,00 -
11. CABRERA GUADALUPE, Javier	05 C.D.N. Nadamas Las Marinas	32.77 6,00 -
12. CERES, Inti	05 A.D. Santa Cruz	32.82 5,00 -
13. MORLAN OLIVA, Asier	05 R.C. Náutico De Tenerife	33.09 4,00 -
14. AYALA MAESTRE, Alejandro	97 C.N. Teneteide	33.44 3,00 -
15. SUAREZ MONTERO, Nicolas	07 C.D. Herbania	33.70 2,00 -
16. WLODARCZAK, Wiktor	08 C.N. Los Cristianos	33.74 1,00 -
17. RAMOS DELGADO, Gabriel	05 C.N. Reales	34.08 - -
18. VEGA RODRÍGUEZ, Javier	08 C.B. Dominicas Vistabella	34.25 - -
19. GONZALEZ SUAREZ, Ivan	92 C.N. Reales	34.32 - -
20. MESA LÓPEZ, Marcos	08 C.N. Martianeze Coral Hotels	34.56 - -
21. LEON TRUJILLO, Ernesto	01 Cn.Salinas Sta.Lucia	34.67 - -
22. HERNANDEZ GONZALEZ, Enrique	89 C.N. Aguacan	35.09 - -
23. HERNÁNDEZ MÉNDEZ, Julio	07 C.N. Martianeze Coral Hotels	35.78 - -
24. GARCIA STAGE-SOE, Sebastian	09 Esna Lanzarote	35.82 - -
25. GAURISHANKER NAVARRO, Elgin	08 Cn.Salinas Sta.Lucia	36.95 - -
26. GALVAN FRANCO, Jose Marcial	05 Cn.Faynagua C. Telde	37.47 - -
27. GONZÁLEZ RODRIGUEZ, Javier	06 C.P.Santa Mª De Guia	38.53 - -
28. RODRIGUEZ LOZANO, David	09 C.D.N. Nadamas Las Marinas	38.72 - -
29. DE LEON GONZALEZ, Diego	10 C.D. N. Bentacu-Laguna	38.76 - -
30. FRANCO MELIAN, Jorge Javier	09 C.N. Aguacan	38.87 - -
31. PEREZ CERVILLA, Daniel	07 C.D. Nonadamos	39.01 - -
32. RODRIGUEZ MORINIGO, Aritz	09 C.D. Herbania	40.55 - -
33. ORTIZ DÁVILA, Joaquín	08 C.D. N. Bentacu-Laguna	41.35 - -
34. ACOSTA SANTANA, Samuel	08 Club Deportivo Agaeterun	42.14 - -
35. VAN KERKHOF REGUERO, Jesper	09 Cn.Faynagua C. Telde	43.16 - -
36. MATEOS SEGURA, Pablo	10 Club Deportivo Agaeterun	45.29 - -
DSQ RIOS ROMERO, Joaquin	04 C.D. Nonadamos	- -
Baja SANTANA VALIDO, Alan	05 C.N. Aguacan	- -
Baja CARDENES RODRIGUEZ, Cristo	02 Cn.Faynagua C. Telde	- -
Baja TAMBINI, Daniele	90 C.D.N. Nadamas Las Marinas	- -

Prueba 41
03/12/2023

Fem., 100m Mariposa

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. LABRADOR CASTILLA, Paula Daopin	05 C.N. Reales	1:06.91 19,00 -
2. BASILI, Veronica	08 C.N. Teneteide	1:07.00 16,00 -
3. RODRIGUEZ COLMENARES, Bella Sof	09 C.N. Los Cristianos	1:10.62 14,00 -
4. ANGULO FALCON, Cristina	06 C.N. Las Palmas	1:10.93 13,00 -
50m: 33.59 33.59 100m: 1:10.93 37.34		
5. HERNÁNDEZ CASTRILLO, Yessica	00 C.N. Aguacan	1:11.79 12,00 -
50m: 33.90 33.90 100m: 1:11.79 37.89		

Prueba 41, Fem., 100m Mariposa, Absoluto Femenino

Clasificación	AN					Tiempo		
6.	DIAZ RODRIGUEZ, Grisela	02	Cn.Faynagua C. Telde	1:12.43	11,00	-		
	50m: 33.41 33.41 100m:		39.02					
7.	ARBELO ESTEVEZ, Patricia	11	C.N. Teneteide	1:12.52	10,00	-		
8.	PULIDO SOSA, Valeria	10	C.N. Las Palmas	1:12.68	9,00	-		
	50m: 33.50 33.50 100m:		39.18					
9.	SASU BODARNEA, Natalia Emilia	08	C.D.N. Nadamas Las Marinas	1:13.64	8,00	-		
10.	NAVARRO OLIVEROS, Micaela	06	Esna Lanzarote	1:14.64	7,00	-		
	50m: 35.13 35.13 100m:		39.51					
11.	BONILLA BORDON, Ines	06	C.N. Aguacan	1:15.18	6,00	-		
	50m: 34.04 34.04 100m:		41.14					
12.	HERNANDEZ ALMENARA, Nerea	07	A.D. Santa Cruz	1:15.23	5,00	-		
13.	DIAZ CORTES, Nerea	06	C.D. Herbania	1:15.87	4,00	-		
	50m: 35.40 35.40 100m:		40.47					
14.	ADRIAN MARTIN, Sara	10	C.N. Los Cristianos	1:15.92	3,00	-		
15.	MARTIN GONZALEZ DE CHAVES, Mar	08	R.C. Náutico De Tenerife	1:16.82	2,00	-		
16.	GODOY FALCON, Mª Daniela	06	C.P.Santa Mª De Guia	1:17.10	1,00	-		
	50m: 34.10 34.10 100m:		43.00					
17.	CARRO BONILLA, Carlota	08	A.D. Santa Cruz	1:19.08	-	-		
18.	ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	1:19.59	-	-		
	50m: 36.54 36.54 100m:		43.05					
19.	RODRÍGUEZ GARCÍA, Iris	07	C.D. N. Bentacu-Laguna	1:19.74	-	-		
20.	SOSA HERNÁNDEZ, Michelle Dayana	08	C.N. Martianez Coral Hotels	1:20.59	-	-		
21.	ANDREWS, holly Annie	10	C.D.N. Nadamas Las Marinas	1:21.19	-	-		
22.	LIMA MÚJICA, Nicole Adriana	10	C.B. Dominicas Vistabella	1:24.14	-	-		
23.	GONZALEZ CAMACHO, Desiree	01	Cn.Faynagua C. Telde	1:24.57	-	-		
	50m: 37.98 37.98 100m:		46.59					
24.	DELGADO BARDON, Alicia	07	R.C. Náutico De Tenerife	1:26.80	-	-		
25.	PEREZ RIVERO, Emma	07	Cn.Salinas Sta.Lucia	1:26.97	-	-		
	50m: 40.54 40.54 100m:		46.43					
26.	SOCAS REYES, Enma	07	C.B. Dominicas Vistabella	1:27.31	-	-		
27.	PEREZ CERVILLA, Carla	09	C.D. Nonadamos	1:31.33	-	-		
28.	CEDRES ESPINOSA, Valeria	09	Esna Lanzarote	1:32.75	-	-		
	50m: 42.56 42.56 100m:		50.19					
29.	FERNANDEZ ALPERI, Noa	11	C.D. Nonadamos	1:37.71	-	-		
30.	FAJARDO SANCHEZ, Valeria	11	C.D. Herbania	1:41.82	-	-		
	50m: 45.98 45.98 100m:		55.84					
31.	RODRIGUEZ RIVERO, Sarai	06	C.D. N. Bentacu-Laguna	1:43.96	-	-		
32.	SANTANA RÍO, Leire	12	Club Deportivo Agaeterun	1:49.33	-	-		
	50m: 50.89 50.89 100m:		58.44					
DSQ	PARRONI, Desiree	06	Cn.Salinas Sta.Lucia		-	-		
	DNI - Desc Nado Irregular							
Baja	PULIDO MAYOR, Sheila	98	Cn.Faynagua C. Telde		-	-		
Baja	ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia		-	-		
Baja	CASTRO MOLINA, Arianna VA	05	A.D. Santa Cruz		-	-		

Prueba 42
03/12/2023

Masc., 100m Mariposa

Absoluto Masculino
Resultados

Clasificación	AN					Tiempo		
1.	PINTADO DE MORA, Francisco De Bor	94	C.N. Metropole	58.15	19,00	-		
	50m: 27.17 27.17 100m: 58.15		30.98					
2.	PRIETO RODRIGUEZ, Daniel	00	C.D. Herbania	58.29	16,00	-		
	50m: 26.88 26.88 100m: 58.29		31.41					
3.	MORERA SANCHEZ, Enrique	03	C.N. Las Palmas	58.30	14,00	-		
	50m: 27.75 27.75 100m: 58.30		30.55					
4.	SANCHEZ JIMENEZ, Bruno	92	C.N. Las Palmas	58.44	12,50	-		
	50m: 27.07 27.07 100m: 58.44		31.37					
	GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	58.44	12,50	-		
6.	VALLEJO BUCK, Manuel Philipp	05	C.N. Metropole	1:00.04	11,00	-		
	50m: 28.31 28.31 100m: 1:00.04		31.73					
7.	HOLZENDORF DIONIS, Thomas	97	C.N. Reales	1:00.83	10,00	-		
8.	DIAZ GONZALEZ, Pablo	03	A.D. Santa Cruz	1:00.93	9,00	-		
9.	CARRASCOSA HESTER, Tomas	04	C.D.N. Nadamas Las Marinas	1:01.12	8,00	-		
10.	GONZALEZ BAIK, Ángel Nuri	04	C.D. N. Bentacu-Laguna	1:01.79	7,00	-		
11.	CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan	1:02.43	6,00	-		
	50m: 29.48 29.48 100m: 1:02.43		32.95					
12.	MORALES LEMES, Marcos	05	C.N. Teneteide	1:02.48	5,00	-		
13.	DUQUE BROUARD, Daniel	08	C.B. Dominicas Vistabella	1:02.54	4,00	-		
14.	CARRO BONILLA, Cristobal	04	R.C. Náutico De Tenerife	1:03.05	3,00	-		
15.	PEREZ TARJUELO, Sergio	05	A.D. Santa Cruz	1:03.27	2,00	-		
16.	TAMBINI, Daniele	90	C.D.N. Nadamas Las Marinas	1:04.12	1,00	-		
17.	BOTELLO DE LA VEGA, Manuel	06	C.N. Los Cristianos	1:04.29	-	-		
18.	DOS REIS SANTANA, Alejandro	04	C.N. Aguacan	1:05.71	-	-		
	50m: 30.51 30.51 100m: 1:05.71		35.20					
19.	DEVORA CHINEA, Diego	05	C.N. Martianez Coral Hotels	1:06.87	-	-		
20.	NAVARRO OLIVEROS, Gabriel	08	Esna Lanzarote	1:06.97	-	-		
	50m: 33.14 33.14 100m: 1:06.97		33.83					
21.	KEY RAMÍREZ, Octavio José	10	C.D. N. Bentacu-Laguna	1:07.06	-	-		
22.	VARELA MESA, Raul	05	R.C. Náutico De Tenerife	1:07.42	-	-		
23.	OUBIÑA CORVALAN, Marcos A	05	Cn.Faynagua C. Telde	1:07.96	-	-		
	50m: 30.82 30.82 100m: 1:07.96		37.14					
24.	SÁNCHEZ EDODEY, Fabio	08	C.N. Martianez Coral Hotels	1:08.13	-	-		
25.	VIERA VIERA, Acoran	03	C.D. Nonadamos	1:08.87	-	-		
26.	ELVIRA GLAUBITZ, Alejandro	00	C.D. Nonadamos	1:11.67	-	-		
27.	LUGO SÁNCHEZ, Lucas	09	C.B. Dominicas Vistabella	1:11.76	-	-		
28.	SANTANA RAMIREZ, Adrian	08	Cn.Salinas Sta.Lucia	1:12.28	-	-		
	50m: 34.60 34.60 100m: 1:12.28		37.68					
29.	SUAREZ TORRES, Pablo	07	Cn.Salinas Sta.Lucia	1:14.98	-	-		
	50m: 34.39 34.39 100m: 1:14.98		40.59					
30.	ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun	1:23.55	-	-		
	50m: 38.71 38.71 100m: 1:23.55		44.84					
31.	GUTIÉRREZ MORENO, Lucas del Carr	11	Club Deportivo Agaeterun	1:39.08	-	-		
	50m: 44.29 44.29 100m: 1:39.08		54.79					
32.	LOPEZ MACIAS, Daniel	10	Cn.Faynagua C. Telde	1:40.49	-	-		
	50m: 44.35 44.35 100m: 1:40.49		56.14					
NP	LUIS ALVAREZ, Oscar	02	A.D. Santa Cruz		-	-		
Baja	CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania		-	-		
Baja	STRELKOV, Roberto Ivan	93	C.N. Las Palmas		-	-		

Prueba 42, Masc., 100m Mariposa, Absoluto Masculino

Clasificación	AN	Tiempo
Baja CARAMÉS HUERTAS, Oriol	08 Cn.Faynagua C. Telde	- -
Baja FERNANDEZ ALPERI, Herminio	08 C.D.N. Nadamas Las Marinas	- -
Baja PERALES SILVA, Francisco	09 C.N. Los Cristianos	1:02.28 - -

Prueba 43
03/12/2023

Fem., 800m Libre

Absoluto Femenino
Resultados

Clasificación	AN	Tiempo
1. DENBY, Kennedy Hope	05 C.D.N. Nadamas Las Marinas	8:42.32 38,0019
2. ULIBARRI SANCHEZ, Ines	09 C.N. Las Palmas	9:23.65 32,0016
50m: 32.10 32.10 250m: 2:53.41 35.33 450m: 5:15.99 35.48 650m: 7:37.84 35.49		
100m: 1:07.23 35.13 300m: 3:29.08 35.67 500m: 5:51.35 35.36 700m: 8:13.64 35.80		
150m: 1:42.42 35.19 350m: 4:05.04 35.96 550m: 6:26.90 35.55 750m: 8:49.08 35.44		
200m: 2:18.08 35.66 400m: 4:40.51 35.47 600m: 7:02.35 35.45 800m: 9:23.65 34.57		
3. SOSA HERNANDEZ, Andrea Esther	04 C.N. Martianeze Coral Hotels	9:29.46 28,0014
4. SCARPA, Barbara	08 C.N. Reales	9:47.25 26,0013
5. ACOSTA GONZALEZ, Carolina	08 C.N. Teneteide	9:49.04 24,0012
6. DE CASTRO URQUIOLA, Helena	04 C.N. Aguacan	10:00.96 22,0011
50m: 32.68 32.68 250m: 3:02.67 38.22 450m: 5:34.76 38.31 650m: 8:08.77 38.47		
100m: 1:09.21 36.53 300m: 3:40.56 37.89 500m: 6:13.09 38.33 700m: 8:47.13 38.36		
150m: 1:46.36 37.15 350m: 4:18.47 37.91 550m: 6:51.54 38.45 750m: 9:25.10 37.97		
200m: 2:24.45 38.09 400m: 4:56.45 37.98 600m: 7:30.30 38.76 800m: 10:00.96 35.86		
7. PEREZ MUÑOZ, Claudia	08 Esna Lanzarote	10:06.62 20,0010
50m: 33.53 33.53 250m: 3:05.47 38.58 450m: 5:39.40 38.72 650m: 8:15.50 39.36		
100m: 1:10.77 37.24 300m: 3:44.19 38.72 500m: 6:18.35 38.95 700m: 8:54.35 38.85		
150m: 1:48.63 37.86 350m: 4:22.29 38.10 550m: 6:57.09 38.74 750m: 9:32.02 37.67		
200m: 2:26.89 38.26 400m: 5:00.68 38.39 600m: 7:36.14 39.05 800m: 10:06.62 34.60		
8. LOPEZ SOSA, Carla	09 Cn.Salinas Sta.Lucia	10:08.12 18,00 9
50m: 34.48 34.48 250m: 3:09.16 38.66 450m: 5:44.08 38.65 650m: 8:18.81 38.65		
100m: 1:12.89 38.41 300m: 3:47.82 38.66 500m: 6:22.91 38.83 700m: 8:56.92 38.11		
150m: 1:51.66 38.77 350m: 4:26.78 38.96 550m: 7:01.89 38.98 750m: 9:34.41 37.49		
200m: 2:30.50 38.84 400m: 5:05.43 38.65 600m: 7:40.16 38.27 800m: 10:08.12 33.71		
9. DUQUE BROUARD, Elena	10 C.B. Dominicas Vistabella	10:16.68 16,00 8
10. CABRERA SUAREZ, Julia	09 A.D. Santa Cruz	11:00.75 14,00 7
11. BINEATA SARGHI, Beatrice Valeria	07 C.D. Nonadamos	11:06.73 12,00 6
12. GLENESK FLORES, Lucia	08 C.D. Herbania	11:12.37 10,00 5
50m: 36.12 36.12 250m: 3:22.99 41.64 450m: 6:13.51 43.27 650m: 9:07.10 43.12		
100m: 1:17.34 41.22 300m: 4:05.42 42.43 500m: 6:56.58 43.07 700m: 9:50.65 43.55		
150m: 1:59.53 42.19 350m: 4:47.68 42.26 550m: 7:40.21 43.63 750m: 10:34.15 43.50		
200m: 2:41.35 41.82 400m: 5:30.24 42.56 600m: 8:23.98 43.77 800m: 11:12.37 38.22		
13. JORGE GARCÍA, Mayka	08 Club Deportivo Agaeterun	11:35.23 8,00 4
50m: 38.06 38.06 250m: 3:31.09 43.80 450m: 6:28.46 44.10 650m: 9:26.53 44.93		
100m: 1:19.03 40.97 300m: 4:15.70 44.61 500m: 7:13.15 44.69 700m: 10:11.34 44.81		
150m: 2:02.80 43.77 350m: 5:00.32 44.62 550m: 7:57.69 44.54 750m: 10:53.83 42.49		
200m: 2:47.29 44.49 400m: 5:44.36 44.04 600m: 8:41.60 43.91 800m: 11:35.23 41.40		
14. SANISIDRO HERMIDA, Emma	10 C.N. Los Cristianos	11:55.28 6,00 3
15. MARTÍN DUARTE, Sofía	09 C.D. N. Bentacu-Laguna	12:19.02 4,00 2
EXH GONZALEZ RAMIREZ, Marta	09 Cn.Faynagua C. Telde	- -
EXH CALVICHE FERNANDEZ, Nazaret	87 A.D. Santa Cruz	- -
EXH RODRIGUEZ DIAZ, Maria	11 C.N. Teneteide	- -
EXH RIOS DE LA ROSA, Andrea	07 R.C. Náutico De Tenerife	- -
EXH RUIZ REYES, Raquel	07 C.N. Las Palmas	9:26.36 - -
50m: 32.25 32.25 250m: 2:53.63 35.56 450m: 5:16.39 35.65 650m: 7:38.74 35.71		
100m: 1:07.15 34.90 300m: 3:29.28 35.65 500m: 5:51.65 35.26 700m: 8:14.72 35.98		
150m: 1:42.42 35.27 350m: 4:05.08 35.80 550m: 6:27.40 35.75 750m: 8:50.75 36.03		
200m: 2:18.07 35.65 400m: 4:40.74 35.66 600m: 7:03.03 35.63 800m: 9:26.36 35.61		

Prueba 43, Fem., 800m Libre

Clasificación	AN	Tiempo
EXH RODRÍGUEZ PALMERO, Claudia	08 C.N. Teneteide	10:22.02 - -

Prueba 44
03/12/2023

Masc., 400m Libre

Absoluto Masculino
Resultados

Clasificación	AN	Tiempo
1. MACARIO MOLINA, Joan	05 C.N. Las Palmas	4:00.12 19,00 -
50m: 27.86 27.86 150m: 1:27.98 30.27 250m: 2:29.46 30.87 350m: 3:31.17 30.86		
100m: 57.71 29.85 200m: 1:58.59 30.61 300m: 3:00.31 30.85 400m: 4:00.12 28.95		
2. CAPLLONCH DE UÑA, Ismael	07 C.N. Teneteide	4:03.55 16,00 -
3. ROJAS SAVIGNANO, Luis	03 C.N. Las Palmas	4:05.44 14,00 -
50m: 27.93 27.93 150m: 1:29.85 30.95 250m: 2:32.12 30.99 350m: 3:34.59 31.46		
100m: 58.90 30.97 200m: 2:01.13 31.28 300m: 3:03.13 31.01 400m: 4:05.44 30.85		
4. COCERA CORDON, Yare	05 C.N. Metropole	4:05.50 13,00 -
50m: 27.85 27.85 150m: 1:29.24 31.08 250m: 2:32.42 31.54 350m: 3:35.67 31.81		
100m: 58.16 30.31 200m: 2:00.88 31.64 300m: 3:03.86 31.44 400m: 4:05.50 29.83		
5. DE ARMAS DELGADO, Juan Jose	07 C.D.N. Nadamas Las Marinas	4:08.88 12,00 -
6. ELMAALOU FERNANDEZ, Tarek Oul	06 C.N. Los Cristianos	4:09.21 11,00 -
7. JAEN SERRA, Andreu	06 C.D.N. Nadamas Las Marinas	4:13.60 10,00 -
8. AVERO RODRIGUEZ, Aday	07 C.D. Herbania	4:25.40 9,00 -
50m: 30.33 30.33 150m: 1:37.11 33.95 250m: 2:44.92 33.73 350m: 3:53.44 34.12		
100m: 1:03.16 32.83 200m: 2:11.19 34.08 300m: 3:19.32 34.40 400m: 4:25.40 31.96		
9. RODRIGUEZ DIAZ, Javier	08 C.N. Teneteide	4:27.11 8,00 -
10. TAVIO MEDINA, Emilio Jose	02 A.D. Santa Cruz	4:27.16 7,00 -
11. SUAREZ NAVARRO, Liván José	08 C.N. Metropole	4:29.92 6,00 -
50m: 31.54 31.54 150m: 1:39.53 34.36 250m: 2:48.29 34.34 350m: 3:56.58 34.08		
100m: 1:05.17 33.63 200m: 2:13.95 34.42 300m: 3:22.50 34.21 400m: 4:29.92 33.34		
12. COLODRERO MUÑOZ, Ivan	09 Esna Lanzarote	4:29.95 5,00 -
50m: 31.33 31.33 150m: 1:42.16 35.50 250m: 2:51.31 33.62 350m: 3:58.97 33.48		
100m: 1:06.66 35.33 200m: 2:17.69 35.53 300m: 3:25.49 34.18 400m: 4:29.95 30.98		
13. SANTANA SARMIENTO, Miguel	83 Cn.Faynagua C. Telde	4:30.06 4,00 -
50m: 32.42 32.42 150m: 1:42.01 35.22 250m: 2:50.77 33.23 350m: 3:58.36 33.77		
100m: 1:06.79 34.37 200m: 2:17.54 35.53 300m: 3:24.59 33.82 400m: 4:30.06 31.70		
14. ESTEVEZ GALVEZ, Carlos	08 C.B. Dominicas Vistabella	4:31.13 3,00 -
15. HERNÁNDEZ MÉNDEZ, Julio	07 C.N. Martianez Coral Hotels	4:31.73 2,00 -
16. ALAMO SANTOS, Alberto Bruno	07 Club Deportivo Agaeterun	4:32.33 1,00 -
50m: 30.83 30.83 150m: 1:40.14 35.01 250m: 2:50.05 35.06 350m: 3:59.98 34.80		
100m: 1:05.13 34.30 200m: 2:14.99 34.85 300m: 3:25.18 35.13 400m: 4:32.33 32.35		
17. SANTANA REYES, Carmelo	03 Cn.Faynagua C. Telde	4:35.91 - -
50m: 32.52 32.52 150m: 1:42.11 35.08 250m: 2:51.83 34.83 350m: 4:01.81 34.81		
100m: 1:07.03 34.51 200m: 2:17.00 34.89 300m: 3:27.00 35.17 400m: 4:35.91 34.10		
18. MORALES RODRÍGUEZ, Sergio	73 A.D. Santa Cruz	4:38.39 - -
19. HENRIQUEZ HERNANDEZ, Rafael	87 C.N. Aguacan	4:41.19 - -
50m: 32.55 32.55 150m: 1:42.26 35.07 250m: 2:53.17 35.61 350m: 4:05.70 36.62		
100m: 1:07.19 34.64 200m: 2:17.56 35.30 300m: 3:29.08 35.91 400m: 4:41.19 35.49		
20. GOMEZ RODRIGUEZ, Daniel	09 C.N. Aguacan	4:43.25 - -
50m: 32.43 32.43 150m: 1:44.08 36.17 250m: 2:56.76 36.22 350m: 4:09.32 36.00		
100m: 1:07.91 35.48 200m: 2:20.54 36.46 300m: 3:33.32 36.56 400m: 4:43.25 33.93		
21. VEGA RODRÍGUEZ, Javier	08 C.B. Dominicas Vistabella	4:44.63 - -
22. TOBAL FEBLES, Gabriel	10 C.D. Herbania	4:47.80 - -
50m: 32.70 32.70 150m: 1:45.47 37.59 250m: 3:00.89 37.46 350m: 4:15.08 36.90		
100m: 1:07.88 35.18 200m: 2:23.43 37.96 300m: 3:38.18 37.29 400m: 4:47.80 32.72		

Prueba 44, Masc., 400m Libre, Absoluto Masculino

Clasificación	AN	Tiempo	
23. ARTEAGA PEREYRA, Marco	08	Esna Lanzarote	4:48.76 - -
50m: 31.72 31.72 150m: 1:43.11 36.25 250m: 2:58.10 37.77 350m: 4:13.42 37.42			
100m: 1:06.86 35.14 200m: 2:20.33 37.22 300m: 3:36.00 37.90 400m: 4:48.76 35.34			
24. PEREZ CERVILLA, Daniel	07	C.D. Nonadamos	4:56.23 - -
25. AMATI, Nicolo	10	C.N. Los Cristianos	4:56.73 - -
26. PADRON MORALES, Manuel	06	R.C. Náutico De Tenerife	5:11.49 - -
27. DIAZ VERDE, David	07	Cn.Salinas Sta.Lucia	5:18.64 - -
50m: 35.05 35.05 150m: 1:54.57 40.93 250m: 3:16.86 41.56 350m: 4:40.65 42.34			
100m: 1:13.64 38.59 200m: 2:35.30 40.73 300m: 3:58.31 41.45 400m: 5:18.64 37.99			
28. ZAMORANO MARCANO, Alejandro	11	Cn.Salinas Sta.Lucia	5:28.71 - -
50m: 37.16 37.16 150m: 1:58.28 40.33 250m: 3:20.80 41.26 350m: 4:46.65 43.27			
100m: 1:17.95 40.79 200m: 2:39.54 41.26 300m: 4:03.38 42.58 400m: 5:28.71 42.06			
29. PEREZ MARIN, Mateo	09	R.C. Náutico De Tenerife	5:31.54 - -
30. DÍAZ GARCÍA, Guillermo	06	C.D. N. Bentacu-Laguna	5:33.11 - -
31. ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun	5:48.47 - -
50m: 39.54 39.54 150m: 2:08.25 44.47 250m: 3:39.53 45.89 350m: 5:08.11 44.36			
100m: 1:23.78 44.24 200m: 2:53.64 45.39 300m: 4:23.75 44.22 400m: 5:48.47 40.36			
32. CUERVO MARÍN, Aday	10	C.D. N. Bentacu-Laguna	5:49.59 - -
WDR CHAVES RODRIGUEZ, Cristian	07	C.N. Teneteide	- -
Baja MANNANOV, Eduard	86	C.N. Metropole	- -
Baja FDEZ BERMUDEZ, Iker	06	Esna Lanzarote	- -
Baja DIAZ GONZALEZ, Pablo	03	A.D. Santa Cruz	- -
Baja PADRON MARTIN, Echedey	07	C.D. Nonadamos	- -
Baja TALLO PEREZ, Bruno	10	R.C. Náutico De Tenerife	- -

Prueba 45
03/12/2023

Fem., 4 x 100m Estilos

Absoluto Femenino
Resultados

Clasificación	Tiempo	
1. C.N. Las Palmas 1	C.N. Las Palmas	4:31.60 38,00 -
HERNANDEZ MARTIN, Nerea 32.73 1:07.13	ULIBARRI SANCHEZ, Ines 0.00 30.91 1:06.70	
CAMPBELL ZEMIER, Veronica 0.00 34.57 1:16.37	BELLO CODINA, Julia 0.00 29.28 1:01.40	
2. C.N. Teneteide 1	C.N. Teneteide	4:33.71 32,00 -
MORENO ARMAS, Ainara 07 32.26 1:07.48	BASIL, Veronica 08 30.88 1:05.81	
BASIL, Eleonora 06 36.76 1:19.15	EXPOSITO AFONSO, Maria 02 29.23 1:01.27	
3. C.D.N. Nadamas Las Marinas 1	C.D.N. Nadamas Las Marinas	4:40.19 28,00 -
MORALES FAJARDO, Nora 0.00 36.60 1:15.65	DENBY, Kennedy Hope 0.00 30.01 1:04.19	
VAZQUEZ HDEZ, Lucia 0.00 37.17 1:18.26	JAEN SERRA, Naira 0.00 29.77 1:02.09	
4. C.N. Reales 1	C.N. Reales	4:41.72 26,00 -
WOLGESCHAFFEN FERNANDEZ, F09ricia 36.15 1:15.65	LABRADOR CASTILLA, Paula Dao05 31.26 1:06.73	
FRANCOS PINEDA, Carlota 05 38.37 1:20.20	WOLGESCHAFFEN FERNANDEZ, \$06ia 28.18 59.14	
5. C.N. Aguacan 1	C.N. Aguacan	4:47.96 24,00 -
HERNÁNDEZ CASTRILLO, Yessica 33.77 1:10.85	BONILLA BORDON, Ines 0.00 33.65 1:15.06	
CERPA CABALLERO, Xiomara M0.00 38.01 1:21.44	ROMERO BASTERRECHEA, Paul0.00 29.07 1:00.61	
6. Esna Lanzarote 1	Esna Lanzarote	4:49.18 22,00 -
RIJO MARTIN, Sara 35.14 1:11.86	NAVARRO OLIVEROS, Micaela 0.00 32.84 1:11.92	
CARDEÑOSA PARRALEJO, Paul0.00 38.73 1:21.83	PEREZ MUÑOZ, Claudia 0.00 30.96 1:03.57	
7. C.B. Dominicas Vistabella 1	C.B. Dominicas Vistabella	4:50.26 20,00 -
GARRIDO ALONSO, Lucia 09 35.77 1:14.24	NÚÑEZ CATALAN, Maria 96 34.00 1:10.26	
GONZÁLEZ QUINTANA, Valeria 08 37.04 1:21.46	DUQUE BROUARD, Elena 10 30.70 1:04.30	
8. A.D. Santa Cruz 1	A.D. Santa Cruz	4:50.70 18,00 -
CASTRO ADRIAN, Michelle 02 35.11 1:13.34	HERNANDEZ ALMENARA, Nerea 07 34.60 1:16.46	
CALVICHE FERNANDEZ, Nazaret 87 38.56 1:19.47	SANCHEZ CABAÑAS, Naira 00 29.44 1:01.43	

Prueba 45, Fem., 4 x 100m Estilos, Absoluto Femenino

Clasificación

Tiempo

9.	Cn.Salinas Sta.Lucia 1				Cn.Salinas Sta.Lucia			5:02.73	16,00	-
	FERNANDEZ ANDRES, Lola		35.26	1:13.09	LOPEZ SOSA, Carla	0.00	35.12	1:14.87		
	MENDEZ RAMMIREZ, Zoe	0.00	41.11	1:28.92	QUESADA GARCIA, Yanel	0.00	31.55	1:05.85		
10.	C.N. Los Cristianos 1				C.N. Los Cristianos			5:05.02	14,00	-
	SAIZ PEREZ, Mar	08	34.98	1:12.90	RODRIGUEZ COLMENARES, Bella	09	34.17	1:13.92		
	SANISIDRO HERMIDA, Emma	10	41.92	1:30.39	MOURE GAO, Natalia	11	31.27	1:07.81		
11.	Cn.Faynagua C. Telde 1				Cn.Faynagua C. Telde			5:06.86	12,00	-
	GIMENEZ CASTILLA, Maria		38.05	1:18.47	DIAZ RODRIGUEZ, Grisela	0.00	33.59	1:13.05		
	SANTANA FLORES, Ainhoa	0.00	42.87	1:32.25	PULIDO MAYOR, Sheila	0.00	30.33	1:03.09		
12.	R.C. Náutico De Tenerife 1				R.C. Náutico De Tenerife			5:19.43	10,00	-
	RODRIGUEZ BRITO, Sara	04	38.90	1:20.72	MARTIN GONZALEZ DE CHAVES, Iolanda		34.95	1:17.46		
	TABARES DE NAVA MIRALLES, Borja	06	42.78	1:29.98	DELGADO BARDON, Alicia	07	34.08	1:11.27		
13.	C.D. N. Bentacu-Laguna 1				C.D. N. Bentacu-Laguna			5:27.12	8,00	-
	RODRIGUEZ GARCIA, Iris	07	37.28	1:19.77	CASANOVA MELO, Julene	06	40.62	1:26.35		
	PEREZ GONZALEZ DE CHAVES, Celia	10	42.74	1:31.32	CALZADILLA SOCAS, Rebeca	08	33.06	1:09.68		
14.	C.D. Nonadamos 1				C.D. Nonadamos			5:33.75	6,00	-
	BINEATA SARGHI, Beatrice Valeria	07	39.50	1:19.09	SARABIA OUBIÑA, Ariadna	08	38.88	1:29.27		
	MELIAN MESA, Anyara	08	43.63	1:32.76	MARTIN MARTIN, Nerea	11	34.35	1:12.63		
DSQ	C.D. Herbania 1				C.D. Herbania			-	-	-
	<i>DSPA - Desc Posta Anticipada</i>									
	GARCIA GONZALEZ, Sara		34.95	1:12.67	DIAZ CORTES, Nerea	0.00				
	GLENESK FLORES, Lucia	0.00			PEREZ LUIS, Lucia	0.00				

Prueba 46
03/12/2023

Masc., 4 x 100m Estilos

Absoluto Masculino
Resultados

Clasificación

Tiempo

1.	C.N. Las Palmas 1				C.N. Las Palmas			3:47.49	38,00	-
	VEGA SOSA, Juan Iriney		28.68	57.58	STRELKOV, Roberto Ivan	0.00	25.00	54.74		
	SANTANA PEREZ, Saul Carmelo	0.00	29.80	1:03.50	MARTEL MARTEL, Aimar	0.00	24.56	51.67		
2.	C.N. Metropole 1				C.N. Metropole			3:56.89	32,00	-
	HERRERA TORRES, Carlos		28.81	59.00	PINTADO DE MORA, Francisco Domingo	0.00	26.83	57.66		
	MARTEL OJEDA, Raul Jose	0.00	30.47	1:06.44	GERSCOVICH PERI, Luka	0.00	25.53	53.79		
3.	A.D. Santa Cruz 1				A.D. Santa Cruz			3:58.62	28,00	-
	DIAZ GONZALEZ, Pablo	03	28.91	59.31	COELLO TEJERA, Adrian	98	27.57	58.93		
	AFONSO SUAREZ, Ivan	96	31.06	1:07.44	TOGORES RODRIGUEZ, Domingo	97	25.54	52.94		
4.	C.N. Teneteide 1				C.N. Teneteide			3:59.93	26,00	-
	BELAMENDIA COTORRUELO, Gerardo	07	29.64	1:02.23	GONZALEZ NEGRIN, Aquiles	08	26.38	57.73		
	AMARO HERNANDEZ, Eduardo Asencio	06	31.89	1:08.20	PORRERO MARTIN, Jorge	07	24.17	51.77		
5.	C.D.N. Nadamas Las Marinas 1				C.D.N. Nadamas Las Marinas			4:02.54	24,00	-
	LORENÇO FERREIRA, Gustavo	06	30.77	1:02.49	CARRASCOSA HESTER, Tomas	04	28.26	1:00.13		
	JAEN SERRA, Andreu	06	32.44	1:09.98	GARCIA MORENO, Jorge	00	23.59	49.94		
6.	C.D. Herbania 1				C.D. Herbania			4:11.77	22,00	-
	PRIETO RODRIGUEZ, Daniel		29.20	1:00.10	CARRERO SERRANO, Marcos David	0.00	28.87	1:01.75		
	SUAREZ MONTERO, Nicolas	0.00	34.10	1:13.74	AVERO RODRIGUEZ, Aday	0.00	26.88	56.18		
7.	C.B. Dominicas Vistabella 1				C.B. Dominicas Vistabella			4:12.25	20,00	-
	CURTIS LORENZO, Nathan	07	30.55	1:03.34	DUQUE BROUARD, Daniel	08	28.55	1:02.94		
	RAVELO SUAREZ, Antonio Jesus	09	32.14	1:08.97	MORENO ALVAREZ, Alexis	08	26.66	57.00		
8.	C.N. Los Cristianos 1				C.N. Los Cristianos			4:12.79	18,00	-
	SANCHEZ FERNANDEZ, Gregory	09	31.04	1:04.14	BOTELLO DE LA VEGA, Manuel	06	29.25	1:03.20		
	MEYER, Alber Sebastian	06	31.88	1:09.96	ELMAALOU FERNANDEZ, Tarek	06	26.67	55.49		

Prueba 46, Masc., 4 x 100m Estilos, Absoluto Masculino

Clasificación

Tiempo

9.	R.C. Náutico De Tenerife 1			R.C. Náutico De Tenerife			4:14.42	16,00	-
	MERINO MONTES DE OCA, Alvaro	01	31.07	1:05.49	CARRO BONILLA, Cristobal	04	28.72	1:02.88	
	LEON JULIÁ, Marco	09	31.49	1:06.80	VARELA MESA, Raul	05	28.44	59.25	
10.	C.N. Reales 1			C.N. Reales			4:16.36	14,00	-
	GARCÍA MESA, Rayco	10	32.64	1:07.00	HOLZENDORF DIONIS, Thomas	97	28.15	1:00.52	
	RAMOS DELGADO, Gabriel	05	33.79	1:13.89	PEREZ GONZALEZ, Fco Javier	90	25.79	54.95	
11.	C.N. Aguacan 1			C.N. Aguacan			4:19.93	12,00	-
	SALUTREGUI GOMEZ, Nicolas		30.27	1:03.73	CABRERA GARCIA, Dario	0.00	31.14	1:07.93	
	CERPA CABALLERO, Jonay Salv0.00		32.42	1:08.47	SANTANA VALIDO, Alan	0.00	28.44	59.80	
12.	Esna Lanzarote 1			Esna Lanzarote			4:21.18	10,00	-
	MANZATTO VACCARO, Nicolas		29.01	59.82	NAVARRO OLIVEROS, Gabriel	0.00	30.76	1:06.45	
	GARCIA STAGE-SOE, Sebastian	0.00	37.43	1:20.31	FDEZ BERMUDEZ, Iker	0.00	26.13	54.60	
13.	Cn.Faynagua C. Telde 1			Cn.Faynagua C. Telde			4:30.16	8,00	-
	RAMIREZ MORALES, Sergio C.		32.32	1:07.51	OUBIÑA CORVALAN, Marcos A	0.00	30.74	1:08.13	
	SANTANA REYES, Carmelo	0.00	35.47	1:16.16	FALCON LORENZO, Javier	0.00	27.55	58.36	
14.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia			4:39.66	6,00	-
	VILLANUEVA JODKO, Aleksander		31.40	1:04.57	SANTANA RAMIREZ, Adrian	0.00	33.82	1:13.57	
	GAURISHANKER NAVARRO, Elgi0.00		36.96	1:20.99	LEON TRUJILLO, Ernesto	0.00	29.41	1:00.53	
15.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna			4:40.29	4,00	-
	OLIVER GARCÍA, Jesús	05	35.92	1:15.00	GONZALEZ BAIK, Ángel Nuri	04	28.09	1:01.12	
	DE LEON GONZALEZ, Diego	10	40.07	1:26.66	QUIJADA PÉREZ, Saúl Alejandro	10	27.37	57.51	
16.	C.D. Nonadamos 1			C.D. Nonadamos			4:53.86	2,00	-
	SANTANA ACUÑA, Gorka	09	37.92	1:17.37	VIERA VIERA, Acoran	03	31.17	1:09.39	
	PEREZ CERVILLA, Daniel	07	38.60	1:23.34	ELVIRA GLAUBITZ, Alejandro	00	30.42	1:03.76	